



# Plainville's Hometown Connection

Serving the Community for **27** years....working for a Better Plainville!  
Circulation over 9,500 ~ mailed to EVERY HOME & Business in Plainville

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## In Memoriam

THE HOMETOWN CONNECTION  
SAYS "GOOD-BYE" TO OUR  
LONG TIME 18 YEAR  
FRIEND & VOLUNTEER  
**SALLY MILLER**  
OBITUARY ON PAGE 22



## Plainville United Methodist Church Event

The Plainville United Methodist Church will hold a Community Easter Egg Hunt on Saturday, April 8th at 4 pm. All are welcome to come and join in the fun. Children up to 8th grade are welcome, and there will be two age groups and locations to ensure fairness and fun for everyone involved. We will be supplying bags to collect eggs with, and there will be drinks and snacks available for all attendees. The event will be held on the church grounds located at 56 Red Stone Hill in Plainville. In case of inclement weather the Easter egg hunt will be held inside the church.

## Plainville Town Council Promotes Police Officer and Appoints New Member of Plainville Police Department



On March 6th, the Plainville Town Council promoted Greg Arvai to Police Sergeant and appointed Anthony Horton as a Police Officer. Shown above, Town Clerk Cindy Porini administers oath of office to both officers. Congratulations to both Greg and Anthony on their new roles with the Plainville Police Department. Thank you for serving the #PlainvilleCT community!

## Community Easter Egg Hunt

Plainville United Methodist Church  
56 Redstone Hill Rd



Date: Saturday April 8th  
Time: 4pm



[PUMCEducation@att.net](mailto:PUMCEducation@att.net)

## REMINDER

**2023-2024 Budget Vote**  
**TUESDAY, APRIL 25TH**  
**6:00 AM - 8:00 PM**  
**PLAINVILLE FIREHOUSE**  
**WEST MAIN STREET**

## HAMLIN POND CLEAN-UP



In celebration of Earth Day, let's get together and clean up Plainville's beautiful Hamlin Pond!

**SATURDAY  
APRIL 22  
9AM - 10AM**

**THE BOAT LAUNCH  
AT HAMLIN POND**

GLOVES AND GARBAGE BAGS PROVIDED

REGISTER AT: [WWW.CTHOUSEGOP.COM/COOLEY/2023/03/20/EARTH-DAY/](http://WWW.CTHOUSEGOP.COM/COOLEY/2023/03/20/EARTH-DAY/)



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Plainville CT 06062

**Branch Location**  
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Bristol, CT 06010



**DELI**

17 Farmington Avenue  
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*In Celebration  
of  
our 23 Years  
in  
Plainville!*

**Buy 6 Bagels &  
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Monday-Friday  
Saturday

5:00 a.m.-1:00 p.m.  
6:00 a.m.-1:00 p.m

Sunday Closed

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*Come See Us for your April Check Up!!*

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Business Executives:	
Publisher/Editor	Jeannette Hinkson
Financial Officer	Kris Dargenio
Executive Secretary	Janice Eisenhauer
Advertising	Cassandra Clark
	Ray Cormier
	Deb Hardy
	Helen Bergenty
Copy Writer	Kris Dargenio
	Kathy Pugliese
Layout / Design	Laurie Peterson
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Features	Wanda, Life with Wanda
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Proof Readers	Pat Lostocco
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Subscription	Janice Eisenhauer
	Helen Bergenty
Sports Editor	Jake Brown
Classifieds	Stan Mizzy

**Legal Advisor**  
**Attorney Thomas A. Wurz**  
**132 East Street, Plainville, CT**

This paper is published monthly as a service to the citizens of Plainville, Connecticut by Plainville Community News, Inc. It is a non-profit, 501C, all volunteer group of residents who are interested in informing our citizens of community activities and local news. All positive contributions are welcome and will be printed subject to the approval of the staff on a space available basis.

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To place your advertisement contact us:  
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SUBMISSIONS:  
Postal Address  
Plainville Community News, Inc.  
27 Sherman Street  
Plainville, CT 06062-0387

EMAIL: [plainvillehometown@gmail.com](mailto:plainvillehometown@gmail.com)  
OUR WEBSITE: *Complete Paper*  
[www.plainvillehometownconnection.com](http://www.plainvillehometownconnection.com)

All contributions, news items and advertisements may be dropped off in the box at 27 Sherman Street or sent to the above email address.

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Dates to Remember in...

APRIL

Palm Sunday..... 12th

Passover begins @sundown..... Wed. 5th

Good Friday.....,,,..... 7th

Easter ..... Sun. 9th

Orthodox Easter..... Sun. 16th

Earth Day..... Sat. 22nd

Arbor Day..... Fri. 28th

Always Remember.....

Your Anniversary & Spouse’s Birthday!!

To share your special celebrations FREE, just email to:

[plainvillehometown@gmail.com](mailto:plainvillehometown@gmail.com) or send to:

Plainville Hometown Connection 27 Sherman Street, Plainville, CT 06062

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call Plainville Police

860-747-1616

Emergency

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~ ADVERTISING ~

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Deb Hardy, Laurie Peterson  
Ray Cormier or Cassandra Clark

Deadline for submission is the 15th of every month. Call us for a quote on your special advertisements. Tabloid Size Paper (11 x 17).  
Printed 10 times a year.

Each issue is mailed FREE to every Plainville household & business. Circulation is 9,500.

NEXT ISSUE WILL BE

MAY

DEADLINE IS:

April 15th

Happy

Easter & Earth Day

Do you have a family member or friend in the Armed Service?

Did you know that they could receive the Hometown Connection FREE each month?

Just e-mail their name and address to:  
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27 Sherman Street Plainville, CT 06062

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Plainville

Property Tranfers

N/A: Croteau Gemma A. Est and Carl L. Bard of Plainville to William C. and William C. Kinney, \$210,000 on 1/26/2023

96 Willow Brook Dr Unit 16: Newport Willow Brk Partne of Plainville to Jacqueline R. and Martin C. Hurwitz, \$446,300 on 1/24/2023

N/A Gloria DeEvangelical Lut of Plainville to Eastwood Meadows LLC, \$20,440 on 1/30/2023

40 Bel Aire Dr: Marianne M. Grace T and Stephen O. Allaire of Plainville to Mitchell Marino and Julia Perrelli, \$250,000 on 1/24/2023

190 Tomlinson Ave Unit 8C: Elaine S. Rich T and Christopher M. Rich of Plainville to Jerzy and Barbara Malz, \$180,000 on 1/24/2023

14 Jeanette Dr: Jean D. and David Lombardo of Plainville to Doreen Corriveau, \$145,000 on 2/1/2023

36 Sandstone Rd Unit 36: Ravi Dubasi and Shailee Trivedi of Plainville to Olubukola Awe, \$470,000 on 1/31/2023

116 Willow Brook Dr Unit 24: Newport Willow Brk Partne of Plainville to Rhonda L. Olborne T and Rhonda L. Colborne, \$520,120 on 2/2/2023

189 Redstone Hill Rd Unit 12: Obrien Kathy Est and Juliann Murray of Plainville to Kenneth and Cecilia Garay, \$290,000 on 2/6/2023

452 East St: T Real Estate LLC of Plainville to Plainville Properties LLC \$885,290 on 2/6/2023

4 Rosemont Dr: Federal Hm Loan Mtg Corp of Plainville to Sean Gunning, \$155,000 on 2/27/2023

78 Arcadia Ave: Czerwinski Victoria M Est and Sebastian Rafala of Plainville to Nelson W. Pires, \$138,000 on 2/7/2023

N/A: Oak Land Developers LLC of Plainville to Chandru Ramchandani, \$277,000 on 3/1/2023

190 Camp St: Lynne A. Ustach and Towering Oaks LLC of Plainville to A. Aiudi And Sons LLC, \$1,500.000 on 2/15/2023

Fleetwood Dr: Christopher Cianci of Plainville to Bret S. Grala and Marta Kolakowska, \$345,000 on 2/13/2023

35 Wooster Ct UnitB: Axis Turning LLC of Plainville to Little John’s Carpentry, \$240,000 on 2/17/2023

335 S Washington St: Tollman Spring Co Inc of Plainville to Kyne Realty LLC \$1,425,000 on 2/16/2023

13 Cottage St: Allan D. Amundsen and Whitney J. Cox of Plainville to Reesa Nestor, \$229,900 on 2/15/2023

12 Granger Ln: Rockpoint Church of Plainville to Graceway Church, \$1,750,000 on 2/17/2023

152 Hilltop Rd: Belanger Children T and Mark Belanger of Plainville to Qi Sun and Hong Zhou, \$304,900 on 2/22/2023

38 Bartlett St: Mikele Dahlen of Plainville to Sherry R. Neron and Angel D. Lara-Mateo, \$315,000 on 3/3/2023

330 Cooke St: John A. and Bonnie L. Miller to Lisa Mellninkaitis Lt and Lisa Melninkaitis, \$85,000 on 3/2/2023

285 W Main St: Kristen and Colin Cassidy of Plainville to Vanessa Cyr, \$215,000 on 3/2/2023

19 Bohemia St: Laura Benoit of Plainville to Taylor Rinheart \$190,500 on 3/2/2023

6 Pinecrest Dr: Bryan and Marta Southworth of Plainville to Richard and Brianne Devoy, \$311,000 on 3/3/2023.

2023 PLAINVILLE FIRE COMPANY HOT AIR BALLOON FESTIVAL

PLAINVILLE, CT – The Plainville Fire Company has announced the return of the Plainville Fire Company Hot Air Balloon Festival after a three-year hiatus due to the COVID-19 pandemic. The event will take place at Norton Park in Plainville, Connecticut in the evening of Friday, August 25, 2023 and all day on Saturday, August 26, 2023.

The festival will feature a “balloon glow,” fireworks display, two balloon launches, a car show, an arts and crafts show, musical entertainment, food, and several other vendors.

“I am excited to share that the Plainville Balloon Festival is back! Numerous residents have approached me, other members of the Town Council, and Town staff expressing interest and hope for the festival’s return,” Town Council Chair Kathy Pugliese said. “The Town is proud to partner with the Plainville Fire Company in organizing this festival that has been a staple of the Plainville community since 1984 and has—in recent years—become one of the largest and last remaining balloon festivals in the Northeast.”

Attendees of previous years’ festivals know that this is a popular event and a significant undertaking for the Town and Fire Company. Anyone interested in helping is encouraged to sign up to volunteer. Volunteers are needed from Friday through Sunday, and individuals can sign up for one or more timeslot that fits their schedule.

To volunteer, complete the application at

<https://tinyurl.com/8rw5ch6b> or call (860) 747-4660.

For additional information, visit [www.plainvillefireco.com](http://www.plainvillefireco.com)

Take a peek...

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Jake Sports Talk.....24

Obits.....20, 21 &22

Puzzle Answer.....27





# MICHAEL PAULHUS, TOWN MANAGER’S REPORT TO TOWN COUNCIL

## MARCH 6, 2023 & MARCH 20,2023

### Town Council Meeting

#### March 06, 2023

#### Town Manager Report

- RAISE GRANT** – CT Fasttrack (East/West) Trail
- At the last meeting, Rob Alosie from the Capitol Region Council of Governments (CRCOG) made a presentation on the \$16 million grant for East/West trail alignment connecting the City of New Britain and the Town of Plainville.
  - CRCOG will use the federal funding to construct the final gap in the Farmington Canal Heritage Trail (FCHT) in Plainville and to construct a new trail connecting the FCHT through Plainville and New Britain to the CTfastrak trail at the Downtown New Britain station.
  - CTDOT has requested the Town of Plainville’s support for the construction of a multi-use trail along the East-West CTfastrak alignment as identified in the Gap Closure Trail Study; and that the Town of Plainville acknowledges the need for a maintenance agreement between the Town and the State to be developed prior to construction which will establish agreed upon maintenance responsibilities that will be assigned to each of the parties.
  - There is an item under New Business to approve a resolution for the 2022 RAISE grant to support the East/West trail alignment and maintenance responsibilities.
- 2022 Grand List**
- Sarah Carey, Town Assessor has filed the 2022 Grand list and is reporting a 2.19% increase over last year.
  - The Net Real Estate Grand List increased \$14,868,364 as a result of improvements to real estate. The Net Motor Vehicle Grand List increased \$17,231,320 as a result of an increase in the value of new and used motor vehicles. The Net Personal Property Grand List increased by \$3,901,708, for a total among all three categories of \$36,001,392.
  - The year over year net gain in tax revenue is \$1.1 million.
  - The Top five taxpayers are: DT CT Commons, LLC; Americold; Tilcon; Manafort Brothers; and CL&P.
- 2023 Plainville Fire Company Hot Air Balloon Festival**
- The Town and Fire Company have come together to develop a partnership in support of bringing back the Hot Air Balloon Festival for 2023 and for creating a strategy for long term sustainability of the festival.
- Assistance to Firefighters Grant (AFG)**
- A FEMA grant solicitation was made available at the start of 2023 for the Assistance to Firefighter Grant. The AFG program provides funding directly to fire departments for the purpose of protecting the health and safety of the public and first responder personnel against fire and fire-related hazards.
  - I wanted to let you know that I have successfully submitted an application for the Assistance to Firefighter Grant (AFG) Program. The application is seeking \$792,173.95 in federal funding with a 5% local match of \$39,619.05 for a total of \$831,793. Funds are being requested for tele-communications equipment (portable radios, mobile radios, repeaters and pagers) for the Plainville Fire Department. To my knowledge, Plainville has never received funding under this grant program. The program is highly competitive but communications equipment has a higher priority and more likely to be funded versus a request for a fire truck.
  - The process is very competitive and will take

- several months. Getting past the electronic scoring is important and then it moves into the peer review cycle. It's here that the application must win its way onto the next steps. Fire service reps from across the United State read, review and score each application.
- There is an item under New Business to ratify the approval for submission of the grant application and the town’s commitment to provide a 5% local match of \$39,609.19 if awarded.
- WPCF Drive Assembly**
- The drive assembly is the remaining part for the Grit Classifier Unit which is in the process of being rebuilt in-house. The WPCF already purchased a new motor, gear reducer and lower bearing unit. Those three items totaled \$12,803. The purchase of the final part will bring the rebuild cost to \$47,620. This is a savings of about \$50,000 by not bringing in a contractor to do the rebuild.
  - This unit was inoperable for several years, but the Superintendent able to get it up and running but not properly or efficiently. The use of this equipment will add life to the WPCF influent pumps by reducing the amount of scouring the impellers get as well as increase the capacity of the SBR’s by removing the material. Another small advantage is a reduction in sludge transported off site, which further enhances operations.
  - There is an item under New Business to waive the competitive procurement process and award Bid 2023-21: WPCF Drive Assembly to Lakeside Equipment Corporation in the amount of \$34,817.
- GFOA Distinguished Budget Presentation Award**
- Government Finance Officers Association of the United States and Canada (GFOA) has granted a Distinguished Budget Presentation Award to Town of Plainville, Connecticut, for its Annual Budget for the fiscal year beginning July 01, 2022
  - The award represents a significant achievement by the entity. It reflects the commitment of the governing body and staff to meeting the highest principles of governmental budgeting.
  - In order to receive the budget award, the town had to satisfy nationally recognized guidelines for effective budget presentation. These guidelines are designed to assess how well an entity's budget serves as: a policy document; a financial plan; an operations guide; and a communications device.
  - Congratulations to the Finance Department and Cal Hauburger on this distinguished award. This is the 23rd consecutive year of recognition for the town.

**REMEMBER!!!**  
**TOWN WIDE BUDGET VOTE**  
**TUESDAY APRIL 25TH**  
**FIREHOUSE 6 AM - 8 PM**

### Happenings

*Reported at the Town Council Meeting on March 6, 2023*  
*Andy Cirioli, Assistant Town Manager*

- BristolWORKS!**
- BristolWORKS! is a new collaborative workforce development training center, providing individuals with skills, certifications and job-placement services to obtain employment quickly or to allow them to continue with advanced programs. Classes will be offered in a variety of high-demand employment areas, specifically healthcare, manufacturing, IT, and early childhood education. Programs are offered to residents of Bristol, Plainville, and other local communities. Residents of Plainville can join classes for a minimal fee.
- Learn more at <https://bristolworksct.org/>. This program is supported by ARPA funds.
- TRANSFER STATION**
- The Transfer Station on Granger Lane is set to open for the season on Saturday, April 8, 2023. The hours of operation will be on Saturdays, only, from 8am-3pm. The transfer station is for Town of Plainville residents, and an ID is required. No commercial vehicles or businesses.
- There is a fee for the disposal of items. Please refer to the Town’s website under “Transfer Station Ordinance” for fees and list of items accepted.
- Please direct any questions to Public Works Administration at (860)793-0221 ext. 7176.
- TAX / REVENUE COLLECTION**
- Delinquent notices for real estate, motor vehicle, and personal property tax bills were mailed to last month.
- SENIOR CENTER**
- For information on Senior Center programs, call the Plainville Senior Center at 860-747-5728. All programs are free and open to the public unless otherwise indicated.

- Mammography Bus**
- Tuesday, April 4, 2023 from 8:00 AM – 2:00 PM
  - Hartford Hospital’s Mobile Mammography program will be offering screening mammograms at the Plainville Senior Center.
- Municipal Closing**
- Friday, April 7th**
- The Municipal Center will close at 4:00pm Thursday, April 6, and be closed Friday, April 7, in observance of Good Friday.
- The Senior Center and Library will be closed on Friday.
- The Library will be open Saturday, April 8.**  
*The weekly trash and recycling collection will take place as usual.*

## Town of Plainville On-Demand Bulk Pickup Policy

The Town of Plainville has an on-demand policy for the collection of bulk pickup. Residents who currently have curbside rubbish and recycling collection from the Town can request one bulk pickup per calendar year free of charge for acceptable large items that do not fit in normal rubbish collection. Please visit the Town of Plainville website for a complete list of acceptable bulk items.

Eligible residents will be able to schedule their one bulk pick up free of charge either in the spring or fall. Bulk collection will take place on Mondays during the following periods:

April 10th, 2023 through June 26th, 2023 (excluding May 29th 2023, due to Memorial Day).

Eligible residents must call CWPM, LLC at (860) 793-6721 to schedule a pickup. When calling, you will need to provide your name, address, phone number and a description of the items to be collected. Calls must be scheduled by property owners/landlords; this includes multi-family residents (2-5 units). Calls placed by 3:00pm Friday can be scheduled for collection on Monday.

Bulk items should be placed curbside no more than 24 hours before your scheduled pickup. Bulk items must not block or create a safety concern for sidewalks or walkways.

Questions can be referred to Public Works Administration at 860-793-0221 x7176, or you can refer to the Public Works Department page on the Town of Plainville website, [www.plainvillect.com](http://www.plainvillect.com).



## Town Council Meeting March 20, 2023

### Town Manager Report

#### Emergency Management Performance Grant (EMPG-S)

- This state grant will fund the preparation of our Local Emergency Operations Plan (LEOP) which is a comprehensive, risk-based, all-hazard approach document that outlines how an agency or organization will respond to an emergency.
- There is an item under New Business to adopt a resolution for the submission of a supplemental grant application to the State of CT for FY2020 for the preparation on an LEOP.

#### Balloon Festival Parking

- With planning underway to bring back the Hot Air Balloon Festival to Plainville for 2023, the planning committee is recommending the event charge a nominal fee for parking to offset expenses.
- Since the event uses offsite parking at town property (PHS & Robertson Airport) the Town Council acting as the Parking Authority will need authorize the establishment of a fee for the 2-day event.
- There is an item under New Business to authorize a parking fee of \$5.00 in designated parking locations as part of the 2023 Hot Air Balloon Festival in Plainville.

#### White Oak Redevelopment Project Update

- The project is moving along on a number of fronts but remains a complex undertaking given the number of issues surrounding environmental cleanup, brownfield remediation and economic development.
- The title search has not yet been finalized as there are three outstanding easement issue that need to be resolved: A river deed; drainage easement; and prescriptive easement.
- Attorney Mastrianni is working with DECD to finalize the Financial Assistance Agreement documents. Once approved the town will have access to funding and will be able to move forward with acquiring the property.
- The environmental scope is under review and will require an extension of our agreement with Manafort to carry out additional study. The need for an extension arose from additional assessment work Tighe & Bond completed under Amendment #2 which included further building and soil/groundwater testing to delineate contamination.
- Further details can be found in the memo provided by Cal

Hauburger along with a preliminary development drawing.

#### Community Project Funding – Grant Application

- The Town was notified by Rep. Hayes' office about an opportunity to submit requests under the Community Project Funding program for FY 2024.
- Requests from the district will be funded through various government funding bills. As such, I feel the greatest chance is through the transportation department which has an established Airport Improvement Program (AIP). The AIP has a specific carve out for "Reliver" Airports which FAA has designated for Robertson Airport.
- The funding request of \$1.3 million is for the construction of (2) 20-unit nested T-Hangars. This project has been identified in the Airport's Master Plan by the Town's Aviation Commission as an element of a long-term plan for sustainability of the airport operations. Robertson Airport is a well-equipped municipal airport but lacks adequate space for individual aircraft and is missing out on an opportunity to diversify its revenue stream which would further enhance the long-term viability of operations.
- The process is very competitive and will take several months before we are notified.
- There is an item under New Business to approve the submission of the Community Project Funding grant application and the town's commitment to provide a 5% local match of \$70,000 from the Airport Fund if awarded.

#### Whiting Street Reconstruction Project

- The Town Engineer is working with the State of CT DOT on a proposed project to reconstruct the pavement on Whiting Street from Broad Street to Fairview Avenue. The project is in the semi-final design stage.
- The Town of Plainville is proposing to mill the existing pavement surface to a depth of approximately five (5) inches on certain sections of Whiting Street and excavate to a depth of seventeen (17) inches in other sections of Whiting Street from Broad Street to Fairview Avenue and install approximately 2,000 linear feet of new bituminous concrete pavement.
- A preliminary assessment of the construction costs indicates the project costs will be approximately \$2,725,000.00. It is anticipated that the State of Connecticut will provide 100% of the construction funding through the Local Transportation Capital Improvement Program, (LOTICIP).
- It is the Town's and State's policy to keep the public informed and involved when such projects are undertaken. It is important that

the community shares its concerns and comments to assist in the project's development. A Public Informational Meeting will be held on March 29, 2023, at 7:00 p.m. in Room 304 of the Municipal Center.

## Happenings

### Reported at the Town Council

#### Meeting on March 20th

#### Andy Cirioli,

#### Assistant Town Manager

#### TRANSFER STATION

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There is a fee for the disposal of items. Please refer to the Town's website under "Transfer Station Ordinance" for fees and list of items accepted.

Please direct any questions to Public Works Administration at (860) 793-0221 ext. 7176.

#### PIANO AND ACCORDION CONCERT

TUESDAY, APRIL 11TH AT 6:00 PM. GRADES 5-8.

- Pianists Maryjane Peluso and Kyle Brazowski will perform a medley of songs featuring ragtime music, as well as songs by American composer Leroy Anderson, and the rock band Queen. Peter Peluso will join them on the accordion to perform music by Charles Magnante.

#### THE WORLD OF THE HONEYBEE

SATURDAY, APRIL 1ST AT 2:00 PM.

- Young nature enthusiasts will have the chance to learn all about the life of a honeybee and explore the differences between bee species from a professional beekeeper.

#### HISTORICAL SOCIETY

- In recognition of Women's History Month, the Plainville Historical Society is presenting "Writing Women of Plainville" on Saturday March 25th at 1:30 PM at the Historic Center (29 Pierce Street). The program will feature nine writers. All of whom have Plainville roots or have lived in town. Email [plvhistorical@gmail.com](mailto:plvhistorical@gmail.com) with your name and phone number to register.

#### SENIOR CENTER

For information on Senior Center programs, call the Plainville Senior Center at 860-747-5728. All programs

are free and open to the public unless otherwise indicated.

#### BLACK HISTORY: BEYOND THE AMISTAD PRESENTED BY THE CT HISTORICAL SOCIETY

WEDNESDAY, MARCH 22,

2:00 PM—3:00 PM

- Tour items from the CT Historical Society representing insights into the Civil Rights movement and a spectrum of the Black experience in CT.

#### WOMEN TO WOMEN, AGING GRACEFULLY AND CONFIDENTLY

THURSDAY, MARCH 23,

9:00 AM—2:00 PM

- Participants choose from 4 different workshops: Cardiac Health, Benefits of Healthy Sleep, Brain Health or Urinary Health. Call the Senior Center for cost and registration information.

#### VETERANS' SOCIAL HOUR

TUESDAY, MARCH 28, 10:00 AM

- Conducted by Sherri Vogt, Veteran's Liaison for Hartford HealthCare Senior Services. FOR ALL VETERANS OVER 60 AND THEIR SPOUSES.

#### CAREGIVING CONNECTIONS

TUESDAY, MARCH 28,

10:00 AM

- Individuals providing 24/7 care are invited to join this support group to discuss their experiences and challenges.

#### SELF-CARE FOR GOOD HEALTH LUNCH & LEARN

THURSDAY, MARCH 30,

12:00 PM—1:00 PM

REGISTER BY MARCH 22 - INCLUDES A COMPLIMENTARY LUNCH

- Learn simple changes we can make to positively affect our own mental health.

#### BOOK BUDS MARCH BOOK: "SHADOWPLAY" by JOSEPH O'CONNOR

FRIDAY, MARCH 31, 10:am

- Historical Fiction at its finest about the Lyceum Theatre in England. Books are now available at the Library front desk. For members only.

#### HELP FOR VETERANS

- Eric Vickers, a Veterans Service Officer from the CT Department of Veterans' Affairs will be at the Senior Center on March 1, 2023, available by appointment only.
- Call Eric Vickers a 203-805-6343 to schedule an appointment.



**Remember All Day Vote**  
**Tuesday April 25th - 6AM to 8 PM**  
**2023/2024 Budget**  
**Plainville Fire House**  
**West Main Street**



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From the Desk of:  
**Cal Hauburger**  
*Economic Development &  
Special Projects Coordintor*

**EDA Revolving Loan** – Following up on our January meeting agenda, the Town Council, at their February 21 meeting, approved the EDA recommendation of increasing the lending limit to the Revolving Loan Program to \$50,000 with the ability to increase the limit in unique and warranted circumstances. Corresponding changes have been made to the program’s narrative sheet and application, and the town website has been updated. I’ve also put together a newsletter for publishment in local papers. In the days since publication, there has been an increase in inquiries into the program and time will tell if these will convert into completed applications.

**Americold** – Progress is continuing on the Americold building as they close in on acquiring their complete Certificate of Occupancy. The construction of the structure is complete. Final inspections and permit close out for the building’s interior will take place with the Building Official and Fire Marshal next week, and if all checks out as assumed, the CO will be issued. Work will continue to finalize operation planning, building preparation, and hiring in the coming months with the belief full operation will begin in either the summer or fall of this year.

**Connecticut Commons** – Towards the end of 2022, CT Commons was completing build out of a new tenant space for an Amazon Fresh grocery

store. Rather abruptly, the town was informed that Amazon Fresh would not be moving into the location. As part of this impending move, Old Navy agreed to relocate their storefront closer to the Dick’s Sporting Goods Warehouse. That move has been completed and Old Navy are set to reopen operations. The former Amazon Fresh location has been closed in and kept as a “vanilla box” storefront ready to be built to suit to for a future tenant. In conversations with CT Commons, it appears that they are in talks to fill a portion of the vanilla box space, +/- 10,000 square feet, though no applications for intent to build have been filed with the town.

**Recreational Trails** – The town continues to work with counterparts in the Department of Transportation on layout design of the Farmington Canal Heritage Trail. Current focus is on finalizing strategy for Phase 1 of the trail which will connect the trail from Southington into Norton Park. The town was recently informed that additional federal grant dollars were awarded from the USDOT to the Capitol Region Council of Governments. The RAISE grant will provide \$16 million to complete an East – West recreational trail that will run through Plainville, along with current Fastrack bus line, and into New Britain’s Fastrack hub station. This spur off the Farmington Canal Heritage Trail is proposed to be roughly 4 miles long and provide additional connectivity through central Connecticut and beyond. Known as the “Beeline Trail”, design and construction are assumed to take a few years. I will keep the group updated as further timelines are offered.

**Bristol Works!** – Last week, myself and Assistant Town Manager, Andy

Cirioli, were able to tour a new collaborative workforce program, Bristol Works! Utilizing a portion of their ARPA funding, the city of Bristol created a workforce development training program focusing on skill development, certification programs, and job placement assistance for the in-demand sectors of Early Childhood Education, Healthcare, Information Technology, and Manufacturing. Free to Bristol residents, Kim Holley, the Director for Bristol Works! is willing to offer the program to surrounding town residents, including Plainville, for the fee of purchasing books and course materials. The first cohort of students are scheduled to begin this month and a ribbon cutting ceremony is scheduled for April 3. Following this initial cohort, Plainville will work with our businesses and residents to further promote the program and hopefully create a pipeline of qualified talent to fill openings in the region. Additional program information can be found on their website, <https://bristolworksct.org/>.  
Miscellaneous –

• **Hop Haus** will close their location on Whiting Street and move the business to a newly constructed building in Berlin near their train station. Salty Dog Tavern, another restaurant under the Hop Haus management team, will take over the Whiting Street space and will feature smash burgers, a range of appetizers, soups, salads, and rotating specials. The belief is this offering will be a better fit for the downtown area, offering a different enough menu from the close by Plantsville Hop Haus location, and present a place to gather that better fits the space. The goal is to have Salty Dog Tavern open towards the end of May.

• The Plainville Fire Company have committed to hosting the Balloon Festival this year. Back for the first time since COVID, the Festival will take place over the usual August weekend. With a later than usual start to planning, efforts are underway to make up lost time. A pitch for community volunteers to assist in the process will be made in the coming weeks.

• A quarterly update to the Available Properties listing has been completed and can be found on the town’s website under the Planning & Economic Development page, social media channels, and in hard copies throughout the Municipal Center.

• At their February 6 meeting, the Town Council made the following EDA member reappointments:

- o Helen Bergenty was unanimously reappointed as a Regular Member to the EDA through November 9, 2026.
- o Joseph Klepacki was unanimously reappointed as a Regular Member to the EDA through November 9, 2024.

*That is all for this month’s update. I will be away from the office on vacation the week of March 27th. Should anything urgent come up during this time, feel free to email me and I will respond when I return. If you have any questions, please contact me.*  
Thanks,

*Cal Hauburger  
Town of Plainville  
One Central Square  
Plainville, CT 06062  
P: (860)793-0221 x7178  
[hauburger@plainville-ct.gov](mailto:hauburger@plainville-ct.gov)*

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Meetings For 2023  
All meetings begin at 1 p.m.

April 19, 2023  
May 17,2023  
June 21, 2023

*Sign up for some wonderful trips*

July and August there are no meetings.  
September 20 2023  
October 18, 2023  
November 15, 2023  
December 20, 2023

Faith Bible Church Hall  
168 Unionville Avenue, Plv

AARP Chapter 4146 trip to  
Encore Casino (Boston Harbor)  
Maggianos Little Italy Italian Restaurant  
June 7, 2023 Price Only \$110 pp

Trip includes:

- Lunch at Maggianos famous Italian Restaurant in Boston’s Little Italy...
- New Encore Casino on the waterfront with 40-foot ceilings, red Rubino glass chandeliers, and a dazzling array of classic and state-of-the-art slot machines for every player, at every level at Encore Boston Harbor.
- A bonus pkg from the casino is included
- Includes Round trip transportation. Bus leaves Plainville at Our Lady of Mercy Parking lot at 8:30 a.m. and return to the lot at 8:30 p.m.

Sign up began March 13th, 2023.  
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\$25 of trip is not refundable should you cancel



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• **Annual HIV/AIDS/HCV Education Forum Offers Hepatitis C Training Opportunity**

- On Wednesday, April 26, professionals involved in HIV/AIDS and hepatitis prevention and care are invited to attend the annual HIV Educational Forum sponsored by Bristol Mayor’s Task Force on HIV/AIDS/HCV and held live at the Bristol Public Library main branch at 5 High Street
- This event has an overall theme of Hepatitis C infection and HIV/AIDS infection. Topics and speakers are: Dr. Daniel N. Smiley, Connecticut GI - History of Hepatitis C Diagnosis and Treatment, Dr. Rebecca Eleck, Wheeler Health - Hepatitis C in the Primary Care Setting, Gina D’Angelo and Venesha Heron, Connecticut Department of Public Health - Connected ‘Til the End: Eliminating HCV and Ending the HIV Epidemic and Deanne Walsh, DNP, AAHIVS, Merck & Co., Inc. - Social Determinants of Health.
- In Connecticut, the Department of Public Health in 2022 counted 10,705 people living with HIV in the state with 80% engaged in care. The number of people living with Hepatitis C in Connecticut in 2019 was 11, 559, more than those living with HIV. Hartford County had the highest rate of co-infection with both viruses.
- The Forum will be held at no charge thanks to donations from Merck & Co, Inc. and a grant from the Clinton S. Roberts Foundation. Registration must be completed through the link to the Google form below. Breakfast and late morning refreshments will be offered.
- The workshop doors open for registration at 8:30 a.m. The workshop will end at 1:00 p.m.
- The Bristol Mayor’s Task Force on HIV/AIDS was created in 1991 and continues to have representative membership from consumers, medical, social service and treatment providers and Bristol residents. The group meets monthly and plans five educational events per year.
- For further information about the event, please visit the Task Force Facebook page, City of Bristol Mayor’s Task Force on HIV/AIDS.
- Continuing education credits are being applied for through the Connecticut Certification Board, the Connecticut Nurses Association and the National Association of Social Workers. For more information, please contact David Ryan, Chairperson at [DRyan@wheelerclinic.org](mailto:DRyan@wheelerclinic.org) or (860) 224-6314.
- **Registration must be completed using the online registration form found at this link.**
- **<https://forms.gle/7WJZChRa7EvRxCUh6>**

**America’s Pastime Gets a Clock**  
*By: Francis Rexford Cooley*

This spring Major League Baseball has returned to the Grapefruit and Cactus Leagues in Florida and Arizona with a slew of rules changes to speed up the game. These changes are meant to speed up the game which has steadily taken longer and longer to complete resulting in three to four hour nine-inning games being the norm. The “dead” time in games has had an impact on the popularity of the sport as it is constantly being described as “slow” and has seen television ratings plummet for the playoffs and World Series. While Baseball purists dislike the tinkering with the game that has occurred under Commissioner Rob Manfred’s tenure their voices have found little traction in preventing changes to “America’s Pastime” and imposition of a clock.

MLB has introduced a pitch clock, a limit to the number of times a pitcher can “disengage”, larger bases, and banned the “shift.” The pitch clock means pitchers have fifteen seconds to pitch with no one on base and twenty with someone on. Batters are also required to be ready to hit within eight seconds. Failure for a pitcher to pitch in a timely manner results in a ball and failure by a batter to be ready to hit results in a strike. While the pitch clock is new MLB has had in place rules requiring pitchers to pitch in a timely manner and for batters to stay in the batter’s box during their at-bat unless they have fouled the ball off though neither rule has been actively enforced for years.

The new rule limiting the pitcher’s ability to “disengage” from pitching to the batter by throwing numerous pick-off attempts or stepping off the rubber has been limited to two per batter. The expectation

is that this will both speed up the game and entice teams to put an emphasis on the running game that has fallen by the wayside as teams adopted the approach of waiting for the long-ball rather than manufacture runs. The enlargement of the bases is also part of MLB’s attempt to invigorate the running game of stolen bases and adding more excitement and potentially more runs.

Similarly the banning of the shift is a rule change made to increase batting averages by forcing defensive infielders to stay on their half of the infield: First and Second Basemen on the right and Third Basemen and Shortstops on the left. The infielders also are to be kept in the infield and not on the outfield grass. For purists of the game the immediate question that pops to mind is, “if they shift why doesn’t the batter just bunt?” Unfortunately the art of the bunt is something fewer and fewer Major League players are mastering though it is often one of the more exciting plays in the game, especially the “Suicide Squeeze” to bring home a runner from third.

The early results of these changes seem promising as far as speeding up the game. The March 12 Red Sox v. Yankees game clocked in at a speedy two hours and fifty minutes. A sharp contrast to their usual four-hour marathon sessions. The Tampa Bay Rays v. Mets game the same day clocked in at two hours and forty-six minutes. A number of spring training games have been under two and a half hours, something unheard of just a couple of years ago though much more common for fans of 1970s baseball.

While these changes seem to have sped up the game how they impact the nuances of the sport has yet to be seen. Now if only MLB will embrace their inner Ernie Banks and say “Let’s Play Two” and bring back the Sunday doubleheader.

**The Women's Club of New Britain will meet at 2:00 PM on Thursday, April 6**  
**The meeting will be at the First Congregational Church, 830 Corbin Ave. New Britain, CT.**  
**The name of the program is: AFTER ALL SINGERS**

*Nick Stargu and Nancy Trecina have been pleasing crowds in the New England area for many years.*

Their voices blend so well together.

Feel free to sing along as they perform music from the 40's,50's.60's and 70's.

Following the program coffee, tea and cookies will be served.

Guests are welcome to attend for a \$10.00 fee.

**New members from The Greater New Britain Area are welcome to join the club.**

**Plainville Lions Roar**

**Plainville Lions Club**  
**Annual Pancake Breakfast**  
**Sunday, April 23rd, 8am-Noon**

**Our Lady of Mercy Parish Center** 19 South Canal Street, Plv  
Tickets: \$8 per person  
Seniors and kids 7-12 - \$5; kids 6 and under eat free  
Contact: <https://e-clubhouse.org/sites/plainvillect>

**New Britain Bees Fundraising Event, July 15, 2023**  
Location: New Britain Stadium (i.e. Willow Brook Park, adjacent to Beehive Field) Cost: \$12 per person, of which \$6 will go to the Lions Low Vision Center. Please send in you orders and checks by: July 1st to the Plainville Lions Club, P.O. Box 92, Plainville Contact: Lion Craig Banks at 860-644-8472 or [craig.r.banks@my.ccsu.edu](mailto:craig.r.banks@my.ccsu.edu)

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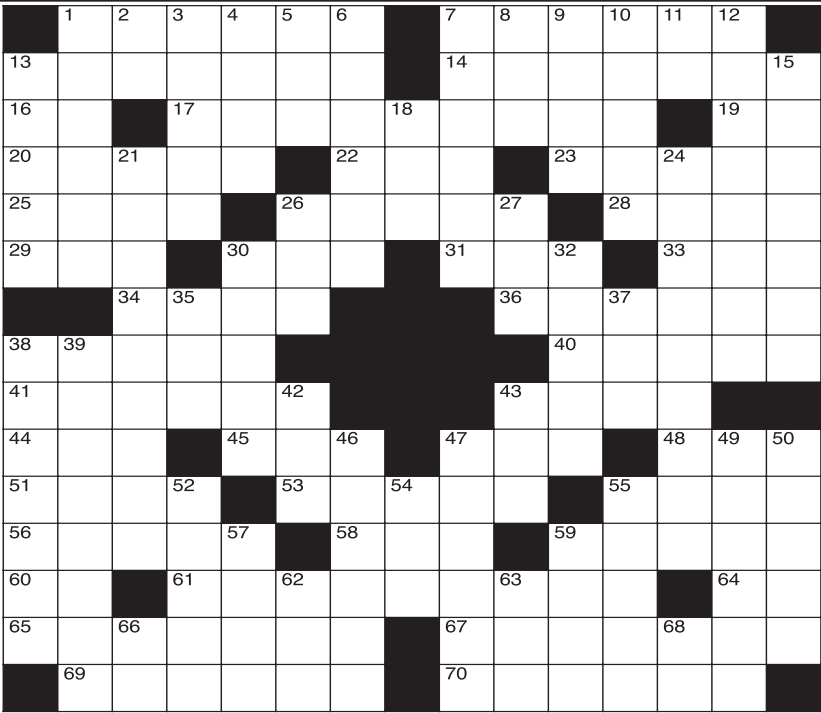
Here are some of your favorite places, people or things around town to rave about this month

**Rita Faves:** The Main Street Diner (downtown Plainville) is my favorite for the Breakfast like my mother used to make. The cooks make your food to order, the eggs are just perfect and they have the best coffee in town. And they are open 7 Days a week, from 7 am to 2 pm. Try it you will love it, too!

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Cal Hauburger, Economic Development Director  
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Crossword



- CLUES ACROSS**  
1. COLAS  
7. SINGLE-CELLED ANIMALS  
13. THE REAR CAR OF A TRAIN  
14. ENDANGERED  
16. IT COOLS YOUR HOME  
17. HELPER  
19. "THE FIRST STATE"  
20. MORE AGED  
22. PARTNER TO CHEESE  
23. TYPE OF WRAP  
25. FROM A DISTANCE  
26. SATISFIES  
28. "DALLAS BUYERS' CLUB" ACTOR JARED  
29. GOD OF BATTLE (SCANDINAVIAN)  
30. COOKING UTENSIL  
31. SOVIET SOCIALIST REPUBLIC  
33. ABLE TO PERFORM  
34. BIG MAN ON CAMPUS  
36. SECOND EPOCH OF THE TERTIARY PERIOD  
38. PORTICOS  
40. ALBAN AND PETER ARE TWO  
41. GETS UP  
43. HUMBLE REQUEST FOR HELP  
44. ONE-THOUSANDTH OF AN INCH (ABBR.)  
45. UNHAPPY
47. HINT OR INDICATION  
48. A WAY TO PLEAD  
51. DIGITS  
53. BROADWAY ACTRESS DAISY  
55. JEWISH CALENDAR MONTH  
56. AUTHOR GORE \_\_\_\_  
58. PEACOCK NETWORK  
59. WHITE POPLAR  
60. PROMOTIONAL MATERIAL  
61. A PERIOD OF CALM  
64. TAKE TOO MUCH  
65. EMIT ENERGY  
67. SOMETHING YOU CAN TAKE  
69. MENED WITH YARN  
70. INCONSISTENT  
**CLUES DOWN**  
1. CALM DOWN  
2. ONE QUINTILLION BYTES (ABBR.)  
3. ONE WHO PRETENDS  
4. HANG GLIDE  
5. DISTINCTIVE PRACTICE  
6. MARINER  
7. PEAKS  
8. QUEENS BALLPLAYER  
9. GEOLOGICAL TIMES  
10. TWOFOLD  
11. ATOMIC #13  
12. TRANQUILLIZING  
13. METRIC WEIGHT UNIT  
15. INDICATES
18. UNWANTED RODENT  
21. PARTLY COOKED WITH HOT WATER  
24. ONE WHO CAN BE RECOMMENDED  
26. RESEMBLES A BAG OR POUCH  
27. MIDWAY BETWEEN SOUTH AND SOUTHEAST  
30. SETS UP FOR A PHOTO  
32. CALIFORNIA WHITE OAK  
35. MORE (SPANISH)  
37. AFTER B  
38. DECORATED TEA URN  
39. ISLAND  
42. CAR MECHANICS GROUP  
43. WORDPLAY JOKE  
46. CUT A RUG  
47. PRICKLY PLANT  
49. SPEECH IN PRAISE OF A DECEASED PERSON  
50. EUROPEAN BUZZARD  
52. INFLUENTIAL LINGUIST  
54. WEST AFRICAN LANGUAGES  
55. SISKEL'S PARTNER  
57. SKINNY  
59. OBLONG PULPIT  
62. CONSUMED  
63. SMALL, MISCHIEVOUS SPRITE  
66. POWERFUL LAWYER  
68. INDICATES POSITION

Answer on page 27

# “HAPPY & HEALTHY BIRTHDAY TO ALL” APRIL

- 1ST YVETTE SANABRIA  
2ND MICHAEL PERROTTI - THE BIG 60!!  
GARY ANTIGIONVANNI  
LYNNE BONDI  
3RD JAIME PETILLO  
6TH AVIS FLANDERS  
RICHARD DZIURA  
JOHN NACHILLY  
7TH TABITHA MANAFORT  
GERRY OUELLETTE  
9TH LISA BUCKLEY  
14TH LEE FERGUSON  
16TH LOUIS MANDEVILLE  
JAXON MILLER - 5 YEARS OLD!  
21ST JEANNETTE HINKSON  
CRAIG DREZEK  
22ND ERIN PUGLIESE VLAHAKIS  
KELLY MARQUIS  
23RD SHIRLEY HINKSON  
25TH REGINA BERUBE  
26TH WAYNE ERB  
27TH REV. WILLIAM BALDYGA  
28TH READE CLEMENS  
MARK GERVAIS  
29TH WILLIAM PETIT, SR.  
SANDY MICHAUD



## Happy Anniversary to Businesses

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f a back-up occurs during non-business hours call:  
Non-Business Hours – Nights, Weekends & Holiday  
Plainville Police Non-Emergency Line: (860)747-1616  
Once contacted a WPC Maintenance crew will be notified of the situation and will arrive to determine if the backup is from the main sewer line. If it is, they will clear it. If the blockage is not in the main sewer line then the WPC Maintenance crew will direct the property owner to contact a local contractor.

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**Make My Day by: .....Raymond Cormier**

*Perhaps you would like to thank a neighbor for a kindness and we would like to help you give this person recognition for a job well done. If this person works for a local business, we are sure his or her employer is going that extra few steps to help their customers.*

*Mothers & Fathers, I am sure your child has "Made your day". Let us know about some little things they do to help around the home, empty the baskets, wash the dishes, and etc.*

*We will use first names only, but they will know who they are the one that helped you out.*

My Grandsons, "Made my Day"  
The other day, I stopped to bring some things to my daughter's house and as I started to unload my car, they stopped playing with their friends next door. Came running to help me. Within a few minutes they had their friends come to help also. Within minutes they took all the boxes from my car into the house. I thought maybe my daughter called them to help me. I asked her if she did and she said she did not. They did it all on their own. **Thank you! Boys. I promised I would not tell their names.**

\*\*\*\*\*

*Did you make someone's day?*

*Let use know*

*"Who made your day, Today"*

*We noticed that more young men today will open the door for women at the mall!  
"Sincere Thank You"*

# "Ask Sheila"

Q-1) I turned 65 in 2021 and have been covered by my Employer Medical Insurance. Some of my friends said they had signed up for Part A and asked why I didn't! Are there time restraints for Part A sign-up? Do I have to wait for the Annual Enrollment Period?

A-1) **Part A Medicare has different "rules" than Part B. Once you are 65, you can sign up for Part A at any time. There is no penalty for late enrollment. Your enrollment date for Part A will be back-dated for 6 months, or the date you turned 65; whichever is closest to your date of signup.**

Q-2) I enrolled in an Advantage Plan during the AEP (Oct 15-Dec7th) Now it is March and I want to go back to Original Medicare. Is March too late? Am I stuck in the Advantage Plan until Next year?

A-2) **You are just in time, this is OEP the three month period (Jan, Feb, March) when you can make a one-time change to your Advantage Plan or go back to Original Medicare. You can choose to enroll in a Supplement Plan also, if you want.**

Q-3) I lost my employer coverage in January and am covered under COBRA. I am 67, so when can I enroll in Medicare?

A-3) **You should enroll in Medicare now. COBRA coverage does not 'count' as current employer coverage. Since you are over 65 and had Employer coverage, you need to enroll in Medicare within the eight month period after your Employer coverage ended, to avoid a Late Enrollment Penalty.**

*If you have any specific questions, or would just like to talk about Medicare, give me a call 860-965-0091*

*Sheila*

*Cell: 860-965-0091*

*email: SDow@ASB.Insure*

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**Sheila Dow**  
Independent Agent



## To: All Civic & Religious Organization

We would like to invite everyone: to share your activities with our readers. Please forward all news and pictures to:

**plainvillehometown@gmail.com**

*Thanking you in advance! .... The Editor*

**From the Desk of..... Thomas A. Wurz**

## VOLUNTARY COMMITMENT LAW

There are several variations of a psychiatric hold in Connecticut. This article explores when an individual voluntarily seeks help at a medical facility. While most people want to get help on their own terms there still needs to be parameters for both sides. That being said, let's take a look at how voluntary commitments are governed.

A hospital must notify a hospitalized individual within 24 hours, prior to the time an application for commitment is filed, that they may continue as a voluntary patient. Presented with the choice of being deemed "voluntary" or "involuntary" is important because commitment paperwork can make people very wary about receiving treatment. It triggers that fight or flight mentality in a lot of people who figured they were in control of their treatment. So when choosing a voluntary commitment the chances of a successful stay are increased.

Once a voluntary commitment has been established the hospital can still

file commitment paperwork if the patient refuses treatment, is imminently dangerous or requests to leave. The patient can request a probable cause hearing in these circumstances to have a judge review any commitment paperwork submitted. This hearing has to be held within 72 hours of the receipt of the filing by the patient. If probable cause is found and the patient requires more than 15 days to prepare for a commitment hearing they can only be held for the 15 days.

Commitment proceedings ultimately decide how long an individual may be held with the caveat that they have a hearing at least every 2 years. The review period would depend on the individual and how much of a threat they are deemed to be. So whether the patient arrives voluntarily or involuntarily they may still be committed.

*I think it is worth noting that there are other means for psychiatric holds and this article is not meant to cover everything. Given the climate of our times, this article being written after the Thousand Oaks shooting, all means of psychiatric holds need to be explored when an individual in need is presented.*

### Attorney Thomas A. Wurz

is an associate of his father Attorney Theodore J. Wurz, LLC in the law office of Attorney Richard Witt at 132 East Street. Attorney Wurz is a graduate of Avon Old Farms School in 2001, Providence College in May 2005 on the Dean's list and Juris Doctor Program at Western New England College School of Law in May 2009. He was admitted to the Connecticut Bar and U.S. Federal Court in 2010. His activities and interests are Secretary of Sports Entertainment Law Club at WNEC and is a Special Olympics Volunteer.

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## State Rep. Francis Rexford Cooley Supports Financial Literacy Education Bill

HARTFORD- State Representative Francis Rexford Cooley (R-22) today supported a bipartisan bill to make financial literacy instruction a requirement for students to graduate high school.

The legislation, Senate Bill 1165, An Act Concerning Financial Literacy Instruction, would add a half credit in personal financial management and financial literacy to the state’s graduation requirement.

“Every study shows that young adults who receive financial literacy training have higher credit scores, lower debt, and are less likely to be compulsive buyers. Unfortunately, we are seeing more young adults in financial debt than ever,” said Rep. Cooley, a current educator. It is important to provide students with an educational foundation in finance which will reverse this ‘generation debt’ trend and lead to financial freedom and success in the lives of students who graduate from Connecticut public schools. Connecticut has some of the best public schools in the country; there is no reason why our state cannot be at the forefront of financial literacy education.”

Connecticut is ranked 21st for statewide financial education access in 2022, according to Next Gen Personal Finance, a non-profit provider of personal finance curriculum and professional development in the United States. Just 15.3% of CT high schoolers are currently guaranteed to take a personal finance course of at least one semester before graduating.



From the office of:  
**David R. Edelson, DMD, MAGD**  
92 East Street, Plainville, CT 06062-2302  
**(860) 747-1004**



**Renate Saunders, DDS, FAGD**  
Dr. David R. Edelson and Plainville Dental Group are pleased to announce the association of Dr. Renate Saunders to the practice of general dentistry. . She is a Fellow of the American College of Dentists, and a member of the Board of Trustees for the Connecticut State Dental Foundation. Dr. Saunders loves being a mother to her four children and enjoys capoeira and dancing samba, when not chasing after them.

### Oral Effects of Cannabis Use

The use of cannabis, particularly marijuana smoking, has been associated with poor quality of oral health, but etiology has been complicated by the number of associated factors with frequent users, including concomitant use of tobacco, alcohol, and other drugs; poor oral hygiene practices; and infrequent visits to dentists. It also leads to xerostomia (dry mouth), which can contribute to a number of oral health conditions. Further, the main psychotropic agent, THC, is an appetite stimulant, which often leads users to consume cariogenic snack foods. Regular cannabis users are known to have significantly higher numbers of caries than nonusers, particularly on normally easy-to-reach smooth surfaces. Leukoedema is more common among cannabis users than non-users, but it is unclear whether associated irritants, such as orally inhaled smoke, rather than cannabis itself, may be contributing causes. Smoking marijuana is associated with gingival enlargement, erythroplakia and chronic inflammation of the oral mucosa with hyperkeratosis and leukoplakia, sometimes referred to as “cannabis stomatitis,” which can develop into malignant neoplasias.<sup>2, 4</sup> It has been reported that a synergistic effect between tobacco and cannabis smoke may increase oral and neck cancer risk for people who smoke both. The risk and aggressiveness of cancers associated with cannabis appear to be higher in younger (i.e., <50 years old) users. Immunosuppressive effects of cannabis, especially in association with oral papillomavirus in smokers, may contribute to these increased risks of cancer,<sup>2, 63</sup> but other studies have found no association between marijuana use itself and head and neck cancers.

The immunosuppressive effects of cannabis may contribute as well to a higher prevalence of oral candidiasis compared to non-users. It has been hypothesized that hydrocarbons present in cannabis provide an energy source for Candida albicans, resulting in increased presence and density of colonies. Alternatively, the generally poor oral hygiene among many cannabis smokers may promote candidiasis colonization. Recent research has suggested that viable microbiota may be transmitted from contaminated marijuana, which could further exacerbate a pathogenic oral environment. Several studies have suggested a direct relationship between cannabis use and periodontal disease, including several systematic reviews and a 2020 rapid evidence review.<sup>70</sup> Recent studies have tested the relationship between periodontitis and frequent cannabis use and adjusted for confounding factors such as cigarette smoking, alcohol use, social status, and other health issues. Significantly higher rates of periodontitis were observed among the frequent users compared to non-users, with significantly higher numbers of sites with high pocket depths (≥4 mm) and attachment loss. Further, periodontitis may occur at an earlier age in marijuana users than the general population with chronic periodontitis. A study of adolescents in Chile, however, found no association between regular use of cannabis and periodontal disease, but it may be expected that long-term use would result in periodontal disease later in life. In a histometric experiment, laboratory rats exposed to marijuana smoke had a significant increase in alveolar bone loss due to periodontitis, despite research that has indicated that specific cannabinoids, such as the non-psychotropic cannabidiol (CBD), may prevent bone loss.

#### Dear Friends and Neighbors,

I took part in a press conference on the highway use tax. It's important for all legislators to hear not just from the companies and industries impacted by the new highway use tax on trucks, but also all Connecticut residents who will end up paying more for essential goods and services because of it.

This year, I co-sponsored legislation to repeal the tax (HB-5290), and recently I, along with my House Republican colleagues petitioned to have the Finance Committee hold a

public hearing on our proposal after committee leadership refused to take up our bill.

The truth of the matter is the 'Truck Tax' isn't really a tax on trucks it’s really a tax on Connecticut families. Every single product we buy or consume will cost more due to this burdensome tax I look forward to a full public hearing on the possible repeal of the highway use tax so Plainville, Southington and Farmington residents and the rest of state can have their voices heard.

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Attorney Michael W. Mastrianni is a member of the Connecticut Bar Association’s Family Law Section, and has over 39 years experience in divorce, custody, modification and other family legal matters.

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Attorneys At Law

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Michael W. Mastrianni, Esquire  
Jonathan D. Chomick, Esquire

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### Put Baking Soda In The Toilet

If you read the headlines, baking soda can be used to clean anything.

While not quite the miracle product it has been advertised as, baking soda definitely has a wide array of uses and ranks highly for safe and natural cleaning solutions.

To that end, when it comes to using baking soda for your toilet, there are two primary purposes: using baking soda to clean and remove stains, and using baking soda to unclog your toilet.



## Republican Recruitment Committee

Joseph Catanzaro member of the Plainville Republican Town Committee Has Been Named the Chair of The "Republican Recruitment Committee" which was just recently formed to help foster interested Plainville Republicans to join our very active membership. Joseph will also look to seek Plainville Republicans who may be interested to learn more about future elected positions in our Town Government. Joseph is also an elected Town Council person in Plainville and has been a life-long resident. Joseph can be reached at 860-681-9815 or at his email address of joey.catanzaro@my.ccsu.edu to set up a time to meet to get more details!



**Gayle Dennehy, Plainville Republican Town Chairperson**  
**Jacob Rocco, Plainville Republican Town Vice-Chairperson**

## Hartford HealthCare Center for Healthy Aging Welcomes Transitional Care Nurse

Hartford HealthCare Center for Healthy Aging welcomes Kelly Quinn, RN, as transitional care nurse, where she provides in home assessments and education focused on physical, psychosocial, and environmental safety needs. Quinn has more than 10 years' experience in the medical field, and earned her associate's degree in 2013 followed by her bachelor's in nursing science at Western Connecticut State University, Danbury in 2019.



Most recently, she worked as a quality safety clinician with Hartford HealthCare at Home, where she was responsible for education and documentation reviews for all nursing and therapy staff, to ensure patients received the best, quality care to remain safely in their homes.

In her new role, Quinn will work to improve the safety and quality of life for adults and seniors in their homes. She will also perform pre-operative assessments, review and educate about medications and health conditions, assess eligibility for certified homecare, and evaluate home safety.

"Our interdisciplinary team at the Center for Healthy Aging has combined expertise, including nurses, resource coordinators and dementia specialists. I am very excited to be working in my role as a transitional care nurse," Quinn says.

For more information contact Leaja Johnson at 860.406.6864.

***Hartford HealthCare Center for Healthy Aging is a not for profit member of Hartford HealthCare Senior Services. Each of the 11 resource and assessment centers are designed to enhance access to services and information related to attaining optimal quality of life for seniors and their caregivers. For more information about Hartford HealthCare Center for Healthy Aging, visit <http://hhccenterforhealthyaging.org> or call 1.877.424.4641***

## Halfway Home, the Legislative Process

*By Rep. Francis Rexford Cooley*

It's the beginning of April, and the legislative session began first week of January, and as a new legislator, I was assigned three committees, the Education, Environment and the Higher Education and Employment committees.



I will say upfront, it's been interesting and educational to learn and watch the process as a freshman legislator. The first month, the committees' go through the vetting process and determine which proposals should receive a possible public hearing.

The next step in the process were to hold the public hearings on the bills. The hearings were scheduled based on subject matter. I thoroughly enjoyed listening to state officials, agency heads, advocates and interested Connecticut residents come and testify in favor of or opposed to certain bills and explain why, and then being able to ask questions of those testifying.

Legislators are now in the final stage of the committee process. The leadership of every committee gets together, the (2) chairs and 2 ranking members, to determine which bills that had public hearings should go forward for a vote and which bills need changes to their language to get support of the committee.

The Higher Education committee finished up its committee work on March 14 and you can view their work here, [www.cga.ct.gov/hed/](http://www.cga.ct.gov/hed/) while both the Education, [www.cga.ct.gov/ed/](http://www.cga.ct.gov/ed/) and Environment, [www.cga.ct.gov/env/](http://www.cga.ct.gov/env/) committees will be finishing their work on March 27.

Once the committee process ends for all twenty-three committees, the House of Representatives and State Senate will then begin to debate the full merits of each bill in our respective chambers.

I especially await the final product of the Appropriations (the spending side) and Finance Committees (the tax side) as they craft the state budget for us to adopt. As they say, a state's budget is a declaration on the priorities of our state.

As always, please feel free to contact me should you have any questions or concerns on any issues relating to state government at [Francis.Cooley@housegop.ct.gov](mailto:Francis.Cooley@housegop.ct.gov) or at (800) 842-1423.

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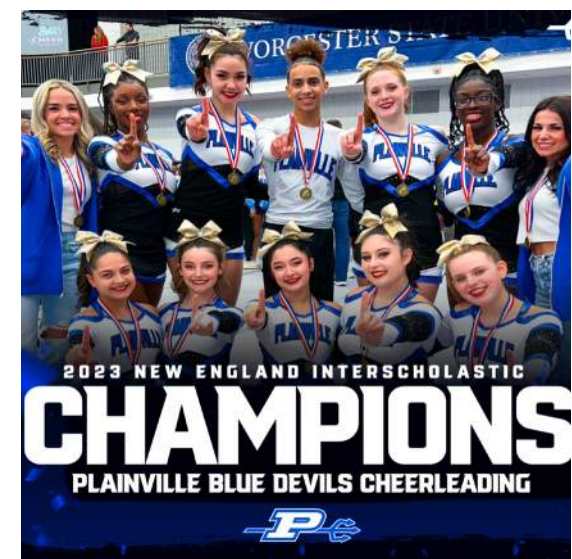
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Please let us know why your child would like to attend QOTA in the note section.





## PHS Cheerleaders Win First Place in Competition



On March 18th Plainville High School Cheerleading competed at the Council of New England Secondary School Principals' Association Spirit Championships and placed first in the Co-Ed Division! This is the first time in school history that the Cheer program was crowned New England Champions. Their accomplishments include: Central Connecticut Conference Grand Champions, CIAC Co-Ed Division State Champions, and CNESSPA Co-Ed Division New England Champions.

**In photo:**  
(Back Row L to R) Co-Head Coach Therian May, Sabra Dewar (All-Conference & All-State), Shaelyn Kay (All-Conference & All-State), Seth Anderson (All-Conference, All-State, & CHSCA Cheerleader of the Year), Caitlyn Parsons, Chelsea Appiah, Co-Head Coach Isabella Donahue

(Front Row L to R) Jez Paladino, Sabrina Schroeder (All-Conference & All-State), Susan Barnett, Molly Barrett (All-Conference & All-State), Dani Alf

## "ALL TOWN" CONCERT SHOWCASES DISTRICT VOCALISTS



Music filled the gymnasium at Plainville High School on March 9th as Plainville Community Schools held its annual "All-Town Concert."

This year, the performance featured singers from all five Plainville schools. Each school presented a piece on their own, displaying the growth from elementary to middle to high school. At the end of the concert, all 440 students combined to perform local composer Robert Hugh's arrangement of the American folk song "The Cuckoo". The performance was held in the high school's Wood Gymnasium, with an audience of over 1,200 spectators on hand.

"After not performing in public for so long due to COVID, it was amazing to hear so many lifting their voice in song and have such strong community support for the student musicians of the Plainville Community Schools. We are fortunate to have an extremely talented music faculty in Plainville as well as support from administration and families to make great events like this one possible," said Instructional Leader for the Fine Arts, Todd Helming.

The All-Town concert, held for the first time since the start of the COVID pandemic, garnered much positive praise from attendees.

"This is a wonderful example of a Professional Learning Community working together. We are so fortunate in Plainville for our students to learn from such talented and dedicated musical educators," commented Plainville Board of Education Member, Foster White.

"I appreciate our incredible performing arts programs in Plainville, demonstrating another area in which Plainville Community Schools is the model" said Superintendent of Schools, Steven LePage.

## MSP Hosts "Paint Night"

Students, families and faculty at the Middle School of Plainville came together in March for a night of fun and creativity at MSP's "Paint Night." Art teacher Laura Meehan created step-by-step painting demonstrations for the group of painters to follow along. The participants created beautiful spring paintings. This event was a fundraiser for the Parent Teacher Club (PTC).



## The Middle School of Plainville's VEX Robotics Program hosted the 10th Annual VEX IQ State Championship on March 18th

Fifteen teams competed in the elementary school division held in the cafeteria, and 55 teams competed in the middle school division in the gym. Seven Middle School of Plainville teams were entered, and three advanced to the finals. The Plainville team of Raman and Siamion Kasabrukhou won both the Teamwork Champions Award and the Robot Skills Award. Both awards earn an invitation to the VEX World event to be held at the end of April in Texas. This team was the only one in the state to double qualify for VEX Worlds.



*I Pledge Allegiance to the Flag....*





### Foster White Recognized as “Friend of Education”



Plainville Board of Education Member and longtime school district volunteer, Foster White, has been named recipient of the Connecticut Association of Schools Distinguished Friend of Education award. Foster was recognized at the March 13th Plainville Board of Education meeting, and will be honored at the upcoming Superintendent's Showcase event on April 20th.

#### In photo:

From Left: Plainville Board of Education Chair, Lori Consalvo, Plainville Board of Education Member and Award winner Foster White, and Superintendent

### “All Star” Award Winner Announced



The March Plainville Community Schools “All-Star” award winner, Plainville High School Counselor Stefany Barbagallo, was recognized at the March 13th Plainville Board of Education meeting. The “All-Star” award recognizes students, faculty, staff and community members who go above and beyond in modeling the school district's Portrait of the Graduate characteristics and demonstrating excellence in alignment with the school district's team goals.

#### In photo:

From left: Plainville High School Counselor Kacey Stewart, Plainville High School Counselor and March All-Star award winner, Stefany Barbagallo, Plainville Board of Education Chair, Lori Consalvo, and Superintendent of Schools, Steven LePage.



### MSP Students Tour WTNH NEWS 8 Station



Students in the MSPN student news broadcast program at the Middle School of Plainville enjoyed a visit to the WTNH NEWS 8 news station in New Haven, hosted by morning news anchor Laura Hutchinson. The student group toured the station, met with the morning anchor team and had a chance to test the “Green Screen” and weather desk as part of their visit!

### Plainville Pack 49 Celebrates Blue and Gold Luncheon



The Den 5 Webelos, led by Den Leader Joanne McCoy, from Plainville Pack 49, earned their Webelos rank on March 4th at the group's Blue and Gold Luncheon. The scouts are from Louis Toffolon Elementary School and Frank T. Wheeler Elementary School in Plainville.

#### In photo:

Joey Nieves, Kellen Parks, Jimmy Volinski, Ivan Garrow-Cook, Easton Butkus and Jayden Grafton.

### Linden Street School Hosts “Mentor Fun Night”



Volunteer mentors and student mentees in the Plainville Community Schools Mentor Program came together on March 1st for “Mentor Fun Night” held at Linden Street School. The group participated in an artist lead paint project, creating individual paintings, and enjoyed refreshments and time together.

### MSP Students Attend Leadership Training Event



Eight Middle School of Plainville Technology Student Association members, together with Advisor Camille Westfall, attended a leadership training event on February 15th. They participated in student led workshops and honed their teamwork, problem solving, communication, and creativity skills.

### Plainville Schools Offer Preschool Program

Plainville Community Schools is excited to offer another year of the district's preschool program AT NO COST TO FAMILIES, according to Director of Curriculum, Instruction and Assessment, Tawana Graham-Douglas. The Plainville Community Schools' NAEYC accredited preschool program is designed to prepare students for the transition to kindergarten at age five (5). Children who will be four (4) years of age by 12/31/23 are eligible for preschool. Children who will be five (5) years of age by 12/31/23 are eligible for the kindergarten program. Preschool class placement is on a first-come, first-served basis. If the preschool program reaches capacity, children will be placed on a waiting list in the order in which the completed registrations are submitted. Students on the waiting list may be offered a seat at a different school from their geographic “home school” and will need to provide their own transportation if they accept that seat. Registration information may be found on the school district website [www.plainvilleschools.org](http://www.plainvilleschools.org) under the Student Registration icon. If you are interested in registering your child for the 2023-2024 school year, please contact Central Registration at 860-793-6301, option 3.

### Plainville Community Schools Board of Education Members

**Rachel Buchanan, Vice Chair**  
**Cassandra Clark**  
**Lori Consalvo, Chair**  
**Roberta Lauria**  
**Rebecca Martinez**  
**Laurie Peterson**  
**Crystal St. Lawrence**  
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TAKING THE MOUND WITH  
PTSMC’S BASEBALL  
INJURY EXPERTs

Baseball and softball season is in full swing, and, like every year, the players’ health is the most important factor in determining their performance individually and as a team. Whether it’s stretching before and after practice or taking time off to rest, players take all the necessary precautions to stay healthy during the season. Promoting long-term health for throwing athletes starts at a young age, but sometimes injuries are inevitable — especially for pitchers.

The workload pitchers undergo puts continuous pain and strain on their bodies. To keep you or your child healthy throughout the season, Physical Therapy & Sports Medicine Centers of Plainville’s experts, provide insights into the prevalence of arm injuries for pitchers and breaks down ways to avoid these injuries and how PTSMC can help.

*The prevalence of arm injuries*  
In professional baseball, 40 percent of the injuries that require players to miss time occur in pitchers. Of all upper-extremity injuries, pitchers sustain 67 percent of them. One quarter of all the high school pitchers that we follow each year sustain a shoulder or elbow injury that requires treatment. The importance of injuries is the loss of playing and training time, expense of treatment and replacement costs, but more importantly, a player also has increased risk for future injuries.

Reducing the risk of injuries is important for players of all positions and ages. While many of the strategies used are the same for all players, some are different in younger athletes.

*The most important factor for all players is rest*  
Most professional players take four consecutive months off competition to recover and train for the season. Recommendations for youth and adolescent athletes include three months off per year and playing multiple different sports throughout the year to allow for proper motor development and for rest and recovery. In addition, players are advised to play on only one baseball team per season and no more than three seasons of baseball or softball per year. At least one day of rest from sports per week is optimal.

*Other critical factor for both professional and amateur players*  
Other critical factors include participating in offseason and preseason conditioning programs with special focus on arm care. Programs for younger athletes should also focus on building good overall athletic abilities and maintaining flexibility as they are growing. To maintain good health during the season, consider these tips to avoid injuries:

Take time for extra rest if you have increased soreness or fatigue especially early or late in the season. If this persists, seek care.  
Seek care if you have pain during or after practice or competition.  
Seek care if you experience a sustained, unexplained or prolonged decrease in performance.  
One red big red flag especially in baseball pitchers or athletes on the left side of the diamond and in the outfield is unexplained decreased velocity.

*Youth and adolescent athletes*  
For youth and adolescent athletes, avoid specializing in one sport and one position until at least mid-adolescence. Proper nutrition, sleep and balancing the demands of school and sports are important in an athlete’s long-term physical development.

*What should high school kids and parents do to promote long-term arm health?*  
Promoting long-term health really is about balance. Diversity in sport participation until 15 years old can develop proper athletic movement patterns. Participating in preseason physicals, screening and training can assure athletic health prior to competition. Balanced scheduling will allow adequate rest between academic, athletic and other activities. Finally, maintain a good recovery plan and seek help if you have a decrease in performance or develop some arm pain.

*Are aches and pains preventing you from getting back in the game?*  
If you have sustained an injury and are unsure of the steps needed to get back to life before the injury, stop by Physical Therapy & Sports Medicine Centers of Plainville and chat with one of our experts to assess your injury, provide next step suggestions in care and get you on your way.

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# BABY-BOOMERS...

I thought I would write about my generation, baby-boomers.

We are whiney, narcissistic, self-indulgent people, with a simple philosophy: "gimme it it's mine."! "Give me that it's mine"! These people were given everything. Everything was handed to them, and they took it all. Sex, drugs, and rock-n-roll. They stayed loaded for twenty years, and had a free ride.

Now they're staring down the barrel of middle-age, burn-out, and they don't like it. They don't like it so they've turned self-righteous, and they want to make things hard on younger people. They tell them to "abstain" from sex. "say no" to drugs. As for the rock-n-roll, they sold that for television commercials a long time ago, so they could buy pasta-machines, and stair-masters, and soybean futures.

They're cold bloodless people. It's in their slogans. It's in their rhetoric. "No pain no gain." "Just do it". "Life is short play hard." "Crap happens, deal with it." "Get a life." "Suck it up buttercup." These people went from "do your own thing" to "just say no." They went from "love is all you need" to "whoever winds up with the most toys wins."

They went from cocaine to rogaïne. They're still counting grams, only now it's fat grams. The worst of it now we have to watch these commercials on TV for Levi's loose fitting jeans. and fat butt docker pants. These degenerate yuppie-boomer bastards couldn't keep their hands off the croissants, and the haagen-dazs. Their big butts have spread all over and they have to wear big butt docker pants. So the hell with the boomers and yuppies, and screw with everyone else now that I think of it.

Food for thought... "The best luck of all is the luck you make for yourself."

Happy Fool’s Day, April 1st  
John Gasparini

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Rinse the siding with your garden hose, starting at the roofline and working down.

Refer to your warranty for specific instructions. CeertainTeed, a leading siding manufacturer, offers this recipe for a cleaning solution to remove mold and mildew:

Combine 1/3 cup detergent (e.g. Tide) with 2/3 cup-Trisodium Phoshate (e.g.Solias), 1 quart 5% Sodium Hypochlorite (e.g. Clorox and 3 quarts of water.

**Always test any cleaning solution on an inconspicuous area before full use!**

**Caution:** Greater concentrations may cause damage to vinyl siding.

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**Join Me & Celebrate**  
**Earth Day with a Clean-Up**

In celebration of Earth Day, State Rep. Francis Rexford Cooley (R-22) will be hosting an Earth Day Pond Clean-up on April 22 by the boat launch at Hamlin Pond. The Hamlin Pond Clean-up will begin at 9:00 a.m. and go to 10:00 a.m. on Saturday April 22nd. Parking will be on around the Boat Launch off Dewey Place. please register at <https://www.cthousegop.com/cooley/2023/03/20/earth-day/>

## Lost in Translation: Connecticut's Western New England accent the 6th most misunderstood when traveling abroad, reveals survey.

Rhode Islanders and Mainers are the most misunderstood tourists.Hawaii tourists are the easiest to understand when vacationing.Infographic showing America's most misunderstood accents.

English is the primary language spoken in America, but its usage and pronunciation can differ significantly depending on the region. From the musical cadence of a Southern drawl to the unique slang of the West Coast, American English encompasses a vast array of dialects.

For instance, travelers will recognize the distinctive twang of a Texan accent, with its frequent use of the colloquial term "y'all." Meanwhile, the Boston accent, with its dropped 'r's and flattened 'a's, is renowned for its idiosyncratic charm - just try saying "Park the car in Harvard Yard" in your best Bostonian accent! And let's not forget about the Valley accent of California, which is known for its laid-back, surf-inspired intonation, complete with elongated vowels and a distinctly youthful energy.

While the multitude of accents in the United States can be a source of pride and fascination for many, they may pose challenges when Americans travel abroad. Family Destinations Guide, a website specializing in family travel, recently conducted a survey to gauge how difficult it was for Americans to communicate effectively when traveling overseas. The survey asked 3,000 participants to rate their level of understanding on a scale of 1 to 10, with 1 indicating the most difficulty. The results were intriguing, shedding light on the potential challenges of navigating linguistic differences in unfamiliar settings.

The least understood tourists when vacationing abroad are from Rhode Island and Maine, both of whom speak with a distinctive Eastern New England accent. This regional dialect, also known as the ‘Yankee accent’, is found in the northeastern region of the USA; as well as Rhode Island and Maine, it can also be found in Connecticut, Massachusetts, New Hampshire and Vermont. This accent is distinctive for a few reasons: it drops the ‘r’ sound in the middle and at the end of words – this may cause confusion if someone travelling abroad were to ask a local the directions to the nearest ‘cah-pahk’... They also use a very flat ‘o’ sound, so that ‘coffee’ sounds like ‘cawffee’ and ‘Boston’ sounds like ‘Bahston’. Lastly, the accent adds an "r" sound to the end of words that end in "a," such as "idear" instead of "idea" and "sodar" instead of "soda."

Alabamians are often not well understood when traveling abroad, ranking as the third least understood group of American tourists. This state contains a few different accents, including Gulf Southern and Midwestern, but one of the most distinctive is Southern Appalachian (which is found in the Appalachian Mountains region). The distinctive Southern Appalachian accent, which can be characterized by a nasal 'aw' sound instead of 'a', and a flat 'uh' sound instead of 'i', may be difficult for foreigners to comprehend. Additionally, the accent's drawling or twangy intonation may add to the challenge. So if a tourist was asking where he could buy a hat, it might come across more like ‘hawt’.

Despite the prevalence of movies set in New York City, the survey found that the city's accent ranks as the fourth most misunderstood by foreigners. The accent is unique to the city's five boroughs and is known for its distinct pronunciation of vowels and consonants, as well as a particular rhythm and intonation pattern. Like the New England accent, the New York City accent also drops the 'r' at the end of syllables or words, resulting in phrases like 'bettah'. Additionally, New Yorkers use a distinct 'aw' and so could really confuse a local waiter when asking for some Tabasco ‘sawce’.

Louisiana tourists’ Cajun English came in 5th position when being misunderstood abroad. This regional dialect is a unique blend of French and English influences and is most commonly associated with rural areas. Cajun English is characterized by dropping the 'g' sounds at the end of words ending in '-ing' and pronouncing 'th' as 'd' or 't', resulting in 'this' sounding like 'dis' and 'that' sounding like 'dat'. Additionally, they use the French 'ay' sound instead of 'I' or 'my', which could lead to confusion when a lost tourist asks for directions, saying "ayam tryin' to find may haws."

And in 6th place came Connecticut's Western New England accent. It is unique and can be difficult for people from other countries to understand. It is often characterized by a softening or dropping of the "r" sound, as well as a distinctive way of pronouncing the "a" sound, which can be elongated or nasalized.

*FamilyDestinationsGuide.com has created an infographic showing America’s most misunderstood accents when traveling abroad.*

*"Communication is key when traveling abroad, and while accents can sometimes create confusion, there are many ways to overcome language barriers, such as using translation apps or nonverbal communication – a smile and a positive attitude can go a long way!" says Rose Ackermann of Family Destinations Guide.*

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10th  
Bi-Annual

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Sunday | April 23, '23 | 10am-5pm | Vendors 10am-4pm

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FREE DRUM HEALING 4-5pm  
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FREE ADMISSION (Donations Accepted\*)  
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New England Chapter of Children's Health  
Defense Network.  
Keynote Speaker: Mary Holland, President  
and General Counsel

GRAND PRIZE:  
A Hilton Overnight Stay for Two!

For more information please contact:  
Shirley R. Bloethe at 860-989-0033  
Email: [yourholisticevents@gmail.com](mailto:yourholisticevents@gmail.com)

Vendors apply at: [yourholisticevents.com](http://yourholisticevents.com)  
FB - Passport to Health and Wellness Expo

Holistic Community Professionals

[www.HolisticCommunityProfessionals.org](http://www.HolisticCommunityProfessionals.org)



Ask the Brayne...

Q. Will the Plainville Community Fund sell Easter flowers this year?  
A. Yes, representatives will be selling your favorite spring flowers at Gnazzo Food Center Thursday 4/6 and Firday 4/7 from 9 am - 6 pm and Saturday 4/8 from 9am to 4pm  
Q. If someone would like to volunteer to help with the paper, who do we ask for??  
A. Call 860-747-4119 Leave your name & phone number ask for Kris Dargenio, Janice Eisenhower or Helen Bergenty.

To submit questions call 860-747-4119  
E-mail: plainvillehometown@gmail.com or write to:  
Hometown Connection, 27 Sherman Street,  
Plainville, CT 06062  
Deadline for submitting questions is the 15th of the month  
Thank you for this issues questions.  
Please keep them coming!  
Have a Wonderful Spring!!

To List Tag Sales, Club Activites & Fund Raisers

E-mail to: It is FREE!

plainvillehometown@gmail.com

or mail to: Hometown, 27 Sherman St.

Plainville, CT 06062

Connecticut's  
New England Accent the 6th  
most misunderstood when  
traveling abroad (survey)

Jamie Lawes

Lost in Translation: Connecticut's Western New England accent the 6th most misunderstood when traveling abroad, reveals survey.

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Jake's Sport Talk



Hi, welcome to my monthly article this month. I am recapping Plainville’s Baseball Scrimmage vs Newington.

The Scrimmage was only 5 innings due to rain.

Plainville Lineup with notes

#3 Mike Oullette SS had two doubles and a walk  
#30 Charlie Hills P and 3B was hit by a pitch and had two walks  
#5 MJ Bakaysa 2B had a ground out a sacrifice fly and a walk and one RBI  
#10 Dylan Cianci had a pop out and two ground outs  
#17 Seth Lizon DH had three walks  
#7 Keith Laggasey CF had two walks and a RBI Single  
#8 Sean Egan RF had one walk and a single  
#18 Jake Conte PH had one strikeout  
#14 Matt Boney 1B had two Strikeouts  
#29 Tate Stevens C had one strikeout and a walk  
#11 Jayden Castro LF had a ground out and a strikeout

Hope you enjoyed my article

Sincerely,  
Jake Your Plainville’s Hometown Sports Editor



dropping the 'g' sounds at the end of words ending in '-ing' and pronouncing 'th' as 'd' or 't', resulting in 'this' sounding like 'dis' and 'that' sounding like 'dat'. Additionally, they use the French 'ay' sound instead of 'I' or 'my', which could lead to confusion when a lost tourist asks for directions, saying "ayam tryin' to find may haws."

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3415 NE 25th Avenue, Portland, Oregon, 97212

Planting Guide 2023 for  
Connecticut

*When can you plant vegetables in Connecticut?*

Now, for all the summer vegetables like beans, cowpeas, corn, squashes, pumpkins, cucumbers, watermelons, gourds and sunflowers, you should plant those seeds directly into the ground around April 26, or if your soil is still very cold, once the soil is near 60° F in temperature.

*What flower can be planted in early spring?*

Pansy and Viola. These charming annuals come in every shade of the rainbow, and their tiny “faces” are adorable. Plant violas and pansies in pots, baskets, and window boxes to brighten your early spring garden



BARGAINS!!

FREE Exclusively for Plainville Residents courtesy of: Stan Mizzy

Plainville’s Own ...CLASSIFIED CONNECTION

**FOR SALE**  
Small Refrig 20”x20”x20” \$40.00  
Cook Books *Make an offer!!*  
Call 860-747-3730

**For Sale**  
Betty Crocker & Family Circle  
15 Cook Books - \$15.00  
U-Conn “Barbie” Cheer Leader Doll \$15.00  
2-Women’s U=Conn T-Shirts  
Early 2000 \$10.00 each  
CALL 860-589-6502

**For Sale**  
Mahogany High  
Boy Dresser &  
Bed Rails  
\$400.00  
Call Sally  
860-517-5020

FOR SALE 5 piece Bedroom  
Set Late 40’s or 50’s  
Excellent Condition  
*Only \$600.00 Call 860-576-0306*

**FOR SALE**  
**New/Never Used**  
Winco Generator  
(Compact Series W15PTOS/E)  
Tractor Drive Generator  
30 Horsepower  
MODEL:W15PTOS/E  
AMPS 62.5 - VOLTS 120/240  
P.F. 1 - TEMP. 40C  
\$1,500.00  
  
Call LARRY  
**860-836-8683**

**BOOKS**  
ANTIQUE AND  
COLLECTABLE GLASSWARE  
PLUS MORE ANTIQUES  
CALL  
**860-747-9750**

**Best Offer!**  
**Queen Size Head Board**  
**& Foot board with railing**  
  
**\$60.00**  
*Or Best Offer!*

**Vanity Table 28” wide**  
**with Mirror & Chair**  
  
**\$75.00**  
*Or Best Offer!*

**Call Jackie**  
**860-770-9983**

**For Sale**  
**21 M & M Characters**  
**Like New Condition**  
**Any Reasonable Offer is fine!**  
**Call 860-747-3274**  
“Leave a message if no answer,  
for a return call”

**2006 Chev-Silverado Truck**  
**“A” CREAM-PUFF Good Shape**  
**“Extra-Extra” Low Milage**  
**ONLY SERIOUS OFFERS**  
**CONSIDERED**  
**Call for Appointment**  
**860-628-7535**  
Leave call back number

**FOR SALE**  
  
**2 Tier Glass**  
**Coffee Table**  
**40” Wide**  
  
**\$50.00**  
  
Call  
**860-770-9983**  
ask for Jackie

This offer of FREE ads by Mizzy Construction, Inc. are just for you!  
So, this is an opportunity to sell items you no longer need and/or an opportunity to  
buy items that you wanted but didn’t think you could afford. All other newspaper’s  
Classified Ads are mostly for out-of-town ads.  
Now, you can advertise your excess items and/or shop right here in Plainville.  
**Call (860) 747-4119**

To Change Your Ad Please Call Hometown Connection @ 860-747-4119

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463 East St. | Plainville, CT 06062  
Ph: 860.793.2289 | Fax: 860.747.5644  
http://www.mizzyconstruction.com

PROUDLY SERVING CONNECTICUT AND SURROUNDING STATES SITEWORK NEEDS FOR OVER TWENTY-FIVE YEARS

Clip & Put on your Refrig. for a reminder!!

- April 5, 2023 10:00 Help For Veterans. Call Eric Vickers, Veterans Service Officer, at 203-805-6343
- April 10, 2023 9:30 AM—12:00 PM COVID-19 Booster Clinic. Walk-in. Open to the public
- April 11, 2023 10:00 Caregiving Connections Support group. Call to register.
- April 11, 2023 9:00 Breakfast Club at D’ Marie’s Restaurant. Call the Senior Center by Monday to reserve your spot.
- April 12, 2023 1:30 Meet Valentine the Clown. Learn about clown life followed by entertainment, and treats.
- April 13, 2023 10:00—11:30 Become a Dementia Friend. Learn about the condition and help people in the community.
- April 18, 2023 1:30 – 2:30 Paint Pouring Class. A wonderful abstract art technique. Cost: \$15.00. Call to register.
- April 18, 2023 10:30 Grandparents Raising Grandchildren Support Group. Open to the Public.
- April 19, 2023 1:30—2:30 Needle Felting Class: Cardinal in a Nest. Cost: \$20.00.
- April 20, 2023 10:00 Snappy Seniors Photography Club-for senior center members. Call to register.
- April 20, 2023 12:00 - 1:00 Warning Signs of Dementia Lunch & Learn. Call by April 14 to register.
- April 25, 2023 10:00 Veterans’ Social Hour. For all veterans over 60 and their spouses. Call to register.
- April 25, 2023 10:00 AM—12:00 PM BY APPOINTMENT Memory Screening. A simple and safe “healthy brain check-ups”
- April 25, 2023 10:00 - 11:00 AM and continues weekly through May 30, 2023. Healthy Bodies Create Healthy Minds Series.
- April 27, 2023 2:00 Memory Café at the senior center-open to the public.
- April 28, 2023 10:00 Book Buds. Enjoy a great book discussion about “A Splendid Ruin”.

**If you are 60**  
**Years or older**  
**Come & Join the**  
**Most**  
**ActiveSenior**  
**Center in the**  
**State!**  
**“Plainville”**  
**For details of**  
**activities:**  
**See Senior News**  
**on Page 19**  
**860-747-5728**



# Young at Heart.....Plainville Seniors

## PAINVILLE SENIOR CENTER ACTIVITIES Maxine Kollar, Editor/Office Assistant

**HELP FOR VETERANS**  
Veterans Service Officer, CT Department of Veterans Affairs, Eric Vickers, will be at the Senior Center April 5, 2023 at 10:00 AM. By appointment only. To schedule an appointment, call Eric at 203-805-6343.

**COVID-19 BOOSTER CLINIC—  
OPEN TO THE PUBLIC**  
APRIL 10, 9:30 AM—12:00 PM.  
NO APPOINTMENT OR REFERRAL NEEDED,  
WALK-INS ONLY AT THE PLAINVILLE  
SENIOR CENTER

Pfizer COVID-19 Bivalent Boosters offered by Wheeler’s Family Health & Wellness Center. Please bring your insurance cards, IDs and Vaccine Cards with you. Only the Pfizer COVID-19 Bivalent Booster will be offered. You can get the Pfizer COVID-19 Bivalent Booster even if you have had the Moderna vaccine in the past. The Pfizer COVID-19 Bivalent Booster is available to those who have had the primary two shot series and the COVID-19 booster in the past. There must be a two month time span from your last COVID-19 vaccination prior to being able to receive this booster. Note the Bivalent Booster is a one-time booster, you cannot get two bivalent boosters. The clinics are made possible by a grant to Wheeler from the U.S. Department of Health and Human Services (HHS), through the Health Resources and Services Administration (HRSA).

**CAREGIVING CONNECTIONS**  
Connect with other caregivers on Tuesday, April 11 at 10 a.m. at the Senior Center as we support one another on our journeys and recognize the challenges and frustrations of 24/7 caregiving. You must register to attend. Call the Senior Center at 860-747-5728 to register.

**BREAKFAST CLUB –  
MEN AND WOMEN INVITED**  
TUESDAY, APRIL 11, 9:00 AM  
Join us for an informal breakfast at informal breakfast at D’ Marie’s Restaurant, 17 Whiting Street, in Plainville! You’ll order (and pay on your own) off the menu. Enjoy breakfast out with a great group of friends. Call the Senior Center at 860-747-5728 to register.

**CLOWNIN’ AROUND-COME MEET  
VALENTINE THE CLOWN AND HAVE  
CLOWNIN’ FUN**  
WEDNESDAY, APRIL 12, 1:30 PM  
Come spend time with Valentine The Clown as she applies her makeup and discusses Clown life over the past 40 years. Learn something along the way, followed by some entertainment with balloons and clown magic. Enjoy circus treats too!! Call the Senior Center at 860-747-5728 to register.

**BECOME PART OF A GLOBAL  
MOVEMENT, BECOME A DEMENTIA  
FRIEND**  
THURSDAY, APRIL 13, 2023 10:00 —11:30 AM  
Dementia Friends is part of a global movement that is changing the way people think, act and talk about dementia. Becoming a Dementia Friend simply means finding out more about how dementia affects a person—then armed with this understanding, doing small everyday things that can help people throughout our community. Join Erica DeFrancesco, MS, OTR/L, Director of Community Education, LiveWell as we take an interactive class to learn what it is like to live with dementia and then learn how to turn your knowledge into action. Call the Senior Center at 860-747-5728 to register.

**PAINT POURING CLASS**  
TUESDAY, APRIL 18, 1:30 PM TO 2:30 PM  
COST: \$15.00  
INSTRUCTOR: SUNNY SWEARSKY, FLUID  
PAINT ARTIST  
Acrylic pouring is a wonderful abstract art technique in which acrylic paints are poured onto a canvas or other painting surface. The paint is made fluid by adding a medium. The paint is then poured onto the canvas, creating a beautiful and unique design.

During the one hour workshop, Sunny will walk you step by step to create a beautiful work of art on an 8” X 10” canvas ready for hanging. No two paintings are the same. There is no experience required! Call the Senior Center at 860-747-5728 to register.

**GRANDPARENTS RAISING  
GRANDCHILDREN**  
If you are a grandparent or relative who is raising a grandchild, niece or nephew, you are not alone. Come to the support group on Tuesday, April 18 at 10:30 AM, at the Senior Center and share resources, ideas, struggles, joys and more with others who are raising their grandchildren. Funding for this program is made possible in part by the Older Americans Act through the North Central Area Agency on Aging. You must register to attend. Call the Senior Center at 860-747-5728 to register.

**NEEDLE FELTING CLASS:  
A CARDINAL IN A NEST**  
WEDNESDAY, APRIL 19, 1:30 PM—2:30 PM  
\$20.00 PER PERSON INCLUDES ALL  
MATERIALS. INSTRUCTOR: DIANA SHEARD  
Spring is here and so are the beautiful birds! Everyone welcome! No prior experience necessary. Learn, laugh and leave with your very own creation: a beautiful cardinal in a nest! Sample on display in the showcase. Call the Senior Center at 860-747-5728 to register.

**SNAPPY SENIORS PHOTOGRAPHY-FOR  
SENIOR CENTER MEMBERS**  
Share photos on Thursday, April 20 at 10:00 AM at the Senior Center. Show us something you learned OR a special photo OR one of your all-time favorites! Bring ideas for future classes, trips and lectures. Call the Senior Center at 860-747-5728 to register.

**WARNING SIGNS OF DEMENIA  
LUNCH & LEARN**  
THURSDAY, APRIL 20, 12:00 PM—1:00 PM  
Program includes a complimentary lunch (turkey sandwich, chips, pasta salad, etc.) Heather Hitchcock, CDP, Community Educator with Bristol Behavior Health will discuss the 10 warning signs of dementia. She will also review the many types of dementia and provide information about what’s normal aging and what is not with regard to memory issues. Call the Senior Center at 860-747-5728 by April 14 to register.

**VETERANS’ SOCIAL HOUR**  
TUESDAY, APRIL 25, 10:00 AM  
These monthly information and support meetings are conducted by Sherri Vogt, Veteran’s Liaison for Hartford HealthCare Senior Services. FOR ALL VETERANS OVER 60 AND THEIR SPOUSES. Call the Senior Center at (860)747-5728 to register.

**MEMORY SCREENING**  
TUESDAY, APRIL 25, 10:00 AM—12:00 PM BY  
APPOINTMENT  
Are you worried about your short-term memory? Take 10 minutes for a Memory Screening from the Alzheimer’s Foundation of America—simple and safe “healthy brain check-ups” test memory and other thinking skills. Open to anyone whether they have current memory concerns, are at risk for Dementia, or just want to see how their memory is now for future comparisons. This is not a diagnosis of any particular illness and is completely confidential. Conducted by Hollis Hartman, Memory Care Advisor, Arden Courts. Call the Senior Center at (860)747-5728 to register.

**HEALTHY BODIES CREATE  
HEALTHY MINDS**  
Back again by popular demand! How often do you make time for you? How often do you take the time to make something healthy for yourself? Or do something healthy?

If you answered not often, then this class is for you! Together we will explore healthy eating habits that can assist you in losing or maintaining weight and can help move your body in a healthier direction. We will explore and recipes, enjoy a healthy meal together, welcome guest speakers, and investigate techniques to reduce stress eating all in a welcoming and supportive atmosphere. Meal planners will be shared. The course, which is being conducted by Senior Center Group Coordinator Karen Pagliaro, RN, is free. Sign-

up begins on April 4, 2023.  
Classes will begin on Tuesday, April 25, 2023 at 10:00 to 11:00 AM & continues weekly through May 30, 2023.

April 25, 2023—Explore MIND Diet and its benefits. Receive food logs, BMI calculator, discuss benefits of water intake and physical activity.

May 2, 2023—Brain Food Lecture: A Registered Dietitian will be giving a lecture about brain health, including what happens in the brain and affects our memory, food that help our memory, recipes and more.

May 9, 2023—Explore why it’s important to both read food labels and interpret them, discuss which aisles in the grocery store to avoid and why they should be avoided, share health recipes you can prepare at home.

May 16, 2023—Stress can lead to overeating, but how do you relieve stress and mindless eating?

May 23, 2023—I hate to exercise...but it is important! Join Maquita Sellers, Exercise Physiologist from GoodLife Fitness, Hartford HealthCare. She will share the benefits of exercise along with ways to incorporate fitness into your daily routine.

May 30, 2023—Going out on the town? No dessert? There must be a healthy dessert I can have!

Call the Senior Center at 860-747-5728 to register.  
**MEMORY CAFÉ AT THE SENIOR CENTER-  
OPEN TO THE PUBLIC**

THURSDAY, APRIL 27, 2:00 P.M.  
Memory Café is a warm and welcoming program for individuals with memory loss. Anyone experiencing memory loss is welcome to attend with their loved ones or caregivers. Memory Café is a social gathering with a safe, supportive, and engaging environment that gives everyone a place to make new friends and interact with others. Enjoy appropriate activities such as crafts, games, music and conversation. Memory Café, which meets monthly, is free and welcome to all. For more information about Memory Café or to sign up, please contact Karen Pagliaro, Stephanie Soucy or Ronda Guberman at the Senior Center. This program is funded in part by Title III of the Older Americans Act through the North Central Area Agency on Aging, Inc. & the CT State Unit on Aging.

**BOOK BUDS - MEMBERS ONLY**  
“A SPLENDID RUIN” by Megan Chance  
FRIDAY, APRIL 28, 10:00 AM  
COST: FREE! INSTRUCTOR:  
KATHLEEN MARSAN

A mesmerizing novel of dark family secrets and a young woman’s rise and revenge set against the backdrop of the devastating 1906 San Francisco earthquake. Historical fiction, mystery and thriller all rolled into one spellbinding page-turner! Coffee and tea provided. Please be sure to register as there is limited space. The book is available at the main desk at the library.

**KENTUCKY DERBY LUNCH & PARTY**  
THURSDAY, MAY 4, 12:00 PM – 1:30 PM  
COST: \$8.00. SIGN UP BEGINS APRIL 4 AND  
ENDS APRIL 28. SPACE IS LIMITED.

We’re off to the races! Join us for a fun afternoon of eating, drinking and “betting” on the horses! Lunch will feature Kentucky Style Fried Chicken Tenders, Potato Salad, Cornbread and Pecan Pie. We’ll sip sweet tea and non-alcoholic mint juleps! Wear a fancy hat or a bow tie. Following lunch, we’ll “bet” on the horses and have fun horsin’ around! Prizes and treats and lots of fun guaranteed!

**Income Tax Preparation**  
**The dates for 2022 are every**  
**Tuesday now and ending Tuesday**  
**April 12th.**  
**Hosted by AARP Tax Aides,**  
**a FREE Program**  
**(For an appointment call 860-747-5728)**



OBITUARIES

~ Richard (Dick) F. Drake ~



90, passed away peacefully on March 4, 2023, at home with his wife by his side. He was born on January 14, 1933 in St. Francis, ME and raised in Ft. Kent, ME. The son of the late Stanley and Eunice (Hatt) Drake, Dick was 1 of 20 brothers and

sisters. Dick served in the United States Army for two years after which he moved to Hartford CT and married Madeline Dube of Wallagrass, Maine. They made their permanent home in Plainville, CT. Dick worked for the Maine Forestry Service in his early adult years and for Stop and Shop Grocery in CT for 37 years. He loved camping with his wife in upstate NY and enjoyed hunting and being out in the woods of Maine. Dick was known for his infectious laughter, wonderful sense of humor and his love for any homemade baked goods. He is survived by his wife of 64 yrs, Madeline of Plainville CT, daughters Susan Drake Yawgel of Bristol, CT and Sheila Drake of Auburn, Maine; grandchildren, Kelly and Kevin Yawgel; 1 brother and 3 sisters. A Mass of Christian Burial was held at Our Lady of Mercy Church, 94 Broad St., Plainville CT followed by cemetery prayer/burial at St. Joseph’s Cemetery, Farmington Ave., Plainville, Ct. Arrangements have been entrusted to Bailey Funeral Home, Plainville, CT. To leave an online condolence or memory for Dick’s family, please visit [www.bailey-funeralhome.com](http://www.bailey-funeralhome.com).



~ Rosia Plourde ~

Our beloved Rose left us peacefully surrounded by family on February 24, 2023. She spent her early life in New Brunswick, Canada, married Joseph and moved toConnecticut where they shared almost 67 years of marriage. Rose and

Joe worked hard, raisedtheir family, traveled widely, and thoroughly enjoyed gathering with friends and family from near and far. Roses life can be defined by her kindness to others, her volunteerism, and quiet steady presence to all she encountered. She was an exceptional craftswoman whose work is enjoyed by too many to count. She knitted hundreds of scarves for those in need, comforted the sick with hand-made quilts, and made countless beanies for newborn babies. She was recognized many times over for her more than 50 years of local volunteerism, including decades of service at the Plainville Community Food Pantry. She cherished her family, card-playing buddies, bowling and senior center friends, and the very special community she thrived in during her final years at the Arbor Rose assisted living facility. She maintained her many friendships by always reaching out in caring ways. Roses Catholic faith sustained her throughout her life.

Rose was predeceased by her dear husband Joseph, her daughter-in-law Pierrette, and her siblings Marguerite, Lionel, Germaine, and Lauza. She is survived by her daughter Diane of Maine and her son Roger and daughter-in-law Christine of Plainville. Also surviving her are her siblings Therese, Albert, and Normand(Annette).

We especially want to thank the Hospice and nursing team of caregivers at The Hospital of Central Connecticut. We are grateful. Funeral services were held at Bailey Funeral Home, 48 Broad Street, in Plainville.If you would like to honor Rose in the most beneficial way, please be kind to others every day. Inlieu of flowers, consider making a donation in her name to the Plainville Community Food Pantry, 54 S Canal St., Plainville, CT 06062.

~ Antonio “Tony” Ettorre ~



85 of Plainville, passed away peacefully at his home with his family by his side, on Sunday, March 19, 2023. He was the husband of Lidia (DiSantis) Ettorre, with whom he shared 60 years of love and devotion.

Born in Morro D’Oro, Italy on April 5, 1937, he was one of seven and the last surviving child to the late Giuseppe and Amalia (DiCarlo) Ettorre. Tony and Lidia settled in Plainville where they raised their four children. A man of many talents, Tony owned and operated Tony’s Tailor Shop for close to 50 years, creating a wide circle of friends and business associates. He was happiest being surrounded by his family and friends, sharing a glass of his homemade wine and a delicious meal prepared with fresh ingredients from his gardens. He and Lidia were longtime communicants of Our Lady of Mercy Church, and enjoyed traveling extensively throughout the US and Europe. Tony enjoyed meeting his buddies for a competitive game of bocce, and embraced each moment spent with his adored children and grandchildren. He will be missed dearly, leaving a legacy of love, hard work, dedication.

In addition to his wife, he leaves his children, Vincenzo Ettorre and his wife Rita, Fabrizio Ettorre and his wife Marcia, Roberto Ettorre and Sonia Burgio and her husband John. He was a proud Nonno to Tony Ettorre and his wife Sarah, Tomasso Ettorre, Laura Piccioni and her husband Stefano, and Christina and Melissa Burgio, along with his great-grandson Vincenzo Ettorre; many nieces, nephews, extended family and friends who he considered family. He was predeceased by his siblings, Massimo, Josephine, Attilio, Cristinella, Michelangelo, and Nicola.

A Mass of Christian Burial was celebrated at Our Lady of Mercy Church, 94 Broad St, Plainville. Committal services followed at St. Joseph Cemetery. For online expressions of sympathy, please visit [www.PlainvilleFuneralHome.com](http://www.PlainvilleFuneralHome.com)

~ Sandra “Sandy” Lynn (Brzeski) Smith ~



71, of Bristol, passed away peacefully in the comfort of her home on Tuesday, March 14, 2023 after a lengthy illness. She was the devoted wife of David H. Smith, of Bristol.

Sandy was born on July 30, 1951 in Terryville, CT daughter to the late Henry and Rocchina M. (Tinnella) Brzeski. She grew up in Terryville and graduated from Terryville High School, where she was a Wild Rifle in the marching band. Sandy was a Willie Nelson fanatic until the end of her days, and told anyone who would listen about the time he kissed her. Above all, she loved her family and especially her dog, Vivi. She led a life of positivity and will be missed dearly by those who knew her.

She spent her working life at New Departure, New England Aircraft, and the J.F Fredericks Tool Company.

Sandy is survived by her husband, David Smith, of Bristol, her daughters, Kimberly and Kristine Bourdeau, of Bristol, her son, Robert S. Smith II, of Plainville, her sister, Cheryl (Brzeski) Cyr, of East Haven, her niece, Jill Wood, of East Haven, her niece, Sierra Wilson, of Vermont, along with many extended family members and friends.

Sandy’s family will celebrate her life privately. In lieu of flowers, donations to cover end of life care costs in memory of Sandy can be sent to Robert Smith at 38 Park St, Plainville, CT 06062. The staff at Plainville Funeral Home, 81 Broad St., extends their gratitude to the Smith family for their trust.

~ Suzanne Marie Jones ~



71, of Sarasota, Florida, passed away on the 28th of November, 2022, after a long battle with chronic obstructive pulmonary disease. She is now home and in the loving arms and protection of our Lord and Savior, Jesus Christ.

Suzanne was born on the 1st of March, 1951, to Patrick and Claire Blanchette in Caribou, Maine. After graduating from Plainville High School in Plainville, Connecticut, she went on to marry her childhood love—Jeffrey Leon Jones—in 1970. Suzanne led a rewarding and dedicated career in the field of nursing, working in a specialized Alzheimer’s unit until retiring in 2005.

Suzanne enjoyed reading, cooking, providing selflessly for her family with every ounce of her heart, and the comfort and joy of her beloved Shih Tzus.

Suzanne is preceded in death by her parents, Claire and Patrick Blanchette, and her daughter, Stacey Jones. She is survived by her husband of 53 years, Jeffrey Jones; brothers Ronald and Robert Blanchette; sons Jeffrey Jr. and Justin Jones. She is also further survived by nieces and nephews, other relatives, and friends.A beautiful wife, mother, friend, and Christian, Heaven has truly gained a wonderful and precious soul.

In lieu of flowers, the family requests donations be made to the Humane Society, an organization Suzanne felt strongly about. The family also welcomes you to visit her online guest book to share any memories or photos you may have—it would be such a blessing to hear from those her life touched over the years: [sue.quantech.org](http://sue.quantech.org).

~ Gary F. Sirois ~



lifelong Plainville resident and proud Army veteran, entered eternal rest in Heaven on March 1, 2023.

Gary was born on August 4, 1968, son to Gisele (Lizotte) Sirois and the late Reginald Sirois. He enlisted in the United States Army, serving for over 20 years and retiring from the U.S. Army Reserve as a Command Sergeant Major. He was a highly decorated Veteran; among many other awards, he also received the Bronze Star Medal for his service at Camp Victory, Kuwait in support of Operation Iraqi Freedom.

He will be remembered for his sparkling smile, sharp sense of humor, devotion to his family, and commitment to keeping everything “dress right dress.” He enjoyed exercising, spending time outdoors and by the family pool, cruising in his classic car and on his motorcycles, and listening to Led Zeppelin. He leaves his family and friends with many cherished memories and a legacy of love.

Gary is survived by his mother, Gisele Sirois; his brother, Scott Sirois, and his wife Liz; his daughter, Samantha Pawloski, and her husband Dave; his daughter, Melissa Sirois, and her boyfriend Klajdi Bajlliu – along with many close friends. He is predeceased by his father, Reginald Sirois.

In lieu of flowers, contributions to the Wounded Warrior Project, P.O. Box 758516, Topeka, Kansas 66675-8516 or by going to [www.woundedwarriorproject.org](http://www.woundedwarriorproject.org) are welcomed.

Family and friends gathered at Plainville Funeral Home, 81 Broad St., Plainville. A Mass of Christian Burial was celebrated at Our Lady of Mercy Church, 94 Broad St., Plainville. Military honors will be accorded following the Mass. Burial in the CT State Veterans Cemetery will be held privately.



OBITUARIES

~ Craig Michael Minella ~



a most loyal and compassionate husband, son, brother, uncle and friend passed away on Wednesday, March 15, 2023. He is now resting peacefully having faced many challenges with grace, dignity, persistence and a sense of humor.

Born in Plainville on May 6, 1969, he was one of two sons to Diane (Kowalski) Minella Bailey of Old Saybrook and the late Ramon “Ray” Minella. Raised and educated in Plainville, Craig earned a degree at the University of the Arts in Philadelphia, a city that would go on to hold a special place in his heart for life. He then went on to further his education earning a Masters degree in graphic design. A critical thinker with a creative side, Craig held a successful career in the graphic design industry, having a passion for his work each and every day. His persistent personality paid off when he married the love of his life, Leigh (Strauss) in 2008. They settled in West Haven near the beach and shared a mutual affection for music, concerts, sports, and the island of Aruba. They frequented New York for Yankees games and Pittsburgh for the Steelers, and truly embraced and enjoyed each moment of their 14 plus years together. An animal lover and cat dad to Cooper and Chloe, who will most be remembered for his fortitude, compassion, empathy, and selflessness, Craig loved deeply and will be missed beyond measure.

In addition to his wife, Leigh and his mother, Diane, he leaves his brother, Cory Minella, his wife Annette and their daughters, Courtney, Emily and Sydney to whom Craig was a devoted and fun-loving uncle. He also leaves his mother and father-in-law, Dan and Carol Strauss; brother-in-law, Craig Strauss, his wife Tracey and their daughters, Julianne and Lauren; his sister-in-law, Pam Strauss and her children, J.D. and Anna Colarusso; and his second siblings, Jessica Bailey-Mastauskas, Jason Bailey and Jennifer Kosciukiewicz along with their families, as well as his beloved aunts, uncles and cousins. In addition to his father, Ray, he was predeceased by his second Dad, Jim Bailey.

In lieu of flowers, memorial contributions may be made to the Cystic Fibrosis Foundation at [www.cff.org/donate](http://www.cff.org/donate)

A celebration of Craig’s life was held on Tuesday at Plainville Funeral Home, 81 Broad St, Plainville. Committal followed at St. Joseph Cemetery.

~ Edward J. Rapacky, Jr. ~



74 of Jensen Beach, Florida, formerly of Plainville, passed away unexpectedly at his home on Monday, March 6, 2023.

Ed was born on September 10, 1948, and was one of four children to the late Edward Rapacky, Sr. and Violet (Coons) Rapacky. A graduate of Plainville High School, he went on to work in the retail profession for Sears for more than 20 years, followed by a longtime career in customer service for local grocery chains, including Stop and Shop and Gnazzos. Upon retiring to Florida 10 years ago, he worked part time for Publix where his co-workers became his second family. A sports enthusiast and proud supporter of youth sports while he raised his family in Plainville, Ed was a football and baseball coach, and volunteer for the Pop Warner football league, serving as President and Vice President. His passion for hockey, staying up until 2:00 AM every night watching West Coast games, and the Hartford Whalers in particular (season Tix from beginning to end), was passed on to his son and grandsons, along with his love for the NY Yankees. A reliable, hard-working family-centric man with an infectious and charming personality, with never a negative word said about anyone. He enjoyed vacationing, frequenting Hawaii, and easily made friends wherever his travels took him. A devoted father, grandfather, brother and friend, he leaves a legacy of free-spiritedness, laughter, and love. He was especially proud to be the 4th generation to make Plainville his home and be able to see Grandsons doing well in school, and of course, excel in sports. He was especially fond of his granddaughter, whom he watched often. He will be missed. Love you Grandpa!

Ed is survived by his son, Edward Rapacky, III and his wife Tricia; his daughter, Kimberly Rapacky and John Walczak, Jr; his grandchildren, Eric, Eddie IV, Ethan, Jacqueline, John III, and Anthony; his sisters, Barbara Hunt (Gary) and Lorraine Rapacky (Luther); his nephew, Ryan Hunt and many friends. He was predeceased by his son, Eric, his brother Howard, and his former wife Jacqueline.

Ed’s love for sports may be remembered with contributions to the Plainville Colts Football and Cheer, PO Box 750, Plainville, CT 06062.

Family and friends gathered at Plainville Funeral Home, 81 Broad St, Plainville. A Mass of Christian Burial was held on at Our Lady of Mercy Church. He will be laid to rest with his son following the Mass at St. Joseph Cemetery, Plainville. For online expressions of sympathy, please visit [www.PlainvilleFuneralHome.com](http://www.PlainvilleFuneralHome.com)

~ Heather Taber ~



83, passed away peacefully on Thursday, February 23, 2023. She was the beloved wife of the late Reverend Raymond E. Taber, with whom she shared a remarkable 50 years of marriage. Heather was born on September 14, 1939, in

New Bedford, MA to the late Arthur Mosher, Jr., and Janet (Booth) Mosher.

Heather earned the credentials of Licensed Practical Nurse, and devoted her talents to the American Red Cross where she worked as a phlebotomist for 18 years. She also worked for many local convalescent homes and will be remembered for her caring compassion for her patients. The wife of a pastor, Heather had a strong faith and relationship with God. She loved her family and would take every opportunity to spend time with them; they traveled to places like Camp Marion to spend time and enjoy fellowship. Heather’s caring and nurturing spirit was also shared with her beloved companion, her dog Abby. She enjoyed going to the beach, playing Scrabble, and exploring her family history on Ancestry.com. The love and compassion Heather possessed will live on in the hearts of all who knew her.

Left to cherish her memory are Heather’s children, son David Taber and his wife Sheri of Plainville, son Donald Taber of Bristol, daughter Michelle Barker and her husband Roger of North Carolina, grandchildren Kane Taber, Thomas Taber, Brian True, Jr., Joshua (Gabby) Barker, Jessica (Mark) Kale, and six great grandchildren; Marley Barker, Wilson Barker, Hazel Barker, Dusty Kale, Lottie Kale, and Willow True. She also leaves her brother Mike Leupold of Canada. Besides her parents, Heather was preceded in death by her loving husband, Reverend Raymond E. Taber, and her devoted daughter in-law Casandra Bergeron Taber.

Family and friends visited Bailey Funeral Home, 48 Broad Street, Plainville. A graveside service washeld at Oak Hill Cemetery, Southington. In lieu of flowers, donations in Heather’s name can be made to The Dementia Society of America, <https://www.dementiasociety.org/donate>, or to the Alzheimer’s Association CT Chapter, 200 Executive Blvd S #4b, Southington, CT 06489, <https://www.alz.org/ct>. To leave a message of remembrance please visit: [www.bailey-funeralhome.com](http://www.bailey-funeralhome.com)

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# OBITUARIES

## ~ Norma (Woellner) Weisenburger ~



95 of Plainville, passed away peacefully at her home, surrounded by the love of her family on Monday, March 13, 2023. She is now reunited with her husband, Arthur, who predeceased her in 2001, along with many other beloved family members and friends.

Born in São Paulo, Brazil, on August 18, 1927, Norma was one of two children to the late Carlos “Charles” and Marie (Meindl) Woellner. Raised in Brazil, she spent her formative years there while also traveling to and from Germany to visit family. Norma’s family ultimately immigrated to the U.S. where she attended German and public schools in New Rochelle, NY.

Norma then met the love of her life, Arthur, while he served our country in the U.S. Navy and then later in the U.S. Army. They shared over 55 years of love and life adventures. Norma courageously raised their three children in New York, California, and Montana while Arthur was in the service. Following nearly two decades out West, they settled in Plainville, CT, in 1966, to be near Norma’s family. Together, they relished in watching their family grow for two more generations.

Norma retired from Farmington Savings Bank where she made many friends with her warm smile and bright personality, and went on to work part time for the Plainville Schools System. In retirement, Norma kept herself busy quickly becoming a friendly face at the Plainville Senior Center. She enjoyed volunteering there, greeting guests at the front desk, traveling across the country with groups, and meeting her many dear friends there for weekly bridge games.

Norma loved to laugh and make others laugh. She was a beautiful swimmer and had a special knack for spotting sand dollars while walking the beach. Norma enjoyed many performances at the Goodspeed Opera House and Bushnell Theater with dear friends. She also loved to “shop ‘til you drop” at West Farms Mall – only taking a break to enjoy lunch at Lord & Taylor’s.

Most of all, Norma was a devoted mother, grandmother, and friend. She will be fondly remembered for her sharp mind – always recalling special dates and being mathematically astute. Norma’s unmatched fortitude and independence, coupled with her unconditional love, will be sorely missed. A constant presence in the lives of her children, grandchildren, and great grandchildren, Norma rarely missed a special occasion – backyard barbeques, graduations, performances, sporting events, or weddings – as she was happiest when with

family. She was also known for being the best card game teacher, back scratcher, and hand holder to her grandchildren.

A lifelong collector of angels, Norma is now the angel to her family. She leaves her children, Gail (Bill) Kron, Arthur “Skip” Weisenburger, and Jeff (Nancy) Weisenburger; her grandchildren who brought her much joy, Kari Kron, Robert Kron, Leigh (Austin) Albert, Amy (Joe) Bierbaum, Steven (Tara) Weisenburger, Erika (Ralph) Kenneth and Kurt Weisenburger; and her great-grandchildren, Jake, Josephine, Lawrence, Wynne, Joseph, Reiss, Stone, Clyde and Clara; along with many nieces, nephews and dear friends. She was predeceased by her adored daughter-in-law Margaret in February, her brother Charles Woellner, and her cousin with whom she shared a special bond, Janet Bogue.

In lieu of flowers. Norma may be remembered with contributions to the Plainville Senior Center, 200 East St, Plainville or St. Jude Children’s Research Hospital, 501 St. Jude Place, Memphis, TN 38105 or [www.stjude.org/donate](http://www.stjude.org/donate).

Family and friends gathered in celebration of Norma’s life at Plainville Funeral Home, 81 Broad Street, Plainville. Words of remembrance will be shared. She will be laid to rest with her husband privately at a later date. For online expressions of sympathy, please visit [www.PlainvilleFuneralHome.com](http://www.PlainvilleFuneralHome.com)

## ~ Sally A. Miller ~



80, longtime resident of Plainville, passed away peacefully after a brief illness on Sunday, March 26, 2023 at the Hospital of Central CT New Britain General Campus.

Sally was born on October 31, 1942 in Bristol, CT daughter to the late Mary Adeline (Woods), who

was the first black principal in the State of CT, and Oliver Gomes.

Sally retired as the Assistant Vice President of Marketing and Communications at LL Global Inc.-LIMRA International in Windsor; She successfully created this department from several other units. Prior to working at LIMRA, she was a Software Specialist for Digital Equipment Corporation and used those skills after hours to voluntarily teach young men and women computer skills. During the evenings, she volunteered to teach inner-city women business skills, keyboarding and resume writing. She owned her own Personnel Agency, Fish Market and then her own Delicatessen in Hartford. Sally fought for and operated the very first restaurant with an outside eating area in the city of Hartford. In addition, she was in charge of the Bloomfield Cheerleaders for several years.

From 2013 to 2017, Sally was the President of the local chapter of AARP Chapter 4146 and her goal was to help the chapter grow. During her term, she accomplished this goal and over 100 new individuals joined the chapter and it was ultimately named “The Chapter of the Year” for the State of CT in 2016.

She was a Travel Coordinator for the Chapter as well as the Coordinator of Ways and Means. The monies that were brought in from these resources benefited local charities such as the homeless veterans, Grandparents Raising Grandchildren, the food pantry, the Plainville Senior Center, and the fuel bank, just to name a few.

Sally was an award-winning published writer and was well-known and recognized for her monthly column in the Plainville Hometown Connection paper. She was an active volunteer at the Plainville Senior Center, and participated in many events, such as the annual tag sale that she coordinated yearly to raise funds to benefit the Plainville dial-a-ride service. She also worked with the conference for Grandparents Raising Grandchildren and enjoyed delivering balloons and cards to shut-ins on their birthday. Sally was a chairperson on the board for the Town of Plainville Committee on Aging along with being one of the coordinators for the Town of Plainville’s 150th anniversary celebration. She was also a Trustee for the Plainville Cemetery Association and was a representative for Oak Grove Community. In 2017, Sally was named one of the 25 most influential African American Men and Women in the region by the Bristol NAACP and she received a proclamation from the Plainville Town Council for her accomplishments. In 2016, Sally accepted the Ava M. McCrory Humanitarian Award for Excellence in a ceremony held in Windsor.

In her spare time, Sally enjoyed writing, playing cards, cribbage, fishing, being with family and friends, and travelling. A woman full of kindness and love, who led a life of selflessness, Sally will be missed tremendously by all who were lucky to have known her or be in her presence.

Sally leaves behind her daughter, Cheryl Lawrence-Gentles; her grandchildren, Linval Gentles II (Tony), Nicole A. Gentles, and Sara R. Gentles; her great-grandchildren, Anthony L. Gentles and Kade Gentles; her sister, Carolyn G. Moore; her nephews, Keith C. Moore and Grant E. Moore; her niece, Sarah A. Moore; her eight great-nieces and great-nephews; and a large circle of cherished friends and colleagues.

Family and friends are welcome to gather on Friday, April 7 from 10 to 11 AM at Plainville Funeral Home, 81 Broad St., Plainville. A service in celebration of Sally’s life will be held at 11 AM at the funeral home. Burial will follow in West Cemetery, Plainville. To carry on Sally’s unwavering dedication and passion, donations in memory of her can be made to the Plainville Senior Center, 200 East St., Plainville. For more information or to leave online expressions of sympathy, please visit [www.PlainvilleFuneralHome.com](http://www.PlainvilleFuneralHome.com).

To send flowers to the family or plant a tree in memory of Sally A. (Gomes) Miller, please visit our floral store.



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### Akshay Patel, D.O.

Board-Certified  
Otolaryngologist

Dr. Akshay Patel was born and raised in Rocky Hill, Connecticut. After graduating from the top of his class at

the Chicago College of Osteopathic Medicine. Dr. Patel pursued his residency training in otolaryngology-head and neck surgery and facial plastics surgery at St. Barnabas Medical Center in New Jersey, where he also served as chief resident. Shortly thereafter, he obtained fellowship training in head and neck surgical oncology and microvascular reconstructive surgery at Case Western University-University Hospitals in Cleveland, Ohio. Dr. Patel's clinical interests include head and neck surgical oncology and reconstructive surgery, as well as program development, patient outcome, resident teaching and reconstructive techniques. He has presented nationally and published on subjects relating to reconstructive surgery and head and neck cancer.

### Carl Moeller, M.D. Board-Certified Otolaryngologist

Dr. Moeller is an ear, nose and throat (ENT) doctor, serving both pediatric and adult patients. Dr. Moeller treats common ENT ailments, such as acute sinus infections, allergies and ear infections, as well as more complex problems, such as sleep apnea, snoring, salivary gland tumors, thyroid tumors, chronic sinusitis and nasal polyps. He is one of the few surgeons in the Northeast to offer inspiratory hypoglossal nerve stimulation to treat sleep apnea. Dr. Moeller joined Connecticut Ear, Nose & Throat Associates in 2011 after attending Loyola University Chicago-Stritch School of Medicine and completing his residency and training in otolaryngology-head & neck surgery at Loyola University Medical Center.

### Kyle Chambers, M.D. Board-Certified Otolaryngologist

Dr. Chambers provides evidence-based surgical and medical treatment for adult and pediatric patients with sinus, ear, nose, and throat conditions. Dr. Chambers received his undergraduate degree from Dartmouth College and his medical degree from the University of Washington. He completed his surgical training through Harvard Medical School. Following his surgical training, he received additional training in allergy diagnosis and treatment. Dr. Chambers is an active member of the American Academy of Otolaryngology-Head and Neck Surgery and the American Academy of Otolaryngic Allergy. He has won awards for his teaching and research.



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Gift of Time

There comes a time in life when all gifts fall short in comparison to the ever priceless gift of time. Throughout our adult life, we shower our parents and our elders with expensive & luxurious material commodities. At the receiving end, our parents and our elders are not so very touched by the price tag of these gifts, but the gesture they represent. The gesture of love, care, and thoughtfulness. Now fast forward a few decades, a pattern begins to emerge.

Knowingly or unknowingly, as we become increasingly engrossed in our own lives, the very cause of our existence and thriving lives, our very parents and our elders, become the last people on our mind!

As kids, the absence of our mother for as little as a few short hours, would turn our worlds upside down. At that point no candy, cookie or toy could bring us any comfort until we catch the glimpse of our mothers. Yet sadly as matured adults, days, weeks, months and at times even years may go by without us speaking to our parents, let alone holding their hands and hugging them. Our once strong and invincible parents, now have grown frail. It is not so much the material gifts that they look for, rather spending some quality time with their children. We cannot turn the clock back, but we can amend our ways going forward. Let's start exercising some good old fashion remedy to bring back smiles on the long awaiting and tired faces.

Let's share the single most priceless gift, the gift of time with our parents and our elders. Let them recall and share those long forgotten anecdotes of our childhood, they so tightly have hung on to as the most precious savings of their lives. Let's never underestimate the power of spending time and giving that human touch to our elders. A simple "hello, how are you, how was your day" can be the most potent medicine they need. In the process, we will discover how much we can learn about them and from them to yet better our own lives.



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# CANNABIS CONVERSATION

with

## Dr. Paulina Miklosz

### DNP, APRN

This article is the third in a monthly series on Cannabis Medicine. The earlier articles described the Endocannabinoid System (ECS) which is our body’s vast network of receptors and compounds responsible for regulating immune response, inflammatory processes, hunger cues, pain tolerance and countless other functions. We also previously explored the connection between the ECS and chronic disease, noting how deficiencies in our Endocannabinoid receptors may play a vital role in developing and treating chronic health conditions (like fibromyalgia, migraine syndromes, epilepsy, and more). One way to introduce cannabinoids into the body and potentially replete deficiencies in the ECS is through ingestion or consumption of cannabis products. The most well-known way to use cannabis is through inhalation—whether that be smoking flower (dried cannabis leaves) or a more concentrated inhaled form of cannabis (like dabs, shatter, wax etc). As a medical provider however, I would be remiss to not mention the potential harms to one’s lungs when smoking cannabis regularly, especially since there are many other ways to consume cannabis & its’ therapeutic compounds without smoking. We will explore the various cannabis consumables in a future article, but this month, I wanted to touch on what you can do today to support your body’s own Endocannabinoid System sans cannabis. Here are just a few ways you can enhance the health of your endocannabinoid system without using cannabis or other cannabinoids:

1. Regular Exercise: Physical activity has been shown to increase endocannabinoid levels in the body, particularly anandamide, which is also known as ‘the feel-good’ molecule. In fact, the ‘runner’s high’ that you feel after an intense cardio workout is likely not from a rush of endorphins, but rather, has to do with the significant increase in your body’s anandamide levels as a result of exercise. Incorporating intentional movement into your daily routine can help boost your endocannabinoid tone.
2. Healthy diet habits: Consuming a well-balanced diet of foods primarily found in nature (fruits, vegetables, nuts, seeds, good-quality meats & fish) can help our bodies produce endocannabinoids & maintain a state of homeostasis (balance).
3. Good sleep hygiene: Insomnia and sleep disorders are increasingly common and are most likely to affect older adults. Sleep deprivation is associated with lower endocannabinoid levels, which can result in a weakened immune system, poor stress tolerance, etc. Aim for 7-8 hours of sleep per night to best support your ECS.
4. Mindfulness & stress-reduction: Chronic stress can disrupt the endocannabinoid system and leave you more prone to illnesses. By incorporating practices like meditation, yoga, journaling, mindfulness exercises or deep breathing work, you can reduce stress levels and foster good endocannabinoid health.
5. Time in nature: Spending time outdoors & connecting with nature has been shown to increase endocannabinoid levels in the body. Taking a walk through the park, hiking a local trail, going to the beach—these are just a few of the many outdoor activities that allow you to get fresh air and sunshine, all while boosting your ECS.

These are just a few ways you can support your endocannabinoid system without the use of cannabis. To ensure that your endocannabinoid system is functioning optimally, be sure to incorporate some of these health-promoting activities. Your endocannabinoid system is constantly working to support many important functions in your body, and by prioritizing your physical and mental health, you can help make the ECS’ job a bit easier.

**Dr. Paulina Miklosz is a doctorally-prepared Family Nurse Practitioner with over 10 years of experience in primary care, population health and advanced diabetes management. She is the owner and medical director of Higher Med, a Plainville-based health clinic specializing in Cannabinoid Medicine. For more information, please refer to HigherMed.org or call (959)900-8206.**



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## Legislators Visit with Plainville Seniors



**PLAINVILLE - State Rep. Francis Rexford Cooley (R-22) and State Sen. Henri Martin (R-31) visited the Plainville Senior Center on Monday to provide a legislative update on the state issues near and dear to Plainville seniors.**

“Our seniors have needs that are, in many ways, under-served today and, especially since many of us will someday share many of these same concerns. As their State Representative, it was a great opportunity to hear their thoughts about the State of our State,” said Cooley. “Many residents are worried about our state economy, especially those on fixed incomes.”

The event was designed to provide residents with an opportunity to speak with the each of the lawmakers in a relaxed setting about issues affecting the district, bill proposal ideas, or other legislative related topics.

Some of the topics discussed was the status of the state budget and an explanation of the budget and committee process in the legislature. Many people in attendance had concerns with the high cost of electricity and how energy rates are increasing as Connecticut is facing historic inflation. The lawmakers also took questions on teacher pensions and social security.

The Plainville legislators are asking anyone who has questions or could not make the event but would like to connect with the representatives to please call (800) 842-1423 for Rep. Cooley or (860) 240-8800 for Sen. Martin.

## 2022 Accomplishments Celebrated at Main Street Community Foundation’s Annual Meeting

On the morning of March 10th, board members, past leadership, and staff of Main Street Community Foundation gathered together to celebrate 2022 as another successful year of grant making, scholarship awards and building charitable endowments. This Annual Meeting serves as a year-end review for the Board of Directors and previous leaders of the Foundation. This past year saw the distribution of a record \$2.3 million in grants and scholarships to benefit the residents of Bristol, Burlington, Plainville, Plymouth, Southington and Wolcott through programs and community leadership initiatives, with a total of \$26 million being awarded since the establishment of the Foundation since 1995.

Furthermore, the Foundation received \$1.5 million in contributions in 2022 and 13 new funds were established at the Foundation by local individuals, families and organizations to support causes they care about to better their communities.

The Annual Meeting was also a moment to celebrate a few grantees from the past year. Representatives from both Veterans Strong Community Center, a resource and information center for Veterans in the Greater Bristol area, and St. Vincent De Paul Mission of Bristol, an emergency shelter for men, women, and children in Bristol, were present at the Annual Meeting to speak to the Board about the impact MSCF has made on the work that they do. Veterans Strong representatives Donna Dognin and Amy Wernicki presented Susan Sadecki, President & CEO of MSCF, and Scott Fournier, Board Chair, with a commemorative dog tag and a certificate of appreciation acknowledging the Foundation as an “outstanding patriot partner”. Christine Theborge, Executive Director of St. Vincent De Paul Mission of Bristol, then spoke passionately about the work her and her team do to assist our communities’ most vulnerable population with dignity and respect. The organization Productions for Change, another MSCF grantee, has also produced several videos demonstrating the work done by St. Vincent De Paul staff as well as personal stories from residents, two of which were viewed at the Annual Meeting.

## New Board Members to Lead the Way

Main Street Community Foundation elected three new directors at its Annual Meeting, and said goodbye to two. The new directors elected are Plainville resident Brent T. Davenport of Shaffer Beacon Mechanical; Burlington resident Virginia Fitzgerald of Yarde Metals and Reliance Steel & Aluminum Co.; and Bristol resident Suzanne M. Passini of Tunxis Community College. Directors Mark Moriarty of Bristol and Jennifer O’Connor of Southington were also both re-elected to the Board. Meanwhile, Kimberly James and Mell Hobson were recognized for their service to the Foundation and community as their terms on the Board of Directors ended; both served two three-year terms and will continue to be involved with various committees at MSCF.



The Foundation’s Board consists of community leaders charged with ensuring donors’ intentions are fulfilled in perpetuity, all of whom take the responsibility very seriously. **“The Board of Directors plays an essential role in guiding the Foundation’s work in the region,” said Susan Sadecki. “We are grateful for their generous commitment of time and the valuable expertise each brings to the Foundation.”**

The Main Street Community Foundation is dedicated to enhancing the quality of life for both present and future generations in the communities served by encouraging and promoting gift planning, prudent stewardship of assets, effective grantmaking and community leadership. A nonprofit public charity, created by private citizens, the foundation works with donors in Bristol, Burlington, Plainville, Plymouth, Southington and Wolcott who wish to build permanent charitable endowments to support their communities. Since its founding in 1995, the foundation has provided over \$26 million in grants and scholarships.



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Health & Wellness Expo



The 10th Bi-Annual Passport to Health & Wellness Expo will be held April 23, 2023, from 10am to 4pm, at The Bristol DoubleTree by Hilton. The Passport to Health & Wellness Expo is a free event, and all door proceeds will be donated to the Children's Health Defense New England Chapter. The 2:00 pm keynote Speaker will be Mary Holland President/J.D. of Children's Health Defense. Topic: "Making a Difference -- Helping ensure safeguards for our families now and in the future". There will

also be speakers every half hour and a free sound healing event with Fred Maerkle will close out the day from 4pm-5pm. A Free raffle will also be held for all attendees with a grand prize of an overnight stay with breakfast for two. Exhibitors are now accepted to apply online. The Benefit EXPO has Free admission to attendees.

For more information, call Shirley Bloethe at 860-989-0033, email [YourHolisticEvents@gmail.com](mailto:YourHolisticEvents@gmail.com) or visit [www.YourHolisticEvents.com](http://www.YourHolisticEvents.com)

Answers

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Benefit Events

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Bi-Annual Passport to Health & Wellness Expo will be held April 23, 2023, and October 15, 2023 from 10am to 4pm, at The Bristol DoubleTree by Hilton. The Passport to Health & Wellness Expo is a free event, and door proceeds will be donated to the Children's Health Defense New England Chapter.

Additional events at the VFW in Plainville will also accept applications for vendors for May 21, 2023 and September 17, 2023,

For more information, call Shirley Bloethe at 860-989-0033, email [YourHolisticEvents@gmail.com](mailto:YourHolisticEvents@gmail.com) or visit [www.YourHolisticEvents.com](http://www.YourHolisticEvents.com)

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PARC to host Spring Dance on May 6

PARC, Inc. is hosting its 2023 Spring Dance on Saturday, May 6 for members, families, friends and supporters. The event will be held 7 to 11 p.m. at Testa’s, 26 S. Center St. The \$60 per person ticket price includes a dinner buffet, music with DJ David Robinson, and dancing. A reduced ticket price of \$35 per person will be offered to members and students. PARC’s Shining Star Award will be presented to an outstanding member.

PARC promotes and protects the human rights of people with intellectual and developmental disabilities and actively supports their full inclusion and participation in the community throughout their lifetimes by providing family centered support, direct services and advocacy. Based in Plainville, PARC welcomes residents of contiguous towns. Tickets can be purchased online at the organization’s website [www.parcdisabilitiesct.org](http://www.parcdisabilitiesct.org) or by calling the PARC office at (860) 747-0316. PARC is a 501(C)(3) organization.

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Elizabeth Park (CT) voted  
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See Public Garden.

Poll identifies the top 200 public gardens people want to visit this year. Hawaii's public gardens took 1st, 2nd & 3rd positions. Infographic showing America's 200 favorite public gardens. Public and botanical gardens are a beloved part of many communities across the US. Good Plant Care recently polled 3,000 people, revealing the top 200 public gardens in America they would most like to visit in their lifetimes. It transpires that the top 3 public gardens as voted by the public are all in... Hawaii! Perhaps this is not surprising Following in 4th position was the Florida Botanical Gardens based in Largo. And Connecticut had 3 public gardens ranked within the top 200:

#54 Elizabeth Park is a beautiful park located in Hartford and West Hartford. It is most famous for its beautiful rose garden, which is the oldest public rose garden in the United States. The park is open year-round and hosts several events throughout the year, including a popular summer concert series.

#145 Bellamy-Ferriday House and Garden is a historic property located in Bethlehem. The garden dates back to the early 20th century. dils.

#197 Hollister House Garden is a beautifully designed and well-maintained garden located in Washington. "Visiting public gardens is a timeless pastime that continues to be popular for many reasons. These green spaces provide a respite from our busy lives and a chance to connect with nature in a peaceful, tranquil setting. Credit to Good Plant Care who conducted the research. For more information, please contact us on the details below:

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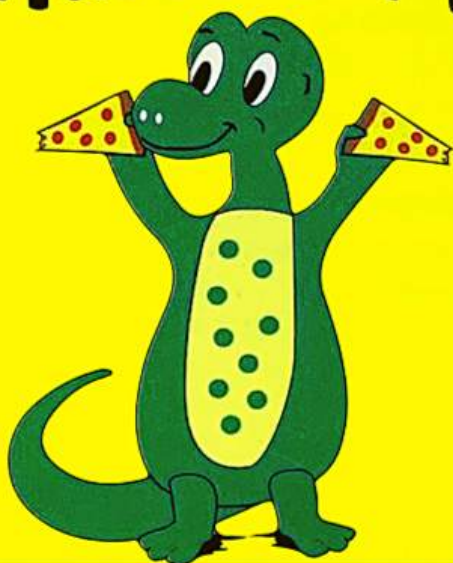
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The Plainville Historical Society welcomes small elderly unique items such as pictures, old postcards and greeting cards, small business advertising, etc. with a Plainville connection.

We have a registry of homes before 1930 with pictures. You might like to add yours. Think of us when you do your spring cleaning.

It is not necessary to be a member of the Historical Society to be a volunteer.

*Stop in and introduce yourself. We would love to meet you.*



# ~ Plainville Historical Society ~

[www.plainvillehistoricalsociety.com](http://www.plainvillehistoricalsociety.com)

e-mail: [plvhistorical@gmail.com](mailto:plvhistorical@gmail.com)

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## APRIL....

All cultures celebrate a festival of spring; a ritual of rebirth, hope and great promise-- a proper ode to summer-- if you will.

March was busy here at the Historic Center. Rosemary Morante presented her Women’s History Month program about Plainville Women Who Write. It was amazing and reminds us of the myriad contributions our town has made to the outside world through its natives.

We were excited to host an after-school tour, entertainment and Plainville History program for a group of Middle School students at the very end of March, and look forward now to our April program on the Plainville Railroad Line. Coordinated by Al Virelli, and presented with a round table discussion from a group of men who actually worked on it, this promises to be interesting and fun for railroad enthusiasts of all ages. *Mark your calendar for Saturday, April 22 at 2 P.M.*

We owe so much of our success to our “behind the scenes” regulars and faithful volunteers: Michael Buckler, Colette Casey and Lucy Bradford, who work with the Historical Society Board members to keep the Historic Center chugging. Their smiling service keeps our steam engine running. We are so blessed.

April showers end with May Day. Victorian ritual prompts us to welcome flowers. Surprise someone you love with a tiny bouquet, maybe in

a little basket. Hang it on their door knob and run.

When all is said and done, though, we all know that spring officially arrives in Plainville when the Dairy Queen opens.

### THE CROSS

The historic cross in the Gathering Room at Our Lady of Mercy Church once stood at the top of the steeple on the original 1888 church building, when it was struck by lightning and the steeple razed. The cross disappeared for years and then apparently was rediscovered when the old building was torn down and now stunningly whispers a message of hope and survival. *Happy Easter.*

### PAUL REVERE DAY – APRIL 18, 1775

It was at Old North Church in Boston that lanterns were hung to signal Paul Revere to begin his ride to Lexington and Concord. Actually two riders, Revere and his North Street neighbor William Dawes, both set off to sound the alarm to be sure the message go through if one was captured. Revere was in fact captured, and Dawes got through, but it was Revere that Longfellow immortalized in his famous poem, “Paul Revere’s Ride.”

### Remembering... SUNDAY DRIVERS

Post-war Plainville families, on sunny Sundays after church and chicken dinner, would often take a “ride” in the afternoon if company was not

expected. The whole family would pile in the car. Usually, there would not be a definite destination. Some cars still had rumble seats. Some had a new Buick Roadmaster, bought recently at Parsons (of course). Maybe you just wanted to ride by the Trumbull mansion on Farmington Ave., or check out downtown. “Sorry Wrong Number” starring Barbara Stanwyck was playing at the Strand. Too late for the matinee? Maybe we’d ride out to the airport.

Kids always hoped for Lake Compounce. Gas was not an issue at 35 cents a gallon and a dollar’s worth would take you a long way. Always we would end up at Peterson’s Dairy on East Main St. (Now it is an Assisted Living facility.) They had great ice cream and served giant cones. Cars or people were not in a hurry on Sunday afternoon. No stores were open and there was nothing to rush to.

“An open road, a glorious day and a bright lively Buick.” 1948 advertisement

**ARBOR DAY – APRIL 28**

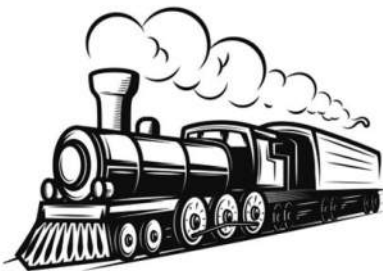
Arbor Day was the precursor to Earth Day and actually the beginning of people becoming aware of the environment. Plant a tree for the future.

**P.S. Plainville Historical Pages are in Black & White, we are starting to research when color photo’s were started. Anyone that should know please contact us at 860-747-6577. Thank you!**

### All Aboard!

“Time Was ...”  
The Last Generation of Railroaders  
in Plainville

Saturday April 22nd 2:00 PM  
at the Historic Center



Join Gary Gurske and Al Virelli who will share their memories of working on the railroad line in Plainville and surrounding area. Learn what a day in the life of a railroad crew was all about. Please register by emailing [plvhistorical@gmail.com](mailto:plvhistorical@gmail.com) and including name(s) and a phone number. Elevator access is available at the Plainville Historic Center located at 29 Pierce Street. Hope to see you!

The Plainville Historical Society has received a grant from the Connecticut Humanities for 2023. The grant helps to fund our operating costs and to continue offering the quality programs and services to which we are committed.



## PLAINVILLE HISTORICAL SOCIETY WELCOMES NEW MEMBERS

Participation and membership are encouraged. Society members are all volunteers. We love to have new people involved! Please see Membership and Support for more information. Call at 860-747-6577

Plainville  
Historical  
Society  
Welcomes  
New  
Members  
During  
The Year



29 PIERCE STREET  
PLAINVILLE, CT 06062

## PLAINVILLE HISTORICAL SOCIETY MISSION

Keeping Local History Alive Through Preservation, Inspiration, and Education. Established in 1968 under the leadership of the legendary Ruth Hummel, the Plainville Historical Society has been keeping local history alive for over 50 years. Our goal is to accomplish this through:

- \*Collecting and preserving resources including documents, photographs, memorabilia, or other objects related to Plainville or considered to be relevant Americana. Providing public accessibility to the Plainville Historic Center which the Society maintains as a research center, museum, offices, and store.
- \*Promoting interest in local history through programs, media, education, and personalized assistance with research and genealogy.



# PLAINVILLE HISTORY

## MARCH PROGRAM

The Plainville Historical Society welcomed a full house on Saturday afternoon, March 25 for its National Women’s History month program. Extensively researched and presented by Rosemary Morante, it chronicled 4 generations of women with Plainville connections who have achieved successful literary careers.

Beginning with Anna Granniss, who wrote poetry while working in the knitting mill in Plainville to support her widowed mother in the mid-1800s, to a present day 2006 graduate of Plainville High, Crystal Maldonado, who is writing children’s books with a charming Hispanic flair. In between the audience discovered Doris Miles Disney, a mystery writer; Marion Suess Ekholm, a Harlequin novelist; Margaret Wynkoop Musgrove, a world renowned author of delightful, educational children’s books; Geraldine Bronkie, a Journalist, Reporter and local Newspaper Editor; Mary Ellen Fillo Wazorko, a feature writer for the Hartford Courant; Cindy Rodriques, a children’s and young adult novel writer; and Heather Provost, now living in California, a screen writer for film & TV including Hallmark. Rosemary acknowledged their family members, classmates, and hometown friends in the audience; including members of the Wazorko family and Heather Provost’s Mom.

Rosemary spoke about interviewing the authors, many who echoed gratitude for the positive mentoring they received from teachers at Plainville High School and the encouragement to pursue the arts from Peter Peluso. Plainville can be proud of their accomplishments.

Volunteers hosted tours of the building, with the Anna Granniss exhibit being especially popular. You can check our website for further details and pictures.

## Little Known Facts About Plainville Did You Know?

***Nine streets are named for United States Presidents***  
Cleveland St., Eisenhower Dr., Grant Ave., Jefferson St., Lincoln St., Madison Ave., Roosevelt St., Washington St. and Wilson St.  
Trumbull Ave. is named for Governor Trumbull

President Coolidge’s son John married Governor Trumbull’s daughter Florence here in Plainville at the Congregational Church in 1929.

The first highway through the Great Plain was called the Hartford New Haven Turnpike also called the College Highway. It is now known as Route 10 or Farmington Ave. and East St.

***Eight Streets are named for Native Americans***  
Bohemia St., Cree Circle, Cronk Rd., Mohawk Rd., Pequot Rd., Sachem Rd., and Seneca Rd.

Bohemia St. was named for Chief Bahemi where artifacts were found in that area. Cronk Rd. was named for Cox Cronx who was the last of the Tunxis Tribe to live in that area.

The Tunxis land of the “Great Plain” was purchased and then settled by Thomas Hooker leader of the English families in the Spring of 1640 and named Farmington.

The Tunxis Native Americans welcomed the protection of the new settlers as they were often threatened by local tribes. The settlers also schooled the Tunxis natives and taught them how to plant food for their families.


One of the first Farmington settlers was the John Cook Family who rented a home and land along the Farmington Rd. He then purchased the area in 1795 and named it Cooke’s Gap as it was between the mountains. The Farmington Rd. became known as Cooke St.

John Cooke then built a home, raised mules for the Farmington Canal and started a carriage repair business. He and his wife also took in overnight travelers and provided them with food and lodging. The home changed through the years and became known as “Cooke’s Tavern” which is now “J. Timothy’s.”


A small area of Cooke’s Gap on New Britain Ave. was known as Ryder’s Park which was purchased in the 1800’s for the sport of the day, “racing .” A sand based race track for sulky horse riders was built. It became so popular they had to increase the length. A large pavilion was built to accommodate all people from across the State who attend the races. It thrived until a newer track was built in Hartford at Charter Oak Park.

*In honor of Women’s History Month, we present ...*


**“Writing Women” of Plainville**




**Anna Granniss**  
*Mill worker and acclaimed poet*




**Doris Disney**  
*Mystery writer, Doubleday Crime Club series*




**Marion Suess Ekholm**  
*Novelist, Harlequin Heartwarming series*




**Margaret Wynkoop Musgrove**  
*Author of Caldecott Medal winner From Ashanti to Zulu*




**Geraldine Bronkie**  
*Longtime Herald reporter for Plainville*




**MaryEllen Fillo (Wazorko)**  
*Courant reporter, feature writer, and columnist*



**Crystal Maldonado**  
*Young Adult novelist*



**Cindy Rodriguez**  
*Children’s and Young Adult author*



**Heather Provost**  
*Writer for film & TV including Hallmark and E! Channels*

**Saturday March 25th 1:30 PM**  
**Plainville Historic Center @ 29 Pierce Street**  
**Please register by email to [plvhistorical@gmail.com](mailto:plvhistorical@gmail.com)**

Ryder’s Park was then sold to Mr. Hart to quarry sand. He dug so deep the water level rose up creating a large pond which caused a swimming hazard and had to be sold. It was then turned into a religious summer camp. The religious order was unable to keep it up so the town purchased the land and is now known as Pad-erewski Park after the great composer.

When we became a town in 1869 the center had developed around a large knitting mill built on the South Side of West Main St. Across the street from the mill many wood framed businesses had been built to serve the community and government. At that time there was no police department, or fire department only volunteers. Any equipment they had was kept at the knitting mill.

In January the winter of 1883 disaster struck. Across the icy road a flicker of light became a roaring fire. Before any thing could be done all the West Main St. buildings had burned down. That same year in October the carriage shops on Whiting St. were also destroyed by fire. In 1884 a water company was formed and pipes were laid from the reservoir on Bradly Mountain to the center of town. In 1885 Hose Co. #1 was organized.


Plainville has two rivers named by the Tunxis as the Pequabuck and the Quinnipiac. The headwaters of the Quinnipiac start here at the base of East Mountain at Hamlin Pond which is a glacier pond that was formed during the ice age and runs South to Long Island Sound.

The Pequabuck River flows West until it gets to the center of town and then flows North to empty into the Farmington River and then into the Connecticut River. For people to cross over the river at the West End of town they built a covered bridge. The new road was called Bridge St. now North Washington St.

Along both sides of the river many farmers used the river to power saws and grind grain. Plainville Power Co. was formed to build a dam on the river in 1853 to create a mill pond called the Plainville Pond which was also used for recreation and boating. Many new businesses were then built along the river. In 1888 the covered bridge burned down and in the Spring of 1934 the dam broke after a heavy ice flow.

Plainville decided to build a new Town Hall in 1890. Here all the public services were able to be housed in one place. The Fire Dept. and Police Dept. were on the first floor. The library, government offices and courtroom were on the second floor and a community hall was on the third floor. Disaster struck again in 1917 when the top floor caught fire. The town didn’t have the money to rebuild as it was war time so a roof was built to cover the lower levels and remained a town hall until the 1970’s when the current Plainville Town Hall was built.





# Christ Is Risen!

## Easter 2023

My Dear Friends in Christ:

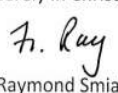
Easter is quickly drawing upon us and we as a faith community look forward to celebrate God's saving activity in the gift of the Resurrection. Christ is risen! He is truly risen!

During these final days of Lent, be sure to take the opportunity to spend some quality time in prayer with Our Lord. Let us openly walk with Jesus through Holy Week and fully embrace the passion death and resurrection of Jesus through the liturgies that are made available here at Our Lady of Mercy. All are welcomed and encouraged.

If you are unable to join us due to age or sickness, I would be happy to make a Pastoral Visit to you during the Easter Season to hear your confession and bring Holy Communion.

May the grace of the Risen Christ be with you and your loved ones. Happy Easter!

Sincerely in Christ,



Fr. Raymond Smialowski  
Pastor

**Schedule:**  
**Palm Sunday – April 2<sup>nd</sup>**  
**4:00 p.m. – Saturday**  
**8:30 & 10:30 a.m. – Sunday**  
Blessed Palms will be distributed at all Masses  
**Holy Thursday – April 6<sup>th</sup>**  
**7:00 p.m.**  
Mass of the Lord's Supper  
**Good Friday – April 7<sup>th</sup>**  
**3:00 p.m.**  
Commemoration of the Death of Our Lord  
**Holy Saturday – April 8<sup>th</sup>**  
**11:00 a.m.**  
Blessing of Easter Food in the Church  
**Easter Vigil – April 8<sup>th</sup>**  
**7:30 p.m.**  
**Easter Sunday – April 9<sup>th</sup>**  
**8:30 a.m. & 10:30 a.m.**  
.....  
**Confessions:**  
**Fridays: 5:15 p.m.**  
**Saturdays: 12:00 p.m.**  
**Tuesday April 4<sup>th</sup>,**  
*Following 8:00 a.m. Mass*  
**Good Friday April 7<sup>th</sup>,**  
*Following 3:00 p.m. Service*  
  
**Divine Mercy Sunday:**  
**April 16<sup>th</sup> – 5:00 p.m.**  
Holy Hour and Praying of the Divine Mercy Chaplet

O.L.M. Office 860-747-6825



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Plainville  
**Rotary**  
Club



PRESENTS THE

# DRIVE-IN PENNY SALE

FREE ADMISSION!!



**SATURDAY, MAY 13<sup>TH</sup>, 2023**  
(RAIN DATE: SUNDAY, MAY 14<sup>TH</sup>, 2023)

**DRIVE-IN OPENS @ 3:00 PM**  
**RAFFLE BEGINS @ 4:00 PM**

**Location:** Interstate Aviation (Robertson Airport) 62 Johnson Avenue, Plainville, CT

**\*\*NO FOOD OR DRINKS WILL BE SOLD AT THIS EVENT\*\***

**SAFETY & HEALTH PROTOCOLS ADHERED TO**

MAYBE YOU DIDN'T KNOW.....

The Plainville Historical Society welcomes small elderly unique items such as pictures, old postcards and greeting cards, small business advertising, etc. with a Plainville connection.

We have a registry of homes before 1930 with pictures. You might like to add yours. Think of us when you do your spring cleaning.

It is not necessary to be a member of the Historical Society to be a volunteer. *Stop in and introduce yourself. We would love to meet you.*

# Main Street Diner

40 West Main St., Plainville  
**860-793-1618**  
[www.MainStreetDiner.net](http://www.MainStreetDiner.net)

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**7:00 am to 2:00 pm**  
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o: 860.793.7815 NMLS #: 529402  
[psalmeron@websterbank.com](mailto:psalmeron@websterbank.com)



<b>ACCOUNTANTS</b> LaQuerre Audi 106 East Street 860-747-4559	Mangiafico's Inc. 104 East Main St. 860-793-9167	<b>FINANCIAL</b> UBI Federal Credit Union 120 Woodford Avenue 860-747-4152	<b>KITCHENS &amp; BATHS</b> Award Kitchen & Bath 2 Whiting Street 860-719-6260	<b>REAL ESTATE</b> Susan Cassile REALTOR Berarducci Realtors 860-410-9828
Robert P. Cornish 45 Lincoln Street 860-747-5657	<b>BEVERAGES</b> Lostocco's Country Liquors 136 B Whiting Street 860-747-0570	<b>FITNESS</b> Big Sky Rt. #372 East New Britain / Plainville Line 860-356-4870	<b>LAWN SERVICE/MAINTENANCE</b> Rodney Schumann 860-518-1963	<b>REHAB SERVICES</b> Apple Rehab 269 Farmington Avenue 860-747-1637
<b>AIR CONDITION Contractor</b> J R. Heating & Cooling 860-793-2685	<b>CATERERS/FOOD SERVICE</b> Gnazzo Food Center 73 East Street 860-747-8758	<b>FLOWER &amp; CRAFT</b> Good Vibes Gifts & Flowers 13 Whiting Street 860-846-6948	<b>MEDICAL</b> The Doctors Treatment Center 240 East Street 860-747-4541	<b>RESTAURANTS</b> J. Timothy Taverne 143 New Britain Avenue 860-747-6813
<b>AIRCRAFT</b> Interstate Aviation 62 Johnson Avenue 860-747-5519	<b>CHIROPRACTIC</b> Plainville Chiropractic, LLC 43 East Street 860-793-6824	<b>FUNERAL HOME/SERVICES</b> Bailey's Funeral Home 48 Broad Street 860-747-2295	<b>MORTGAGE BROKERS</b> Campbell Mortgage John Luddy Berlin, CT 860-827-1297	COji Kitchen--asian cuisine 1230 Queen Street Southington/Plainville Line 860-855-5041
Central CT Aircraft Johnson Avenue 860-747-1944	<b>CONCRETE-READY MIX</b> Tilcon 642 Blackrock Avenue New Britain 06052 860-224-6010	Plainville Funeral Home 81 Broad Street 860-747-8100	<b>MUSIC SCHOOL</b> Macri School of Music, LLC 109 New Britain Avenue 860-793-8455	Pagliacci's 333 East Street 860-793-9241
<b>ATTORNEY AT LAW</b> Mastrianni & Seguljic LLC 128 East Street 860-747-6363	<b>CONTRACTORS</b> Mizzy Construction Company 463 East Street 860-793-2289	<b>GROCERY STORE</b> Gnazzo's 73 East Street 860-747-8758	<b>Martel Music</b> <b>1 Whiting Street</b> <b>860-479-5188</b>	West Main Pizza 97 East Main Street 860-747-2724
Richard A. Witt LLC 132 East Street 860-747-1957	Labella Paving, LLC 860-8481	<b>HEATING &amp; COOLING</b> J. R. Heating & Cooling 860-793-2686	<b>NOTARY PUBLIC</b> Helen Bergenty 860-747-3905	<b>TREE SERVICE</b> Holcomb Tree, Inc. 860-747-2805 - Office 860-416-0668 - Cell
Theodore J. Wurz LLC 132 East Street 860-793-WURZ	Oak Land Developers 307 East Street 860-793-9142	<b>INSURANCE</b> All State Insurance Company 92 East Street 860-747-0886	Kathy Pugliese 860-747-2583	<b>VACUUM STORE</b> <b>The Cleanest Solution</b> <b>319 East Street</b> <b>860-410-9861</b>
<b>AUTO DEALERS</b> Farmington Auto Park LLC 433 Farmington Avenue 860-747-8420	<b>CREDIT UNION</b> UBI Credit Union 120 Woodford Avenue 860-747-4152	Edward J. McMahon Insurance Agency LLC 135 Broad Street 860-793-9204	<b>OIL DISTRIBUTOR</b> Plainville Oil Company Town Line Road 860-793-1239	<b>VEGETABLE &amp; FRUITS</b> Zarella Farms 223 South Washington Street 860-793-8611
<b>AUTO SERVICES / REPAIRS</b> Central CT Tire & Service, Inc. 465 East Street 860-793-0214	<b>DANCE WEAR</b> Dancingly Yours 125 East Street 860-793-1077	<b>JEWELRY</b> DBK Family Jewelers 165 East Street 860-747-3374	City Oil Quality Fuel Service 860-225-2575	<b>WINDOWS &amp; DOORS</b> The Window Man 860-747-8875
Gervais Bros., Inc. 166 Whiting Street 860-747-1659	<b>DENTAL</b> David R. Edelson General Dentist 92 East Street 860-398-4966		<b>OPTOMETRIST</b> Clear Horizon Eyecare, LLC 112 West Main Street 860-747-6443	
Mike's Auto, LLC 320 Farmington Avenue 860-793-2811	ELECTRICIAN Willard Electrical LLC 5 Meadowland Circle 860-205-0789		Plainville Optical 28 East Street 860-793-9378	
<b>BAKERY</b> Bolo Bakery & Cafe 33 Whiting Street 860-410-4292			<b>PET SERVICES</b> Amy's Pampered Pawlor 98 Whiting Street	



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# Hometown Religious Directory

## THE CONGREGATIONAL CHURCH OF PLAINVILLE

A congregation of the United Church of Christ  
130 West Main Street, Plainville  
Phone 860-747-1901  
*ALL ARE WELCOME!*

**Rev. Don Erickson, Senior Minister**  
Email: revdon@cccplainvilleorg  
*CHURCH OFFICE EMAIL:*  
churchoffice@uccplainville.org  
WEBSITE: www.uccplainville.org  
*WORSHIP SERVICE*

*Sunday: 10:00 a.m. In-Person Worship*  
*Sunday Services are also Live Streamed*  
*via Facebook at uccplainville*

Sunday 7:00 p.m.  
Centering Prayer Service on Facebook  
**THE PLAINVILLE THRIFT SHOP**  
**Closed Indefinitely**

## NEW COVENANT APOSTOLIC CHURCH

139 New Britain Ave, Plainville  
P.O. Box 551 Plainville, CT 06062  
**Suffragan Bishop George Knight,**  
**Pastor**  
**Elder Joseph Green,**  
**Associate Minister**  
**Phone 860-747-3128**  
Residence & FAX 860-224-9409  
Call for Schedule of Worship  
*Come, bring a friend and enjoy*  
*Jesus with us!*

## REDEEMER’S AME ZION CHURCH

110 Whiting Stree, Plainville  
Phone: 860-747-1808  
**Worship Services -**  
**Rev. Dr. Shelley D. Best**  
Sunday School.... 9:00-9:40 a.m.  
Praise & Worship.....9:45-10:00  
Church Service....10:00 a.m.  
**Bible Study**  
Wednesday..11:00 a.m. & 7:00 p.m.  
**Board Meetings**  
Senior Ushers (1st Sat before 1st Sun) 11a.m.  
Gladys Floyds Missionary Society (2nd Sun)  
Deaconess Board (3rd Sun)  
Lay Council (1st & 3rd Sat) 9:30 a.m.  
Christian Education (3rd Tues) 7:00 p.m.  
Men’s Meeting (2nd/4th Sat) 9:30 a.m.  
PEP (Every Sat) 1:00-4:00 p.m.  
Trustee/Steward (9:30 a.m. & 2nd Mon. of May)  
**Choir Practice**  
Senior (Sat before 1st Sun) 5:00 pm  
Jubilee (Sat before 2nd/4th Sun) 5:00 pm  
Mass/Youth choirs (Mon after 1st/2nd Sun) 7:00 pm

## THE TABERNACLE

*A Contemporary Christian Church*  
Sunday Church Services at 10:00 a.m.  
**“Come As You Are”**  
Worship & Healing Night  
the last Friday of Every month at 7 p.m.  
**All are Welcome, of course!**  
Visit our website at:  
www.tabernacleonline.com  
or see us on Facebook  
1445 West Street (Route 229)  
Southington, CT  
**860-276-0400**

## Faith Bible Church

168 Unionville Ave  
P.O. Box 72 Plainville, 06062  
860-747-5209  
Fax/Prayer Line 860-747-5011  
Email: fbc1902@yahoo.com  
Web: www.faithbiblelect.com  
Rev. Dr. Jim Caron, Pastor  
**Purpose:**

- To Know/Glorify/Worship God
- To follow Jesus Christ as LORD
- To Grow in GRACE
- To Understand the BIBLE/

Apply it to our lives

- To reach others for JESUS
- To be committed to the GOSPEL:

Jesus died, was buried and rose again on the 3rd day. (He LIVES)  
**Sunday Service: 10 am**  
(JOIN US: LIVE OR FACEBOOK)  
Bible Study: Tuesday  
@ 7 pm by Zoom/in person  
**Every Tues. morning at 9am we have a Scripture Study Class**

## FIRST BIBLE BAPTIST CHURCH

12 Granger Lane, Plainville  
*“Where the Bible makes the Difference”*  
Sunday Morning Impact- 9:45 AM  
Sunday Worship Service- 11:00 AM  
Wednesday Evening Service-7:00 PM  
Nursery provided for all services  
www.firstbiblelect.com  
Live Streaming Every Service  
860-793-1155  
**Brad Brandon- Senior Pastor**

## PLAINVILLE SEVENTH DAY ADVENTIST CHURCH

97 Broad Street, Plainville  
**Church Phone 860-747-5867**  
**Pastor 1-646-522-3471**  
E-mail: plainvillesda@gmail.com  
jacksonsg5@sbcglobal.net  
**Pastor Franklin Jackson**  
**Saturday Morning**  
Bible School @ 9:30 a.m.  
Worship Service @ 11:00 am.  
FREE lunch after service  
**Wednesday Evening ~**  
Family Prayer Meeting @ 6:30 p.m  
*The Lord Jesus Christ loves you*  
*John 3:16*

## GRACE LUTHERAN CHURCH

222 Farmington Ave., Plainville  
Phone 860-747-5191  
**Rev. Chris Dion, Pastor**  
Worship: Sunday at 9:00 a.m.  
Visit us at:  
facebook.com/graceinplainville  
or www.graceinplainville.org  
*“To check out our activities*  
*Or better yet,*  
*join us on Sunday!”*

## PLAINVILLE UNITED METHODIST CHURCH

56 Red Stone Hill, Plainville  
**Rev. Stephen Volpe, Pastor**  
**Church (860)747-2328**  
**Parsonage (860)747-2592**  
**Cell 1-203-232-2752**  
Email: plainvillunited@sbcglobal.net  
Website: www.plainvilleumc.org  
**Sunday Services**  
Worship Time 10:00 AM  
Sunday School 10:30AM  
**Regular Events**  
AA.....Sunday, 7 PM  
Boys Scouts...Thursday, 7 PM  
Single Purpose Women’s Group  
Saturday, 9:30 AM



**FARMINGTON- SPIRITUALIST CHURCH OF LOVE AND LIGHT**  
Meets every Sunday at 10:30 a.m. at **Bridge Healing Arts Center**  
304 Main Street, Farmington  
Each Sunday offers Lectures, healings, aasksnd spirit messages followed by coffee, light snacks and conversation with like-minded people. All are welcome. Mediums Days and special events listed on our website as they are planned.  
**For info please contact Pastor Andrea Osborn at (860) 919-7470**  
**ozzyunk@gmail.com**  
Visit our website:  
wwwspiritualistloveandlight.org  
also on Facebook: https://www.facebook.com/CongregationSCLL/

**The WELL**  
**A Spirit-Filled Church**  
**1 Northwest Drive Plainville**  
**Join us Sunday mornings at 10:30 am For Worship and the Word of God Tuesdays at 7:00 pm for Bible Study**

**An Invitation**  
You are invited to join the volunteers of the Hometown Connection.  
We need you to be in charge of contacting the member churches of the Hometown Religious Directory.  
Name your own hours.  
**Call 860-747-4119**  
For more information.

## OUR LADY OF MERCY CHURCH

94 Broad Street, Plainville  
**Rev. Raymond Smialowski, Pastor**  
**Robert Berube, Senior Deacon**  
**Parish/Cemetery Office**  
**19 S. Canal Street**  
Office Hours:  
Mon.to Thur. 9 am to 4 pm  
Friday 8am to 12:30 - Afternoons by appointment only.

**Phone 860-747-6825**

**Liturgy Schedule**  
Saturday 4:00 P.M.  
**Sunday**  
**8:30 A.M. & 10:30 A.M.**  
**Weekday Liturgy**  
Mon., Tues., Thurs., Fri. & Sat 8:00 A.M.  
**Devotions**  
Rosary-Monday-Saturday before Morning Mass  
**Sacrament of the Sick**  
Call the office for any sick person to receive the Holy Eucharist or to be anointed.

**Lent**  
**Stations of the Cross**  
will be led every Friday evening in Lent at 6:30 pm in the church  
Please check out our Facebook Page @ www.Facebook.com/ ourladyofmercychurch and our website at www.olmet.org.

**EASTER Service on page 32**

## CHURCH OF THE BIBLE

160 West Main Street, Plainville  
An Independent Fundamental Bible Church  
*“Where The Holy Bible Is Wholly Taught”*  
Phone: 860-747-1691  
**Peter A. Stonis, Pastor**

## WEEKLY WORSHIP SCHEDULE

Nursery Care is provided for all Sunday Services  
Sunday 10:00 am  
Sunday School for All Ages 11:00 am  
Morning Worship Service 11:00 am  
Junior Church Ages 4-8 11:00 am  
Evening Worship Service 6:30 pm  
Bible Study & Prayer Wednesday7:00 pm  
*For information about the church visit our website @cobplainville.org*

## PLAINVILLE HOMETOWN CONNECTION

Every home and business in Plainville receives our monthly newspaper in the mail free of charge. We publish 10 issues a year—not for August or January.  
There is no charge for churches to post worship information on our Religious Directory page or special event announcements placed throughout the paper.  
The easiest route is to e-mail your prepared posting to us. Note for the Religious Directory. We will acknowledge receipt by e-mail. It is helpful if you provide us with a contact phone number where we can reach someone, should there be any questions. If you need to contact us by phone, use 860 747-4119. It is safe to leave a message.  
You can add, change, cancel or update your post any time by e-mail. We like to receive it before the 15th of the month for the upcoming publication.  
**We welcome you to participate.**



# Pet Page


## From the

### Plainville Animal Control Desk:

It's here; the season of the "birds and the bees; the flowers and the trees"-- and the bears. Early spring, and the wild animals that hibernate are returning to our world. We have already had several sightings of bears in Plainville. Pay special attention to securing your garbage. Don't try to feed them, it does not help them.

It is still illegal to hunt bear in Connecticut. The General Assembly has just recently passed over even considering the limited hunting of bear. It is time for bird watching. There are 23 different birds of prey found in Connecticut. The most common hawk in North America is the highly adaptable RED TAIL HAWK. They are comfortable in many habitats and will eat anything available, but they prefer rodents and squirrels. The COOPERS HAWK can be found year round here. It is known for its agility and speed in the air. They will steal farmer's chickens and eat rodents and small animals. The ROUGHLEGGED HAWK spends winters here. They are very well adapted to the cold. During warm months they travel north to the arctic circle. They are excellent hunters and eat small mammals and rodents. PEREGRINE FALCONS are migratory visitors to eastern Connecticut. Amazing acrobats and excellent hunters, they can reach speeds of over 200 mph, making them the fastest animal on the planet. They feed exclusively on other birds. The BALD EAGLE is the most recognizable bird in America. Usually found in Connecticut in the winter months. Fish is their food of choice, but they will eat rabbits, snakes and other small animals. The EASTERN SCREECH OWL is one of the smallest owls found in Connecticut. They live in cities and highly developed areas. This allows them to avoid larger owls and other predators. They are strictly nocturnal, which reduces their interactions with Humans. The GREAT HORNED OWL lives year round in Connecticut. This is one of the largest owls in America. Its primary diet includes rabbits and rats, but it is known to go after anything it can overtake, including larger reptiles and other birds. The BARRED OWL is native to North America and can be found year round here. It is a large opportunistic predator and is known to prey upon other small birds. The OSPREY is a medium-large bird of prey that is found near bodies of water. It is the only bird of prey in Connecticut that has a strictly fish- only diet. They can catch and devour up to ten fish a day.

**IT IS NEVER SAFE TO ALLOW YOUR SMALL PETS OUTSIDE UNSUPERVISED. NOT EVEN FOR A FEW MINUTES.**

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## For Information About Rabies

**Department of Agriculture**  
**Animal Control Division**

**860-713-2506**

**[www.ct.gov/dph](http://www.ct.gov/dph)**



**Share with us  
some pictures  
of your pets  
and their  
thoughts about  
you...**



### DID YOU KNOW?

Did you know that you can adopt an animal from the Plainville pound on Granger Lane? When you choose to consider our animals, you can rest assured that it has had its shots up-to-date and has been neutered. While in our care, all pets are monitored for temperament, habits, and interactions with people and other animals. We will answer your questions honestly and share whatever history on the pet is available. It is our goal to achieve happy homes for all.

Did you know that our animals are affordable? There is sometimes a minimal fee, **often none**.

### PPAWS ANNUAL BOTTLE RETURN DRIVE

Our annual bottle return drive to benefit Plainville Paws will begin on April 1. You can bring your bagged returns directly to the Plainville Pound during working hours. Questions? Call us at 860 747-1616. The GPS address is 29 Granger Lane, 06062.

Thank you for continuing to support our mission; caring for animals in distress.

### PLAINVILLE PET CEMETERY

To honor your beloved pets, the Plainville Cemetery Association Pet Cemetery is at the West Cemetery 180 North Washington Street.

Located in a wooded area behind the office.

For information, call Plainville Cemetery Association at  
**(860)747-2314**

**Veterinary Urgent  
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fax (860) 407-0336 19 Pine Street, Plainville CT

call or text (860) 321-1420 [www.plainvillevet.com](http://www.plainvillevet.com)

email [veterinaryurgentandwellcare@gmail.com](mailto:veterinaryurgentandwellcare@gmail.com)

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## VCA Old Canal Animal Hospital

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42 minutes (.7)	193.28
48 minutes (.8)	218.09
54 minutes (.9)	242.88
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**Helicopter - Robinson R44**



30 minutes (.5)	\$425.00
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42 minutes (.7)	595.00
48 minutes (.8)	680.00
54 minutes (.9)	765.00
1 hour (1.0)	850.00

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