## Ginville's Hometown Connection Serving the Community for 27 years....working for a Better Plainville! Circulation over 9,500 ~ mailed to EVERY HOME & Business in Plainville

\*\*\*ECRWSS\*\*\*

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NEW EMAIL: plainvillehometown@gmail.com Check out our Online Edition at:

www.plainvilleshometownconnection.com





DRIVE-IN OPENS @ 3:00 PM RAFFLE BEGINS @ 4:00 PM

Location: Interstate Aviation (Robertson Airport) 62 Johnson Avenue, Plainville, CT

\*\*NO FOOD OR DRINKS WILL BE SOLD AT THIS EVENT\*\*

**SAFETY & HEALTH PROTOCOLS ADHERED TO** 

#### **Memorial Day Parade** Grand Marshall ~ Earle L. Jackson

This year the Memorial Day Association of Plainville takes great pride announcing the selection of this year's Grand Marshall. We have as in past years looked at several possible candidates for this honor. Earle L Jackson Sr Aka Doc

Jay has been chosen. See page 10 for a description in his own words of what has been happening in his life is.



#### **Celebrating St Patrick's Day** March 17th at Gnazzo Food Center



**Pictured with Leprechaun** Lena Ciccio, (Webster's Dictionary, *An elf in Irish forklore* who can reveal hidden treasure to the one who catches her/him) are Gnazzo's employees Kathy Favreau, Steve Shumbo and James Petit.

#### PLAINVILLE MEMORIAL DAY ASSOCIATION ESTABLISHED 1883

#### **Special Announcement**

The parade will kick off at 9:00 a.m. at the corner of Whiting and Broad Streets on Monday May 29th. Our Parade route is changing in the Center of Town. We will turn from West Main at the Town Hall on to Whiting Street. Then proceed south to Broad Street. All Marchers are being asked to march past the Post office and to what will be the protected corner of Broad Street where they can use the sidewalks (left & Right to disperse on). Starting points for groups to stage for the parade will be coming to Contacts by email and or phone. As in the past most groups will be lining up along Broad Street between East and Whiting. There are exceptions, which Leaders are already aware of. This year's parade could be somewhat larger than recent years if all the groups entered to fill out. It is not too late for your group to enter the parade. Contact Dave Dudek 860-559-1860 or Dan Hurley 860-914-0927

## 2023-2024 Budget Approved By Voters - Details on Page 22





Ask Us About the SIMPLE Process of... Transferring Existing Pre-Arrangements • Traditional, Burial, Cremation & Life Celebration Services • Monuments & Markers • Pre-Planning

Blaire Bouchard Funeral Director / Embalmer Andrea Wasley, CFSP Owner / Funeral Director

81 Broad Street • Plainville, CT

860-747-8100

"When you pass by our facility, it's nice knowing the owners are right inside."

www.PlainvilleFuneralHome.com



Pick up a bottle of wine!

Take a winemaking class!

Sign up for a wine tasting event.

10 Robert Jackson Way, Plainville Monday-Friday 9-4 Saturday 10-2 860-793-2700 www.northeastwinemaking.com

## MIKE'S AUTO SERVICE

320 Farmington Ave. (Rt. 10) Plainville, CT 06062

860-793-2811

Our Family to Yours \*\*Drive with Care\*\*

Happy Mother's Day!!

Come See Us for your Check Up!!

Friendly Service YOU can **TRUST**. We will work hard to earn your **TRUST**.



## MikesAutoPlainville.com

#### PLAINVILLE COMMUNITY NEWS, INC.

Helen Bergenty President VP/Publisher Jeannette Hinkson Sec/Treasurer Kris Dargenio

#### PLAINVILLE HOMETOWN CONNECTION

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Deb Hardy **Copy Writer** Helen Bergenty Layout / Design Kris Dargenio Kathy Pugliese

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MykeRoy'IKnowaGuy' Raymond Cormier, "Make My Day" Physical Therapy, Kevin Connellan

Dr. Miklosz, "Cannabis" Pat Lostocco

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Dale Nightingale Janice Eisenhauer Helen Bergenty

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This paper is published monthly as a service to the citizens of Plainville, Connecticut by Plainville Community News, Inc. It is a non-profit, 501C, all volunteer group of residents who are interested in informing our citizens of community activities and local news. All positive contributions are welcome and will be printed subject to the approval of the staff on a space available basis.

#### ~ ADVERTISING ~

To place your advertisement contact us: TEL: (860) 747-4119

> SUBMISSIONS: Postal Address

Plainville Community News, Inc. 27 Sherman Street Plainville, CT 06062-0387

EMAIL: plainvillehometown@gmail.com **OUR WEBSITE:** Complete Paper

www.plainvilleshometownconnection.com All contributions, news items and advertisements may be dropped off in the box at 27 Sherman Street or sent to the above email address.

#### ~ ADVERTISING ~ **Business Card Ads \$25.00**

to place your Business Card ad, just e-mail it to us & we will send you an invoice OR.....for Display Ads and Rates Call: 860-747-4119 Deb Hardy, Laurie Peterson Ray Cormier or Cassandra Clark

Deadline for submission is the 15th of every month. Call us for a quote on your special advertisements. Tabloid Size Paper (11 x 17). Printed 10 times a year.

Each issue is mailed FREE to every Plainville household & business. Circulation is 9,500.

#### <u>NEXT ISSUE WILL BE</u> **JUNE**

#### **DEADLINE IS:**

MAY 15th

Happy Mother's Day

Do you have a family member or friend in the Armed Service?

Did you know that they could receive the Hometown Connection FREE each month?

Just e-mail their name and address to:

#### plainvillehometown@gmail.com

or Mail to:

**Hometown Connection** 27 Sherman Street Plainville, CT 06062

Give someone who lives out of Town, State or Country

a gift that lasts all year......

A Subscription to the **Hometown Connection for ONLY:** 

\$25.00 for the First Class Postage

Make check payable & Mail to: Hometown Connection 27 Sherman Street Plainville, CT 06062

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## Dates to Remember in... **MAY**

VE Day......Mon. 8th Mother's Day....., Sun.14th Armed Forces Day......Sat. 20th Shavuot begins at Sundown...... Thu. 25th

## Always Remember.....

#### Your Anniversary & Spouse's Birthday!!

To share your special celebrations FREE, just email to:

plainvillehometown@gmail.com or send to:

Plainville Hometown Connection 27 Sherman Street, Plainville, CT 06062

**Non-Emergency** 

SEE SOMETHING---SAY SOMETHING!

call Plainville Police 860-747-1616

> **Emergency** 911

#### **Plainville Property Tranfers**

115 S Washington St: T Acquisitions LLC of Plainville to 115 South Washington Street, \$975,000 on 1/3/2023

45 Reliance Rd: Lester Title LLC of Plainville to Volodymyr Skral, \$310,000 on 3/15/2023

350 Camp St: Kenneth A. Meyer of

Plainville to Jesah Bishop, \$320,000 on 3/15/2023 8 Harvest Ln Unit 8: Bryan J. and Brie

A, Campbell of Plainville to Pramod C, Sendanayake and S P. Wickramarathne, \$490,000 on 3/15/2023 97 Trumbull Ave: Adam Tokarzewski of

Plainville to Ewa Tokarzewska, \$392,000 on 3/21/2923 69 Northwest Dr Unit 17: Magnoli

Eelanore A Est and David Magnoli of Plainville to Maclej Murat, \$170,220 on 3/21/2023

6 Elizabeth Ct: Property Development LLC of Plainville to James M. Rondini and Jacqueline Rodriguez, \$320,000 on 3/21/2023

102 Willow Brook Dr Unit 21: Newport Willow Brk Paet of Plainville to Doris and Edward F. Connole, \$419,305 on 3/21/2023

152 Willow Brook Dr Unit 33: Newport Willow Brk Partr of Plainville to Joanne Z. and Thomas A. Diesel, \$425,888 on 3/21/2023

385 Camp St: Cory Duksa and Samantha B. Gels of Plainville to Eastwood Meadows LLC, \$415,000 on 3/21/2023 301 Farmington Ave: Drew Family Lp of Plainville to 301 Farmington Ave LLC,

466 East St Unit 88: Barbagallo Joseph L. Est and Mary Barbagallo of Plainville to Candice Johnson, \$160,000 on3/23/2023

\$475,000 on 3/23/2023

N/A Queen Realty LLC of Plainville to 3 Squared LLC, \$500,000 on 3/30/2023

1 Bushel Rd Unit 1: Stephjanie W. Reis of Plainville to Kelsey Millman, \$415,000 on 3/28/2023

71 Russell Ave Unit A8: Wojtekk and Lucyna Sztachelski of Plainville to Catherine A. Sisti, \$191,150 on 3/29/2023

55 Whiting St Unit 3D: Vito S. and Jane S. Giannini of Plainville to Aleksandar and Natasa Lazarevic, \$85,000 on 3/29/2023

138 Willow Brook Dr Unit 32: Newport Willow Brk Partner of Plainville to Robin A. and John F. Gaskin, \$496,816 on 3/31/2023

125 Willow Brook Dr Unit 27 Newport Willow Brk Partne of Plainville to Diane M. and Matthew A. Greene, \$461,219 on 4/4/2023 65 Farmington Valley Dr: Spectrum

Development LLC of Plainville to 65

Farmington Valley LLC, \$950,000 on 4/4/2023

52 Bartlett St: Tylon J. Hampton of Plainville to Shuaib M. Shaik, \$350,000 on 4/3/2023 15 Metacomet Rd: Robert D. Crandall

of Plainville to Rita Collins, \$330,000 on 4/3/2023 138 Cooke St: Rajotte Paul J. Est and

Sarah Krystock of Plainville to Omar Dejesus, \$320,000 on 4/4/2023

37 Woodside Ln: Julio A. Sanchez of Plainville to Gateway Palms LLC, \$210,000 on 4/3/2023

> Questions Asked? Here are some Answers! If you have any questions,

Email to: plainvillehometown @gmail.com

call 860-747-4119

Unable to Attend a **Town Council Meeting?** If you have an issue, you would like to discuss with the Council or a Councilor, just call 860-793-0221 ext. 8703 Leave your name, phone number, & the Councilor you wish to contact you.

#### Steps to Be Taken by Property Owners --When Sewage Back-up Occurs

If a back-up occurs during business hours call: Normal

Business Hours – Monday – Friday 7:00am – 3:00pm Water Pollution Department: (860)793-0221 Ext. 6518 If a

back-up occurs during non-business hours call:

Non-Business Hours – Nights, Weekends & Holiday

Plainville Police Non-Emergency Line: (860)747-1616

Once contacted a WPC Maintenance crew will be notified of

the situation and will arrive to determine if the backup is from the main sewer line. If it is, they will clear it. If the blockage is not in the main sewer line then the WPC Maintenance crew will direct the property owner to contact a local contractor.

Send Letters,

News & etc. to:

plainvillehometown@gmail.com

Thank You.....

**Plainville Community News** 

27 Sherman Street,

Plainville, CT 06062 Phone 860-747-4119

## Take a peek...

Town Manager's Report.....4 & 5 Schools in Review......12,13,14 &15 Cross Word Puzzle.....8

Jake Sports Talk......24 Obits......20, 21 &22

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**Historical Society......30 &31** 



## MICHAEL PAULHUS, TOWN MANAGER'S REPORT TO TOWN COUNCIL APRIL 3, 2023 & APRIL 17,2023

#### Town Council Meeting April 3, 2023 Town Manager Report:

#### **Charter Revision Update**

- The Charter Revision Commission recently completed their mandatory review of the entire Charter including the three items charged to them by the Town Council. The Commission has not officially recommended any revisions but are on schedule to submit their final report to the Town Clerk on June 5th.
- The Assistant Town Manager, Assistant Town Attorney, and Town Clerk are drafting new language and providing clarification for certain sections of the Charter. They will make a presentation to the Commission at the next meeting. A special meeting of the Commission is likely to be called for Monday, April 17th to review the information provided by Town staff.

#### **Aviation Commission Update**

- Repair of the Administration Building Roof
  is underway. Simon Roofing is waiting for
  materials to be delivered. When this happens,
  they will schedule the project with the Town for
  the work to proceed.
- Interstate Aviation reported a roof leak on the Maintenance Hangar. The Town's Buildings and Grounds division identified the cause of the leak to be an exhaust vent and applied a temporary solution (silicon) around the problem area. The roof is still under warrantee, and Ultimate Construction was called out to repair the leak. They visited the Airport last week and will investigate again after the next big rain event.
- The Food Truck Battles will no longer be taking place at Robertson Airport. The organizers informed the Town that they have decided to move their event back to their original location in Naugatuck.
- The Nex-Gen Car Show is still on schedule for Saturday, April 30th from 12-6pm. Nex-Gen anticipates making a \$5,000 contribution to a Plainville charity upon the completion of the event. This amount is based upon the anticipated revenues and can be adjusted if there is inclement weather.
- There are discussions underway regarding a Tribute for William V. O'Leary. The Assistant Town Manager and the Superintendent of Buildings and Grounds are exploring tree options and memorial plaques.
- The Joint Robertson Airport Lease Negotiations Sub-Committee has been meeting regularly in Executive Session to review the current lease agreement with Interstate Aviation and negotiate terms for a new agreement. The Sub-committee is evaluating the services of a consultant to assist with reviewing the structure and components of the lease.

## Farming Canal Heritage Trail Alignment Update

- The Farmington Canal Trail currently ends in Plainville at Northwest Drive in the vicinity of Johnson Avenue. From this location the trail must be extended southerly. No practical corridor exists easterly of Johnson Avenue.
- The Town owns various parcels between the current trail terminus and Route 177 southerly of Northwest Drive. As a result, utilizing the Airport Property, Perron Road, Tomasso Nature Park, landfill property, DPW property and various open space properties were considered the most practical trail corridor.
- Recently, the Conservation Commission has reintroduced their objection of using Tomasso Nature Park. Their latest objections seem to

- center around the separation of the two facilities and how more activity in the area will disturb the character of the park. The proposed trail corridor skirts the easterly limits of Tomasso Nature Park utilizing an existing path.
- Absolute separation between the two facilities, (multi-trail and Nature Park) can be achieved only with fencing and landscaping. Certain types of fencing would not be allowed because it would restrict the movement of wildlife, (Regulatory Issue), thus, a split rail fence and landscaping or a low beam fence and landscaping are the likely fencing/landscaping alternatives.

#### **Honor Heights Sewer Extension Project Bid**

- The original cost estimate done by the Town Engineer more than 18 months ago targeted a range of \$1,500,000 2,000,000.
- The town recently opened bids for the project and of the seven (7) proposals received, the apparent low bidder submitted a bid of \$1,186,260.
- Tighe & Bond Consulting is assisting with the review and once they have completed their due diligence a recommendation will be made to the Town Council.
- A recommendation is expected for the April 17th Town Council meeting and if awarded, the project is estimated to begin in June 2023.

#### **Fair Housing**

- April is designated as Fair Housing month.
   As a recipient of Small Cities Community
   Development Block Grants, the Town has an ongoing obligation to acknowledge our commitment to Fair Housing.
- There are three items under New Business that would: 1) re-adopt a resolution entitled "Fair Housing Resolution"; 2) re-appoint the Town Manager as the Fair Housing officer and authorize him to sign and implement the "Fair Housing Statement"; and 3) authorize the Town Manager to sign and implement the "Title VI

#### **Happenings**

Reported at the Town Council Meeting on April 3, 2023

## Andy Cirioli, Assistant Town Manager The Transfer Station on Granger Lane

is set to open for the season this Saturday, April 8, 2023. The hours of operation will be on Saturdays, only, from 8am-3pm. The transfer station is for Town of Plainville residents, and an ID is required. No commercial vehicles or businesses are permitted to discard material.

There is a fee for the disposal of items. Please refer to the Town's website under "Transfer Station Ordinance" for fees and list of items accepted.

Please direct any questions to Public Works Administration at (860) 793-0221 ext. 7176.

#### SPRING BULK PICKUP

Spring Bulk Pickup is scheduled to start next Monday, April 10, 2023 and end on Monday, June 26, 2023.

Plainville has an on-demand policy for the collection of bulk pickup. Residents who currently have curbside rubbish and recycling collection are eligible to receive one bulk pickup per calendar year free of charge for acceptable large items that do not fit in normal waste collection.

Please visit the Town of Plainville website at www.plainvillect.com for a complete list of acceptable bulk items and instructions on how to request a pickup.

#### RECREATION DEPARTMENT

Registration for Summer Programs for Plainville Residents opened today, April 3, 2023. Non-Residents can sign up for programs beginning on Monday, April 17, 2023.

View more information and register online at PlainvilleCT.recdesk.com. The Summer Brochure has been posted to the Town of Plainville's and the

#### Plainville Recreation's Facebook pages

Pavilion Rentals and Season Pool Passes are available for the public starting today, April 3, 2023.

Berner Pool is set to open on Sunday, June 11, 2023

Tommaso Nature Park is now open for the season. Please call the Recreation Department at (860)747-6022 if you have any questions.

#### BOTTLE AND CAN DRIVE – POLICE DEPARTMENT

Animal Control along with Plainville PAWS is having a bottle and can drive running through the entire month of April. Bottles and cans can be dropped off at the Pound on Granger Lane from Monday – Friday, 8:00 AM – 3:00 PM.

#### HIDDEN IN PLAIN SIGHT – YOUTH SERVICES

Plainville Youth Service's Coalition for Positive Youth Development is sponsoring the Hidden in Plain Sight mock bedroom during the Superintendent's Showcase on Thursday, April 20th from 6:30 PM to 8:00 PM.

Hidden in Plain Sight is an interactive presentation for adults and parents to raise awareness of signs that may point to risky adolescent behaviors. Open to adults only, this program recreates a mock teenagers bedroom (or backpack) that parents, grandparents, educators, caregivers and other adults can explore to identify hidden drug paraphernalia, and warning signs associated with drug or alcohol abuse by a teen.

There will also be a Mental Health Resource Boulevard that will be taking place, showcasing service providers that help our Youth with various topics such as mental health, substance abuse, trauma, grief, etc. There will be informational flyers and resources available to take away. Service Providers will be available to answer basic questions and connect your loved ones with help.

#### SENIOR CENTER

For information on Senior Center programs, call the Plainville Senior Center at 860-747-5728. All programs are free and open to the public unless otherwise indicated.

COVID-19 BIVALENT BOOSTER CLINIC – OPEN TO THE PUBLIC – WALK INS ONLY

- MONDAY, APRIL 10, 9:30 AM 12:00 at the Plainville Senior Center
- Clinic made possible through a grant received by Wheeler Clinic from the US Department of Health and Human Services.

#### **CAREGIVING CONNECTIONS**

- TUESDAY, APRIL 11, 10:00 AM
- Individuals providing 24/7 care are invited to join this support group to discuss their experiences and challenges.

#### CLOWNIN' AROUND COME MEET VALENTINE THE CLOWN

- WEDNESDAY, APRIL 12, 1:30 PM
- Valentine will demonstrate makeup application, discusses Clown Life and entertain with balloons and magic. Circus treats served too!

#### BREAKFAST CLUB – MEN AND WOMEN INVITED

- TUESDAY, APRIL 18, 9:00 AM
- An informal breakfast at a local Plainville restaurant with a great group of friends. You'll order (and pay on your own) off the menu.

Town Manager's Report & Happenings of April 17

Continued on page 5

#### Town Council Meeting April 17, 2023

#### **Town Manager Report**

#### **Honor Heights Sewer Extension Project Bid**

- At the last meeting, I reported that the town opened bids for the project and of the seven (7) proposals received, the apparent low bidder submitted a bid of \$1,186,260. That low bidder is Ludlow Construction of Ludlow, Mass.
- Tighe & Bond Consulting along with the Town Attorney assisted the Town Engineer with the review of the low bid. The team has completed their due diligence and is recommending the award of the project to Ludlow Construction.
- There is an item under New Business to award Bid #2023-15E, Honor Heights Sewer Extension Project to Ludlow Construction in the amount of \$1,186,260.
- In addition to the award of the bid for construction, it is also recommended that the Town Council set a "Preliminary Assessment" on the property owners and the recommendation is \$10,000. There is an item under New Business to authorize the Town Manager to file notices on Plainville Land Records stating that a \$10,000 preliminary sanitary sewer assessment is pending for the (80) properties affected by the Honor Heights Sewer Extension Project. A final assessment will be set after the project is completed.
- The construction is estimated to begin in June 2023.

#### 2023 Neighborhood Assistance Act

- The 2023 Neighborhood Assistance Act is a Tax Credit Program designed to provide funding for municipal and tax-exempt organizations by providing a corporate business tax credit for businesses which make cash contributions to these entities.
- Interested organizations must mail a completed application form to the Town for review by 3:00 pm on April 19, 2023. A fillable form is available on the DRS website.
- As part of the application process the municipality must hold a public hearing on all programs and must vote to approve all applications.
- There is also an audit feature that is triggered if any organization receives a contribution that is more than \$25,000.
- There is an item under New Business to establish a public hearing for May 1, 2023, at 7:00 pm to hear public comment on the proposals.

#### Farmington Canal Heritage Trail Alignment Update

- The Farmington Canal Trail currently ends in Plainville at Northwest Drive in the vicinity of Johnson Avenue. From this location the trail must be extended southerly. No practical corridor exists easterly of Johnson Avenue.
- A slight modification of the trail alignment has been made along the perimeter of Perron Road

- which will hug the property line. This will require the removal of several Pitch Pine trees that form along the property border and wrap around to Johnson Avenue. (See revised map-north section)
- The second area of modification involves Tomasso Nature Park. Recently, the Conservation Commission has reintroduced their objection to using Tomasso Nature Park. Their latest objections seem to center around how more activity in the area will disturb the character of the park. The proposed trail corridor skirts the easterly limits of Tomasso Nature Park utilizing an existing path.
- Separation between the two facilities, (FCHT and Nature Park) can be achieved by removing the previous proposal for access points to the park and install fencing and landscaping. Certain types of fencing would not be allowed because it would restrict the movement of wildlife, (Regulatory Issue), thus, a split rail fence and landscaping or a low beam fence and landscaping are the likely fencing/landscaping alternatives. (See attached maps)
- There is an item under New Business to approve the recommended changes to the alignment with respect to the section on Perron Road and Johnson Avenue and the fencing and landscaping to deter access to Tomasso Nature Park.
- A work session is recommended for the Town Council for the May 1, 2023, meeting in order to review the timeline and status of all three phases of the FCHT.

#### **Propose Ordinances on Tax Payments**

- Sarah Carey has been working on two new ordinances related to tax payments. The first ordinance would give the tax collector the authority to waive small balances under \$5.00. There are various reasons the tax office ends up with accounts that owe small amounts that would be more costly to collect than the revenue received.
- CGS 12-144c allows a municipality to adopt an ordinance to waive no more than \$25.00. I agree with Sarah that having a threshold of \$25.00 seems excessive. Based on research of other municipal ordinances under this statute \$5.00 appears to be the most common amount.
- The second ordinance pertains to refunds. Pursuant to Connecticut General Statute 12-129 the tax collector is authorized to retain any payment in excess of the amount due of any property tax, interest or lien fee which is less than five dollars (\$5.00), whenever the tax collector determines that the administrative cost of issuing the refund is likely to exceed the amount of the refund.
- However, if a taxpayer (for example) has an overpayment on an account of \$3.00 and has an open balance in the same name on something else the tax office would then transfer the \$3.00.
- There is an item under New Business to set a public hearing date for the two proposed ordinances.

## **Happenings**

Reported at the Town
Council Meeting on
April 17, 2023
Andy Cirioli, Assistant
Town Manager
ANNUAL BUDGET VOTE

The annual all-day budget vote is scheduled to take place on Tuesday, April 25, 2023 from 6:00 AM – 8:00 PM at the Plainville Fire Station.

## HISTORICAL SOCIETY - "TIME WAS" OUR LAST GENERATION OF RAILROADERS

The Historical Society is hosting an event called, "'Time Was" Our Last Generation of Railroaders" on Saturday, April 22, 2023 at 2:00 PM at the Plainville Historic Center at 29 Pierce Street.

Retired freight line worker, Al Virelli, and retired ticket master, Bill Sample, will share memories of working on the railroad line in Plainville and surrounding areas.

Please register in advance by emailing plvhistorical@gmail.com.

#### PUBLIC LIBRARY Caterpillar Activities for Youth

- The Library's Youth Services
  Department will begin raising
  caterpillars during the week of
  April 24th. Library visitors can
  watch them morph into butterflies
  during the month of May.
- To coincide with the caterpillar's arrival, the Youth Services Department will have a Beaded Caterpillar Drop-In Craft during library hours the week of April 24th for ages 5+ with caregiver.

#### **New Britain Symphony Orchestra** presents the Beatles String Quartet

- Wednesday, May 10th at 6:30pm
- The New Britain Symphony Orchestra presents the Beatles String Quartet; performing songs made famous by the iconic band. Visit the library's calendar plainvillect.com/library to register. Hotspots and Chromebooks Available for Checkout
- The Library has hotspots and Chromebooks available for checkout to anyone 18 years or older with a valid CT library card.

#### POLICE DEPARTMENT NATIONAL PRESCRIPTION DRUG TAKE BACK DAY

National Prescription Drug Take Back Day is Saturday, April 22, 2023 from 10AM to 2PM. This day provides a safe, convenient, and responsible means to dispose of prescription drugs, while also educating the general public about the potential for abuse of medications.

If you cannot make it on April 22nd, the Plainville Police Department always has a disposal bin in their lobby for Plainville residents to dispose of prescription drugs.

For more information: https://www.dea.gov/takebackday.

#### YOUTH SERVICES HIDDEN IN PLAIN SIGHT

Plainville Youth Service's Coalition for Positive Youth Development is sponsoring the Hidden in Plain Sight mock bedroom during the Superintendent's Showcase this Thursday, April 20th from 6:30 PM to 8:00 PM.

Hidden in Plain Sight is an interactive presentation for adults and parents to raise awareness of signs that may point to risky adolescent behaviors. Open to adults only, this program recreates a mock teenagers bedroom (or backpack) that parents, grandparents, educators, caregivers and other adults can explore to identify hidden drug paraphernalia, and warning signs associated with drug or alcohol abuse by a teen.

There will also be a Mental Health Resource Boulevard that will be taking place, showcasing service providers that help our Youth with various topics such as mental health, substance abuse, trauma, grief, etc. There will be informational flyers and resources available to take away. Service Providers will be available to answer basic questions and connect your loved ones with help.

#### SENIOR CENTER

For information on Senior Center programs, call the Plainville Senior Center at 860-747-5728. All programs are free and open to the public unless otherwise indicated.

Snappy Seniors Photography

- Thursday, April 20, 10:30 AM
- Join this event where participants will share photos of their favorite events or activities.

#### events or activities. Veterans Social Hour

- Tuesday, April 25, 9:30 AM
- Conducted by Sherri Vogt, Veteran's Liaison for Hartford HealthCare Senior Services. FOR ALL VETERANS OVER 60 AND THEIR SPOUSES.

#### **Healthy Bodies Series**

- Tuesday, April 25 2023 at 10:00 AM to 11:00 AM & continues weekly through May 30
- Join Karen Pagliaro, RN in exploring healthy eating habits that can assist you in losing or maintaining weight & can help move your body in a healthier direction. Share recipes, enjoy a healthy meal together, welcome guest speakers, & investigate techniques to reduce stress eating all in a welcoming and supportive atmosphere. Meal planners will be shared.

#### Memory Café at the Senior Center

- Thursday, April 27, 2:00 PM
- Memory Café is a warm & welcoming program for individuals with memory loss. Anyone experiencing memory loss is welcome to attend with their loved one or caregiver.

## Book Buds - April Book: "A Splendid Ruin" by Megan Chance – FOR MEMBERS ONLY

• Friday, April 28, 10:00 AM

## Kentucky Derby Lunch & Party

Thursday, May 4

#### 12:00 PM —1:30 PM COST: \$8.00. SIGN UP

• A fun afternoon of eating and "betting" on the horses! Lunch will feature Kentucky Style Fried Chicken Tenders, Potato Salad, Cornbread, and Pecan Pie. There will be prizes and treats as well.

#### THE TEA PARTY CREED...

"I am not a racist, I am not violent I will not be silent"

Pd. for by: The members of the Tea Party

UNABLE TO ATTEND TOWN COUNCIL MEETINGS? If you have an issue you would like to discuss with the Council or a Councilor? CALL: 860-793-0221 ext. 8703

Leave your name and phone number and ask for a Councilor to contact you.

#### From the Desk of: Cal Hauburger

Economic Development & Special Projects Coordintor

Fair Housing - April is known as Fair Housing Month. Plainville has been a recipient of multiple Community Development Block Grants from the Department of Housing over the years, with funding focused, in part, on development of infrastructure, housing rehabilitation, and homeowner assistance. To remain eligible for current and future funding, the Town is obligated to reaffirm, on an annual basis, several efforts to promote and support Fair Housing and Equal Opportunity for our residents. At their April 4th meeting, the Town Council formally reviewed and approved these actions. Executed documents will be available in the Municipal Center, on our website, and distributed to various real estate agents, brokers, and lenders throughout town.

White Oak - Along with the Town Attorney, my office is continuing to work with DECD to complete a checklist of documents that will lead to the finalization of the Financial Assistance Agreement (FAA), releasing the awarded Brownfield Grant funding, allowing the Town to seek reimbursement for eligible expenses dating back to the original award. Additionally, Tighe Bond has completed supplemental assessment sampling and reporting. Bid documents are in the process of being drafted in consultation with DECD guidelines and should be ready for issuance later this spring. Once the FAA is executed, the hope is that the project will regain further momentum, moving us towards purchasing the property from the Toffolon Estate and subsequent sale to MNR.

Americold - The Building Department issued a Certificate of Occupancy to Americold as they have completed construction for their warehouse at 24 Northwest Drive. I have begun drafting the Tax Fixing Agreement (TFA) approved by the Town Council in a Memorandum of Understanding back in 2021. Once approved by the Town Attorney's Office, I will present it to the Town Council at the next available

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meeting for formal approval. The abatement will be applied starting at the next available Grand List. Americold continues final build out of internal operations and has started to advertise for a number of open positions.

Farmington Canal Heritage Trail -Design efforts continue between the Town and Department of Transportation for the Farmington Canal Trail. Conversations occurred between the Town, Conservation Commission, residents, and DOT where a decision was made that the trail will not run through Tomasso Nature Park as previously thought and instead will be designed around the park. This decision will allow the Nature Park to remain a haven for various species and allow the area to remain a quiet preserve as initially intended. Progress is also being made in working towards finalizing the Phase 1 layout, which will connect the trail from the Southington town line into Norton Park.

#### Miscellaneous -

The Town Council has completed public hearings and have finalized their proposed budget for FY24. An all-day budget vote has been set for April 25th. I have had conversations with Joe Klepacki about his intentions to resign from the Economic Development Agency. I would like to personally thank Joe for his years of volunteering for the Town and wish him all the best moving forward.

The EDA will soon have two vacancies: one Alternate and one Regular Member. While the Town Manager's Office advertises these openings, I do ask that you keep in mind the opportunity and encourage anyone you think may be a fit to contact the Town Manager's Office for an application.

That is all for this month's update. If you have any questions, please contact me.

Thanks, Cal Hauburger **Economic Development &** Special Projects Coordinator **Town of Plainville** One Central Square, Plainville, CT P: (860)793-0221 x7178 hauburger@plainville-ct.gov

#### **Mysteries to Diet For**

By Francis Rexford Cooley I enjoy a good mystery. My father introduced me to Philip Marlowe, Raymond Chandler's famed private-eve nearly a half century John D. MacDonald, Ross MacDonald, Dick Francis, Agatha Christie, Robert B. Parker among others all provided me my mystery respites between reading history after history in college and graduate school. While I was mainly a fan of hard-boiled mysteries like Chandler and Mickey Spillane I did enjoy the classic 'Who Done Its" featuring Hercule Poriot or Sherlock Holmes. However with the emergence of the psychological thriller best exemplified by Thomas Harris' Hannibal series the traditional hard boiled mystery villains have been effectively replaced by psycho-killers and serial killers. I like my mysteries with a "who done it?" element I can understand, which is usually sex, money, power, not psychology. So where is a mystery fan like me going to go? Well I'm not following the Yellow Brick Road (different genre of fourteen books Dorothy). I am just going to

Yes, I wrote "follow my stomach." On a recent trip to San Antonio to present a paper on the metanarrative of the Clock Shop Mysteries to the Popular Culture Association Conference I read "Evil Eclairs," a Donut Shop Mystery by Jessica Beck replete with donut recipes and not to be confused with the Bakeshop Mystery series by Ellie Alexander with recipes. The cozi mystery genre is full of all sorts of food themed series. There are the Cheese Shop Mysteries for the lactose tolerant, the Gourmet Popcorn Shop Mysteries, Memphis BBQ Mysteries, and even the Cooking Class Mysteries for those who can't cook and want to learn while solving a murder. For those who can't cook I suggest starting with "Cooking Up Murder," the first in the series as I did even though I can cook and did so professionally in college and graduate school.

follow my stomach.

There are even cozi mysteries with recipes for your pet, the Paws

and Claws Mystery series and Fat Cat Mysteries. Of course one can't really have a cozi mystery these days without a pet. The Clock Shop Mysteries had both a cat, Bezel, and a dog, Blue, in the trilogy though no recipes. It was centered around a clock shop obviously. Cozi mysteries are simply old school "Who Done Its?" think Agatha Christie. They are invariable centered around some kind of "olde" shop with a heroine, or sometimes hero, who keeps accidently finding themselves emmeshed in murder she must solve with a trusty friend or two. Essentially if Jessica Fletcher owned a small store and never had to leave Cabot Cove to discover a freshly killed

There are some basic rules to a cozi mystery. There is no excessive graphic violence, very little blood at the crime scene, and no morgue scenes like CSI, Bones, and NCIS have on television. And there are absolutely no pets harmed. In some cozies like Shirley Rousseau Murphy's Joe Grey series the cat solves the crime. In others, like the Clock Shop Mysteries, the pet, in this case Blue, brings the heroine together with a romantic partner. Maybe that's why the Hallmark Channel loves cozies? But in the end, the mystery is solved, the guilty are caught, and a romance begins or continues like that of Nick and Nora Charles played by William Powell and Myrna Loy as they solved murder after murder.

There seems to be a cozi mystery series for just about any hobby or activity. Like antiques? Try the Trash 'n' Treasures series. Baseball? Try a Duffy House Mysteries like "Fear in Fenway." A touch of fashion? How about the Consignment Shop Mysteries? Want tips on getting those pesky donut stains out of your clothes from the Donut Shop Mysteries? Well then pick up a Stain-Busting Mystery by Sharon Short. And when you get tired from writing about cozi mysteries?

You can curl up with a Mack's Bar Mystery with a nightcap from one of the book's drink recipes. Bon appetit and good reading.



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#### "Little Things We Share"

I'd like to write about some things that bring us together, things that point out our similarities instead of our differences. That's all you ever hear about in this country is our differences. That's all the media and politicians are ever talking about. The things that separate us, things that make us different from one another. That's the way the ruling class operates in any society. They try to divide the rest of the people. They keep the lower and the middle class fighting with each other so that they, the rich, can run off with all the money. Fairly simple thing...happens to work.

Anything different is what they're going to talk about: race, religion, ethnic and national background.. Jobs, income, education, social status, sexuality, anything they can do to keep us fighting with each other so they can keep going to the bank.

I describe the economic and social classes in this manner. The upper class keeps all of the money, pays no taxes. The middle class pays all of the taxes, does all of the work. The poor are there just to scare the crap out of the middle class...keep on showing up at those jobs.

So stirring up this crap is something I like to do from time to time. But believe it or not there are little things we have in common, little universal moments that we share separately, the things that make us the same. They're so small we hardly ever talk about them. But here are some of them.

Do you ever look at your watch... and then you don't know what time it is. You have to look again and you still don't know the time. So you look a third time and somebody says. "what time is it? you say "I don't know."

Do you ever notice how sometimes all day Wednesday, you keep thinking it's Thursday? It happens over and over all day long, and then the next day, you're all right again.

Do you ever find yourself standing in one of the rooms in your house and you can't remember why you went in there? Then two words float across your mind: Alzheimer's Disease.

You ever been talking to yourself and somebody comes in the room and you have to make believe you were singing?

Little experiences we've all had... you ever sitting in a railroad train in the station and there's another train sitting right next to you, and one of them starts to

move, and you can't tell which one it is?

How about when you're out on a small boat on a windy day. You ever been out rocking back and forth for three or four hours trying to keep your balance, rough seas, then you get back into shore and you're standing on the dock and you could swear there was something inside of you that was still out there rocking?

Did you ever try to pick up a suitcase you thought was full but it wasn't? For a split second you feel really strong.

How about when your looking through a chain link fence?

Did you ever notice if you're just the right distance from the chain link fence, sometimes it seems to go pwwt.

Did you ever try to tell somebody they have a little bit of dirt on their face? You can never get them to rub the right spot can you.

Do you ever notice how awful your face looks in a mirror in a restroom that has florescent lights? Every cut, scrape, scratch, scar, scab, bruise, zit, wart, welt, and abscess you've had since BIRTH all seem to come back at the same time. All you think of is I gotta get outta here.

How about when you're going up a flight of stairs and you think there's one more step?

And you go ughh. When you drink grapefruit juice in the morning,, do you squint your face? Why do we drink it.

How about eating ice cream to fast and have it go to your brain and you get the brain freeze. You have to wait for it to go away. Then what do you do, you eat more ice cream.

Did you ever fall asleep on a late afternoon. you wake up after dark, and you don't know what day it is.?

Did you ever have to sneeze while your in the bathroom. It's frightening cause actually you can't do it. It's physically impossible to sneeze while urinating. Your brain won't let it happen. Your brain says stop urinating your going to sneeze cause your brain knows that you might blow your butt off. There you have it, similarities.

Food for thought...My Mother's menu consisted of two choices: Take it or leave it. Happy Mother's Day to all Moms! John Gasparini

#### **AARP Chapter 4146 trip to**

**Encore Casino** 

(Boston Harbor)

**Maggianos Little Italy** 

**Italian Restaurant** 

June 7, 2023

Price Only \$110 pp

Trip includes:

- Lunch at Maggianos famous Italian Restaurant in Boston's Little Italy...
- New Encore Casino on the waterfront with 40-foot ceilings, red Rubino glass chandeliers, and a dazzling array of classic and state-of-the-art slot machines for every player, at every level at Encore Boston Harbor.
- A bonus pkg from the casino is included
  Includes Round trip transportation. Bus
  leaves Plainville at Our Lady of Mercy
  Parking lot at 8:30 a.m. and return to the lot at 8:30 p.m.

Sign up began March 13th, 2023. Call to sign up for trip. \$25 of trip is not refundable should you cancel

#### Thank You to all the Businesses in the Town of Plainville

We have everything you need right

here in Town....

Support them by Shopping in Plainville, First!

#### **Plainville Lions Roar**

#### **New Britain Bees Fundraising Event, July 15, 2023**

Location: New Britain Stadium (i.e. Willow Brook Park, adjacent to Beehive Field) Cost: \$12 per person, of which \$6 will go to the Lions Low Vision Center. Please send in you orders and checks by: July 1st to the Plainville Lions Club, P.O. Box 92, Plainville Contact: Lion Craig Banks at 860-644-8472 or craig.r.banks@my.ccsu.edu

#### "Welcome" Volunteers:

To verify the Religious Directory monthly for changes.

Work from home or at Hometown Office & name

your own hours. Questions: Call 860-747-4119

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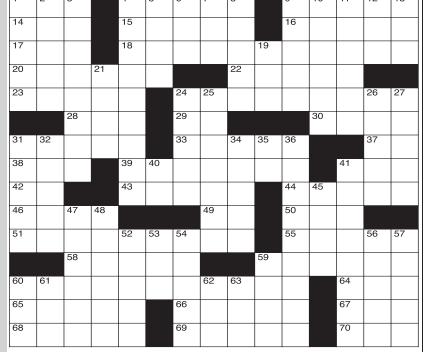
**Grace Lutheran Church** 222 Farmington Avenue, Plainville **Giant Annual Spring Tag Sale** Saturday, May 20th 9 a.m. - 2 p.m. So many items!

Furniture, glassware, candles, something for everyone!

#### Thinking About Starting A Business In Plainville?

Always check with the Economic Development Commission For assistance Contact:

Cal Hauburger, Economic Development Director Call 860-793-0221 Ext.7178



#### **CLUES ACROSS**

- 1. MIDWAY BETWEEN SOUTH AND SOUTHEAST
- 4. FATHERS
- 9. WINE GRAPE
- 14. AL BUNDY'S WIFE
- 15. ORGANIC COMPOUND
- 16. VENEZUELAN STATE 17. INTEREST TERM
- 20. CENTRAL CORES OF STEMS
- 22. SMOOTH AND GLOSSY 23. ONE-TIME S. KOREAN CITY
- 24. ONE FROM DAMASCUS
- 28. SHORT MESSAGE AT THE END OF AN EMAIL
- 29. IT COOLS YOUR HOME 30. OH. GOD!
- 31. INTESTINAL POUCHES
- 33. MEN 37. POPULAR ENGLISH SOCCER
- TEAM (ABBR.)
- 38 FORMER CIA 39. ARRANGE IN STEPS
- 41. A BAGLIKE STRUCTURE IN A
- PLANT OR ANIMAL 42. THE GREAT LAKE STATE
- 43. DOG-\_\_\_: TO MARK A PAGE 44. STOP MOVING

- 50. CLERICAL VESTMENT 51. SONGS SUNG TO A LOVER
- 55. CHARGES
- 58. POPULAR DESIGN PROGRAM MANUFACTURER
- 59. WHERE TO PARK A BOAT
- 60. ONE WHO VALUES REASON
- 64. SLANG FOR CIGARETTE
- 65. SAILBOATS
- 66. ACTRESS ZELLWEGER
- 67. SCREEN MATERIAL 68. COUNTRY MUSIC LEGEND
- HAGGARD
- 69. PUTS TOGETHER IN TIME

#### **CLUES DOWN**

- 1. AN INVOLUNTARY AND ABNOR-MAL MUSCULAR CONTRACTION
- 2. PHILLY'S RAIL SERVICE
- 3. LEAVES A PLACE 4. NO LONGER BE A PART IN
- 5. GUITAR PLAYERS USE THEM
- 6. CEASE TO FXIST 7. GENERAL'S ASSISTANT (ABBR.)
- 8. SHAKING OF THE EARTH 9. STRONG WINDS
- 10. FOR EACH ONE
- 11. A BOG
- 12. THE CREATION OF BEAUTIFUL

Answer on page 27

- 19 PIF
- 21. NONCLERICAL
- 24. INSPIRATIONAL FOOTBALL
- PLAYER HAMLIN
- 25. LEARNING ENVIRONMENT
- 26. KHOIKHOI PEOPLES
- 27. BRING OUT OR DEVELOP
- 31. SHOWS UP
- 32. THEATRICAL DEVICE
- 35. POPULAR HOLLYWOOD ALIEN
- 36. DISTINGUISHES
- 40. COLLEGE DORM WORKER
- 41. SECONDARY OR EXPLANATORY
- 45. RESEMBLING WINGS 47. ONE WHO DELIVERS A SPEECH
- 48. IN THE MIDDLE
- 52. LOOP WITH A RUNNING KNOT
- 53. AIRBORNE (ABBR.)
- 54. BELOVEDS
- 56. ORDAIN
- 57 BREED OF SMALL CATTLE
- 59. VERY SMALL PERIOD OF TIME
- 60. REVOLUTIONS PER MINUTE
- 62. LONGTIME ESPN ANCHOR BOB 63. A PLACE TO STAY
- 46. ANCIENT DEAD SEA REGION OR SIGNIFICANT THINGS

## **NOTARY PUBLIC:** KATHY PUGLIESE

50 West Broad Street PLAINVILLE, CT 06062 Phone 860-987-8705

## "HAPPY & HEALTHY BIRTHDAY TO ALL!!" MAY

**BOB PUGLIESE** 1ST

2ND **AUDREY BERGENTY** 

**GUNNAR BENSON (7 YEARS OLD)** 

LINDA ZOMMER 4TH

5TH FRANK COMPANIK

9TH LISA PERROTTI DOMINICK MOSHINI

**BRUCE GIANINNI** 11TH

**BEV CUNNINGHAM** 

**BEV NOBLE** SARAH LAMSON - HAPPY 30TH!!!

15TH SUSAN CHASE

17TH KAREN DREZEK **RON&RICK BUCCHI (TWINS)** 

18TH PETE DARGENIO

TORI COMPANIK 20TH TESSIE TAYLOR

FRANK ZDUNCZYK **JENNI BUCCHI 21ST** 

**23RD DEBORAH TOMPKINS** 

**24TH** MARIA SCRICCA 26TH VALENA PALUMBO

27TH **REV. WILLIAM BALDYGA** 

28TH **JOEL EDMAN** 30TH EZIO CAPOZZI

## **Happy Anniversary to Businesses**

## **Celebrating an Anniversary????**

Doctor, Lawyer, Merchant or Chief Email = plainvillehometown@gmail.com or Call 860-747-4119

#### **TO SUBMIT A BIRTHDAY:**

Anniversary, Engagement or Wedding Announcement **E-mail To**: plainvillehometown@gmail.com

Mail To: Hometown Connection 27 Sherman Plainville, CT

Call 860-747-4119 It Pays to Advertise! Please submit your wishes on/or before the 15th of each month

## P-l-a-i-n-v-i-l-l-e

Here are some of your favorite places, people or things around town to rave about this month

Jack Faves: J. TIM'S The best Wings in Town!! It is the place to meet with your friends and family. My brother-in-law and sister live in New York and come to visit us at least once a month. They say they love to visit us at least every month, but they can't fool us it is because we take them to J. Timothy's all the time. Love them anyway!!!!!!!!!

Email to: plainvillehometown@gmail.com If you don't have a computer and have a Fave or Rave Call 860-747-4119 and leave your message OR Mail it to: Plainville Hometown Connection 27 Sherman Street, Plainville, CT 06062 Share your Faves & Raves with everyone!

We have everything you need right here in Town....

Let's hear what you have to say, we need your comments!

**Support our businesses** By Shopping in Plainville, First!

#### Make My Day by: Raymond Cormier

Terhaps you would like to thank a neighbor for a kindness and we would like to help you give this person recognition for a job well done. If this person works for a local business, we are sure his or her employer is going that extra few steps to help their customers.

Mothers & Fathers, I am sure your child has "Made your day". Let us know about some little things they do to help around the home, empty the baskets, wash the dishes, and etc.

We will use first names only, but they will know who they are the one that helped you out.

#### She ''Made My Day''

We said we would only use first names only in reporting the "Make My Day" column. Well, for this action, we decided her name should be known. If without her assistants we would not have the "Young at Heart" page for

You guessed it. She sent in her page and we lost it on the computer. Getting ready to go to press we were checking the pages and sure enough, no "Young at Heart" to be found.

I called the Senior Center and asked for the Editor of the news letter. As I explained my problem, Maxine answered, "Saying it is on it's way!!" We have a "Young at Heart" page this month because Maxine Kollar, Editor/ Office Assistant.

''She Really Made My Day'' Helen (No last name)

> Let us know who "Makes Your Day" next month.

## "Ask Sheila"

Q-1) My friends tell me I better sign up for Part A Medicare, or I will get a late enrollment penalty. I am still working and covered with my Employer Insurance, and turning 65 in August.

A-1) If you are working for a company with over 20 Employees, you are not required to enroll in Medicare until you lose your Employer Medical Coverage. It can be through retirement of loss or your job. If you work for a smaller company, you do need to sign up for Medicare coverage to begin on your Birthday month.

Q-2) I have an acquaintance who works "under the table" and doesn't claim his earnings on his Income Tax Return. Will he be eligible for Medicare if he doesn't claim his earnings?

A-2) To receive No Cost Medicare Part A, you must have worked and paid FICA taxes for total of 40 Quarters-10 years. If his spouse has worked for 10 years, he could be eligible based on her work history. If he is/was never married, he may have to pay a Premium for both his Part A and Part B Medicare Insurance, without the work history.

Q-3) My Doctor recently prescribed a Drug that is not listed in my Insurance Formulary, so they said they won't pay because it isn't covered. What can I do?

A-3) You can ask your Doctor to apply for a "Formulary Exception" on your behalf. He would need to indicate the reason why the particular medication is medically necessary and why an alternative medication would not be 'just as good', or an acceptable substitute.

If you have any specific questions, or would just like to 'Talk Medicare", give me a call! **Sheila Dow 860-965-0091** 

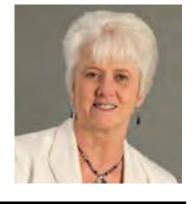
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SDow@AmericanSeniorBenefits.com **Sheila Dow** 

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#### "Society Happenings" Congratulations:

If you wish to have your Happy News / Pictures

shared with everyone, please submit your information in writing to:

plainvillehometown@gmail.com

**Attention: Josephine** - Engagements-Weddings-Births & Etc

#### **Republican Recruiting Subcommittee**

Gayle Dennehy, Chair of the Plainville Repub; ican Town Committee is pleased to announce the Recruiting Subcommittee was Officially Formed: 04/25/2023

**Board Members:** 

Councilman Joey Catanzaro (Chair), Cassandra Clark, Rachel Childress Buchanan

#### **Mission Statement:**

To provide Plainville's Republican Party with outstanding leaders and elected officials, and to guide those with interest in the Republican Party to the Republican Town Committee.

#### **Action Items:**

- 1) Attending local parks for sporting events and going to community events to make ourselves visible to the people.
- 2) Leveraging social media to find new members, as we can reach a mass audi-
- 3) Creating a short recruitment video for our PRTC Facebook page, to show diverse membership, events we participate in, the opportunities to work on campaigns and fundraisers, and how those interested can be a member of our
- 4) Connect with other local RTC's to find recruiting best practices. Miscellaneous:
- 1) Already have voters interested in the RTC!



#### Wheeler's 38th Annual Golf Classic Set for September 13, 2023 at The Country Club of Farmington

Mutual of America Financial Group Is Presenting Sponsor for Fifth Year in a Row; M&T Bank, Others, Join Growing List of Supporters

FARMINGTON, Conn. - Wheeler's 38th Annual Golf Classic, presented by Mutual of America Financial Group for the fifth consecutive year, will take place at The Country Club of Farmington on Wednesday, September 13, 2023. Registration is open, and sponsors, players, and prize donors are welcome.

"We have so much to celebrate this year, including Wheeler's 55th anniversary and our proud history of serving individuals and families in Connecticut. Our event sponsors, players, prize donors, and friends play an instrumental role in our ability to deliver care to our communities. We are ever grateful for their participation and support."

In 2022, the Golf Classic event grossed a record-breaking \$100,000 to support individuals and families in care through Wheeler's Basic Needs Fund, bringing the total amount raised since its inception to more than \$1.3 million.

For more information, visit WheelerHealth.org/Golf or contact Sue O'Connell at 860.793.4214, 860-609-1583, or soconnell@wheelerclinic.org.

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- Resumes
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#### **Grand Marshall for 2023 PARADE**



This year the Memorial Day Association of Plainville takes great pride in announcing the selection of this year's Grand Marshall. We have as in past years looked at several possible candidates for this honor. Earle L Jackson Sr Aka Doc Jay has been chosen. The following words are a description in his own words of what has been happening in his life.

Born in New Britain, Connecticut and raised in Plainville on Broad Street, Earle attended Plainville High School, Class of 1962, and Central Connecticut State University.

He is the son of Earl and Bernice Jackson, custodians of Broad Street School for 25 years

In his youth, Earle was involved in athletics and has been inducted into the Plainville High School and Central Connecticut Sports Halls of Fame. He was undefeated in regular season basketball play for three consecutive years at Plainville High and Central Connecticut State University. He is the first athlete in Plainville High School's history to be chosen for All-state honors in any sport for two years in a row. He was chosen all-state for basketball in 1961 and 1962. In Track, he held three State track records and was undefeated in four events for two years in the High-jump, Shot-put, Discus, and the Javelin.

Earle was a Vietnam veteran 1967-68 and served as a paratrooper and combat medic with the legendary 173d Airborne Brigade, the most decorated Army brigade in Vietnam. He has written two articles about his experiences in Vietnam, "Giving Thanks Atop Hill 875" and "An Open Letter to Aretha Franklin", both of which have been printed in several national magazines and papers around the country. He also served with the 82nd Airborne Division.

In 1972 he joined Heublein, Inc. as a sales representative and during his time there he held several senior management positions including Vice President National Sales manager of the Vanguard Division and Senior Vice President Sales Control States responsible for 350 million dollars in annual sales. Earle speaks Vietnamese and because of his language skills he was sent to Vietnam to hire and train a newly formed sales force. Earle spent 30 years at Heublein traveling to 47 states and eight countries. He has received sales management and sales excellence awards too numerous to mention. He retired in 2001.

Earle has been actively involved in community affairs as a Director of the Connecticut Yankee All-Airborne Chapter of the 82nd Airborne Association. Through that organization he volunteered to be Chairman of the Veterans Care golf fundraiser which donated all proceeds to Veterans' causes. The tournament raised approximately \$25,000 for veterans programs. "Kid in a Kart", a program which he conceived in 1992, is an inner-city youth golf program that provided 11 weeks of lessons and free equipment and free play time to inner-city youth during the summer months. The "Kid in a Kart" program has been recognized by the U.S.G.A. and the P.G.A. of America for its excellence; Kid in a Kart" has become a PGA model for their inner-city youth golf programs.

Earle currently resides in Florida with his lovely wife Pat of 40 years and his son Earle Jr and his wife Theresa.

We as a committee are so grateful that Earle (Doc Jay) has accepted this honor and will be able to celebrate all our festivities with us on Memorial Day.

## Divorce is a difficult decision.

## Choosing your lawyer should not be.

Choosing the right lawyer to represent you in a divorce can assure that your interests and the interest of your children will be protected.

Attorney Michael W. Mastrianni is a member of the Connecticut Bar Association's Family Law Section, and has over 39 years experience in divorce, custody, modification and other family legal matters.

#### Mastrianni & Seguljic, L.L.C. Attorneys At Law

#### **Free Initial Consultation**

Michael W. Mastrianni, Esquire Jonathan D. Chomick, Esquire

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#### David R. Edelson, DMD, MAGD

92 East Street, Plainville, CT 06062-2302

(860) 747-1004



## **General Recommendations for the Prevention of Caries and Gingivitis**

Brush your teeth twice a day with a fluoride toothpaste for two minutes. While a seemingly simple statement, the guidance for brushing twice daily with a fluoride toothpaste for two minutes weaves together a number of discrete components.

#### 1. Toothbrushing Frequency

Review of the scientific literature, along with guidance from governmental organizations and professional associations found sufficient evidence to support the contention that twice-daily brushing, when compared with lower frequencies, was optimal for reducing risk of caries, gingival recession or periodontitis. It is important to recognize that in these studies, it was the frequency of tooth-brushing with a fluoride toothpaste that was evaluated rather than tooth-brushing alone.

#### 2. Fluoride Toothpaste

Although the measures used to assess the benefit varied, studies examining the effect of over-the-counter (OTC) fluoride dentifrice on caries incidence in children and adolescents found the fraction of caries prevented ranged from 16% per tooth to 31% per surface versus placebo or no dentifrice, and concluded that fluoride-containing toothpaste was effective in caries control. In addition, high level evidence shows that 5,000 ppm fluoride (available with a prescription) results in significantly more arrest of root caries lesions than use of OTC levels of fluoride (1,000-1,500ppm).10

#### 3. Toothbrushing Duration

Data examining the question of optimal duration of daily tooth-brushing encounters relies on plaque indices, which are surrogate measures rather than direct measure of caries or gingivitis. Understanding that the use of surrogate measures decreases the certainty with which a recommendation can be made, the available systematic reviews found a brushing duration of two minutes was associated with greater reduction in plaque than brushing for a single minute. Two minutes per whole mouth can also be expressed as thirty seconds per quadrant or about four seconds per tooth.

#### Life With Wanda

Spam calls are driving me crazy, as they are the rest of the country but today the last one really got me, not only angry but depressed.

After about the fourth call from the same number I figured I might just answer it. I got the all too familiar voice of Jason saying, "Hello, this is Jason and I'm calling to offer you our end of life burial policy but first I have a few questions to ask.

First how old are you?" When I told him my age he hung up.

Does this mean at a certain age we're too old to get buried. What are we supposed to do, stand by the curb on trash pickup day and wait for CWPM to pick us up?

Where do we stand, in garbage or recycle area?

I would like to think recycle; I might still have some good parts?

To: Plainville Businesses & Professionals,

An invitation to advertise your Business or Profession in our Centerfold section of our monthly issues. Our paper is mailed FREE to over 8,900 households and businesses plus every issue is Online for double coverage.

We were unable to contact everyone for this issue, repetition is the secret to sucess. If you are interested in placing your business card, for \$25.00 please call 860-747-4119 or email your ad & we will invoice you send to plainvillehometown@gmail.com before May 15th for the June issue.

for the June issue.

The paper is an all volunteer effort, which makes it impossible to

cover the advertising sales full time.

We know it pays to advertise.....we need more volunteers in that department. Help us, help you, to advertise call the phone number

listed above. Thank You! Sincerely, Volunteer Staff Members



#### Senior Center Events-For Your Convenience Clip & Post on Refrigerator

**April 25, 2023, May 2** 10:00 - 11:00 AM and continues weekly through May 30, 2023. Healthy Bodies Create Healthy Minds Series. Call toregister.

May 4, 2023 12:00 – 1:30 PM Kentucky Derby Lunch & Party. Cost: \$8.00. Register and pay at the Senior Center by MAY 2.

May 9, 2023 10:00 Caregiving Connections Support group. Call to register. May 9, 2023 1:00 PM to 2:00 PM Goat Party. Petting, feeding and snuggling with cute goats at Norton Park Pavilion. COST: Free – For Members Only. Call to register

May 10 – June 28, 2023, 8 weeks, 1:30 – 3:00 Handwriting analysis Class \$24.00 includes all materials. Register and pay at the Senior Center. MAY 11, 2023 10:00 The Life and Times of Sidney Poitier Presented by Joe Ouellette "The History Guy" Call to register.

May 12, 2023 10:00 – 12:00 Pet Day at the Senior Center. Bring your pet. Call to register.

May 16, 2023 10:30 Grandparents Raising Grandchildren Support Group. Open to the Public. Call Stephanie at the Senior Center for more information. MAY 16, 2023 9:00 Breakfast Club at D' Marie's Restaurant. Pay on your own. Call to register.

**MAY 18, 2023** 2:00 Memory Café at the senior center-open to the public. For more information about Memory Café or to sign up, please contact Karen, Stephanie or Ronda at the Senior Center.

**May 18, 2023** 10:00 Snappy Seniors Photography Club-for senior center members. Call to register.

May 23, 2023 10:00 Veterans' Social Hour. For all veterans over 60 and their spouses. Call to register.

May 23, 2023 10:00 AM—12:00 PM BY APPOINTMENT Memory Screening. A simple and safe "healthy brain check-ups" test memory and other thinking skills. Call to register.

May 23 & May 30, 2023 9:30 —12:00 Fresh Herb Décor Sign. COST: \$18.00 Includes all materials. Paint & create a decorative wooden herb planter walhanging. Register and pay at the Senior Center

**May 26, 2023** 10:00 Book Buds. Enjoy a great book discussion about "The Magnolia Palace" by Fiona Davis. Call to register.

**JUNE 8, 2023** 10:00 Inside Alcatraz. FREE Program Presented by Joe Ouellette 'The History Guy' Call to register.

Senior Center Hours: Mon. 9:00am - 6:00pm Tues. Wed. & Thurs. 9:00am - 5:00pm Fri. 9:00am -1:00pm Phone Number 860-747-5728 "Just LivingThe Dream"



Pictured above is Plainville's tax Assessor (Ret) when she got the thrill of her life, during The Arnold Palmer Invitational Golf Tournament on April 22nd. when she got to take the wheel of Mickey's own golf cart. Getting it off the grounds was not in the cards, security is very tight, no matter whom you are.



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## PHS Students Artists Recognized by CT Association of Schools





Plainville High School students Paige Stillwill (visual arts) Anneli St. Lawrence (performing arts) are the recipients of the Connecticut Association of Schools (CAS) 2023 High School Outstanding Arts Award. students were honored at an awards program held at the

Aqua Turf in Southington on April 4th

## "PUT LOCAL ON YOUR TRAY" TASTE TEST EVENT TO BE HELD AT WHEELER SCHOOL

On April 18th, Frank T. Wheeler Elementary School students and special guests will enjoy a "taste test" during lunch, thanks to a collaboration between the "Put Local on Your Tray" organization and the Plainville Community Schools Food Services Department, led by Director, Ashley Carl.

Carl, who is working closely with Dawn Crayco, Food Corps Northeast Regional Policy Director, to plan the event, hopes the "taste test" will provide the opportunity for students to enjoy a variety of healthy, locally produced food items that they may not have otherwise had the opportunity to try.

The menu for the special taste test event features Kale Salad made with kale from a local farm, as well as whole grain "Emoji" waffles served with maple syrup from the Lamothe Sugar House, a local producer, and several additional food items. A number of special guests will be in attendance for the Put Local on Your Tray event, including State Senator Henri Martin and State Representative Francis Cooley.

"It's exciting to have the students taste fresh kale produced right here in Connecticut. It's great that we have the opportunity to expose our students to healthy foods and to build strong relationships with our local farmers," noted Carl.

"I was raised to just try everything, even if I wasn't sure how it would taste or whether I would like it. Fortunately, I like almost every food, including kale, so I am looking forward to joining the students and special guests for this fantastic event spotlighting locally grown and produced foods. I appreciate our really outstanding Food Services Director, Ashley Carl, and her efforts to make this exciting and tasty event possible," said Superintendent of Schools, Steven LePage.



#### Plainville High School National Honor Society Hosts "Night of Science"

Members of the Plainville High School Science National Honor Society, led by Advisor, John Girard, hosted a "Night of Science" on March 29th at Plainville High School, for elementary school students and their families. More than 200 students and their families participated in a variety of science experiments and engaging activities including balloon races, making "oobleck", rainbow skittles, elephant toothpaste, alka seltzer rockets and many more!













#### PHS Hosts Goodwin University Advanced Manufacturing Lab



Plainville High School faculty members Dave Gaignard and Mark Chase recently hosted representatives from Goodwin University and the Goodwin University Advanced Manufacturing Lab. The high school students had the opportunity to experience the many aspects of manufacturing and were able to ask questions about various manufacturing related careers and career pathways.

## Plainville Board of Education Recognized By CABE



Plainville Community Schools communication efforts were recognized at the April 17th Plainville Board of Education meeting. Donald Harris, Connecticut Association of Boards of Education (CABE) Immediate Past President and Board Chair in Bloomfield presented the school district with plaques for six first place "Bonnie B. Carney Excellence in Educational Communications" awards.

In photo: Plainville Board of Education members with CABE Immediate Past President Donald Harris



I Pledge Allegiance to the Flag....



## PHS "All Star" Award Winners Recognized

The April Plainville Community Schools "All-Star" award winners were recognized at the April 17th Plainville Board of Education meeting. They include: Plainville High School Unified Sports Program Coaches Mikayla Wells and Kelly Hickey, and Plainville High School Champion Cheerleading Coaches Therian May and Isabella Donahue. The "All-Star" award recognizes students, faculty, staff and community members who go above and beyond in modeling the school district's Portrait of the Graduate characteristics and demonstrating excellence in alignment with the school district's team goals.



From left: Plainville Board of Education Chair, Lori Consalvo, Kelly Hickey, Mikayala Wells, and Superintendent of Schools, Steven LePage.



From left: Plainville Board of Education Chair, Lori Consalvo, Isabella Donahue, Therian May, and Superintendent of Schools, Steven LePage.

#### Food Services Director Promotes Healthy Choices





Our Food Services Director, Ashley Carl and her team (Tina & Melissa), go above and beyond to advocate and educate on healthy food choices and providing students opportunities to try it - (Kale tasting)

## **Toffolon Tigers Start Planting Seeds**



The @ToffTigers Garden Club is gearing up for another planting season, building greenhouses and starting seeds! Thank you Plainville Community Fund, for your generous support for this project! #WeArePlainville

## Superintendent's Show Case Returns









## Superintendent Lepage Bids Farewell To Plainville

Superintendent of Schools Steve LePage has accepted a new position as superintendent of Northwestern Regional School District No. 7, which he will begin July 1.

LePage said he is proud of the impact he and his team of educators and staff have made on the lives of students in the local school system. He has served as superintendent of schools in Plainville for four years, previously serving as assistant superintendent for three years and principal at Plainville High School for six.

In a letter to parents LePage stated "During the last four years as superintendent I have sometimes lost a balance of home and work. This has caused me to reflect on my life and consider the kind of person and leader I want to be, while also being a better husband and father." He noted he will be working with the Board of Education toward a smooth leadership transition and acknowledged it will be very difficult to say goodbye to the Plainville family in June.

He closed by noting that "Plainville is poised for accelerated greatness and look forward to following Plainville's growth and achievements over the coming years."

#### Linden Street Students Hula Hoop



Third, fourth and fifth grade students show off their hula hoop skills at the SBAC pep rally. Can you find Lindy the Dolphin?

#### Plainville Community Schools Board of Education Members

Rachel Buchanan, Vice ChairCassandra Clark Lori Consalvo, Chair Roberta Lauria Rebecca Martinez Laurie Peterson Crystal St. Lawrence Becky Tyrrell Foster White

Plainville Board of Education Plainville Municipal Center One Central Square Plainville, CT 06062

(860)793-3200 e-mail: boe@plainvilleschools.org

of the United States of America!

## Jake's Sport Talk



Hi, welcome to my article. In this article I will be reporting on the Plainville softball this month. Hope you enjoyed my article.

Jake, your Plainville Hometown Connection Sports Editor! Go Blue Devils!!

Plainville softball vs New Britain game notes

#16 Shortstop Marrisa Miller had a single three doubles and a walk and two RBI's

#12 Pitcher Grace Geddies had a bunt single and grind out and a pop out and two strikeouts

#2 Catcher Amanda Linhoff had two singles a ground out and a walk
#6 Center Field Nora Couture had one single three strikeouts and a fly out
#11 Left Field Alexis Graff had a ground out fly out walk and one double
#7 Third Base Faith Emery had a fly out a single a bunt single and a ground out
#24 Rileigh Rout first base had a ground out a strikeout and a double
#9 Natalie Newton Second Base had a fly out a walk and a single

#14 Kali Fangullo Right Field had a strike out a walk and a fielder's choice. Plainville won 10-0









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#### National Prevention Week Happens May 7-13, 2023

## Statewide Student (K-12) Art Campaign and May 13 Event with Connecticut Leaders Among Elements of Celebration

Hartford, CONN. Connecticut's National Prevention Week Planning Committee, including state and local organizations, and communities, are marking this observance (May 7 – 13, 2023) with a K-12 student art campaign and a statewide event on May 13, among other activities, reflecting the theme, "A Celebration of Possibility."

**National Prevention Week** is an annual health observance dedicated to increasing public awareness of, and action around, mental health and/or substance use disorders.

#### The Statewide Event

The National Prevention Week statewide event will take place at the Connecticut Science Center in Hartford on May 13, 2023, from 11 am to 3 pm and will happen jointly with the Science Center's "*Make it Grow*" program. Prevention professionals and state and local leaders are scheduled to attend, including Connecticut Department of Mental Health & Addiction Services Commissioner, Nancy Navarretta, MA, LPC, NCC; Connecticut Department of Children and Families Commissioner, Vannessa Dorantes, LMSW; and Connecticut Department of Public Health Deputy Commissioner, Dr. Jody Terranova, among others.

#### **About the Contest**

Featuring the theme, "Be Creative and Spell Out #Prevention Happens Here CT," the campaign is open to Connecticut youth groups (grades K-12). Students are encouraged to express the "#Prevention Happens Here CT" phrase using different media, including fence art, 3-D letters, drawing, sculpture, vegetables, and more. Submissions will be posted on the NPW webpage and social media platforms.

#### **More About National Prevention Week**

National Prevention Week (NPW) is an annual health observance dedicated to increasing public awareness of, and action around, mental health and/or substance use disorders. Communities make prevention happen every day – not just during NPW – and NPW is the perfect time to promote and celebrate prevention activities and resources in our communities.

The three primary goals of National Prevention Week are to involve communities in raising awareness of substance use and mental health issues and in implementing prevention strategies, and showcasing effectiveness of evidence-based prevention programs; foster partnerships and collaborations with federal agencies and national organizations dedicated to improving public health; and promote and disseminate quality substance use prevention and mental health promotion resources and publications.

NPW in Connecticut is coordinated by a Planning Committee that is led by Wheeler's Connecticut Clearinghouse and includes: Connecticut Clearinghouse, the Connecticut Department of Mental Health and Addiction Services (DMHAS), the Connecticut Department of Children and Families (DCF), the Connecticut Department of Public Health (DPH), The Governor's Prevention Partnership (GPP), the Prevention Training and Technical Assistance Service Center (TTASC), Regional Behavioral Health Action Organizations (RBHAOs), and Local Prevention Councils and other coalitions serving Connecticut communities.

Additional details can be found at www.ctclearinghouse.org/npw or www.facebook.com/CTPreventionWeek

## Connecticut Department of Mental Health and Addiction Services . While the Department's prevention services serve all Connecticut citizens, its mandate is to serve adults (over 18 years of age) with psychiatric or substance use disorders, or both, who lack the financial means to obtain

substance use disorders, or both, who lack the financial means to obtain such services on their own. Visit the DMHAS website at www.ct.gov/dmhas.

#### **Connecticut Clearinghouse**

A program of Wheeler's Connecticut Center for Prevention, Wellness and Recovery, Connecticut Clearinghouse is funded by the Connecticut Department of Mental Health and Addiction Services. Learn more: www.ctclearinghouse.org.

The Change the Script mobile resource van is an element of the statewide opioid prevention campaign managed by Wheeler's Connecticut Clearinghouse and funded by DMHAS. The van includes materials on opioid and other drug prevention, treatment, and recovery resources, as well as a broad range of other mental health and wellness resources.

Wheeler provides comprehensive solutions that address complex health issues, providing individuals, families and communities with accessible, innovative care that encourages health, recovery, and growth at all stages of life. Our integrated approach to primary and behavioral health, education and recovery creates measurable results, positive outcomes, and hopeful tomorrows for more than 50,000 individuals across Connecticut each year. Learn more: www.wheelerhealth.org

Joanne Janes, Associate Director, Communications Wheeler, 74 East Street Plainville, CT 06062 janes@wheelerclinic.org WheelerHealth.org Cell: 860.424.2742

#### Middle School of Plainville

## **HONOR ROLL GOLD Grade 6**

Zaid Al-Dhowaei, Jose Arroyo, Colby Blake, Cody Carrier, Connor Colitti, Avery Danton, Olufemi Fabiyi, Ryan Feyerabend, Isabel Majcher, Rahman Malik, Luke McDermott, Jensen Morby, Grace Muldoon, Mason Parsons, Maya Poplawski, Arianna Salek, Milla Saysana, Rashad Walser, Michael Wojtak

#### HONOR ROLL SILVER Grade 6

Layla Aldea, Zachary Amundsen, Ava Anders, Austin Ayers, Logan Bailey, Noah Barger, Carlos Batista Castro, Igor Begazo, Amina Bilal, Ryan Bohn, Jaxson Boucher, Connor Campbell, Payson Carpenter, Dominic Carrier, Kenasia Cayones, Suki Chen, Myles Couture, Andrew Curtis, Flaviano D'Avanzo, Abigail Daniel, Jax Danton, Stephen DeAlessio, Izabella DeLeon, Colton Eastwood, Trevor Ellis, Jake Freitas, Corrin Gagnon, Gavin Geddes, Jacob Gervasi, Lillyana Grant, Christian Hairston, Nataniel Halas, Madison Hitchcock, Mason Jones, Marco Kovac, Autumn Love Labarda, Dreah LaJoie, Devon Landrette, Ayla Lanza, Dexter Lasko, Kylie Linnhoff, Benjamin Livingston, Abigail Lopez Cruz, Aiden Maciaszek, Aaron Madore, Isabella Martin, Grayson McCormick, Shaun Mohamed, Josh Morissette, Ethan Murphy, Aiden Nichisti, Riley Olsen, Noah Olson, Ryan Petillo, Landon Pierce, Logan Plourde, Erick Ponce, Henry Posner, Benjamin Ramirez Urena, Victor Ramirez, Ethan Rapacky, Kelly Raymond, Kitarra Richardson, Benjamin Roberts, Amari Robinson, Evan Rodriguez, Miah Rodriguez, Dametri Roman, Gianna Rossi, Dziyana Sakalova, Brenna Salzillo, Ethan Savage, Madelyn Sawallich, Lejla Sejfic Kiera Sherman, Julianna Sozanski, Elissa Strenk, John Jay Torres, Caden Tucker, Ivan Wargo, Stella Weidl, Mattilyn Wrobel

#### HONOR ROLL GOLD Grade 7

Asia Benoit, Ashleyn Chrzanowski, Ryann Dufresne, Matthew Fantozzi, Raman Kasabrukhau, Jasmine Hope Labarda, Nolan Meehan, Courtney Thorpe

#### HONOR ROLL SILVER Grade 7

Jaxsen Bailey, Nicole Bak, Victoria Baran, Landon Barsaleau,
Madison Bohn, Kaiden Bouchard, Arden Campbell, Samuel Carney,
Jillian Chasse, Annina Consalvo, Emily Corriveau, Landen Couture,
Haley Coyne, Luke Ericksen, Michael Ericksen, Michael Fontaine,
Richard Incognito, Matteo Kukuc, Charles L'Etoile, Ray Lalaj,
Madison Luntta, Rehan Malik, Veronika Mangan, Skylar Miller,
Peter Montana, Richard Nichols, Matthew Orzol, Ansh Patel,
Devin Petrow, Chloe Raio, Jayden Ramos,
Elliana Rexinger-McConnell, Nicholas Ruffini, Edrik Santiago

#### HONOR ROLL GOLD Grade 8

Emily Barnes, Misha Kovac, Darren Paznokas

## HONOR ROLL SILVER Grade 8

Anthony Anderson, Bruno Begazo, Jalenah Blake, Megan Brochu, Kenisha Cayones, Joseph Chasse, Nolan Cooke, Brianne Goulet, Victoria Grodzicki, Xavier Hairston, Luis Hysenllari, Jason Iwanicki, Emily Jaszczur, Kaya Kaniecki, Anela Keranovic, Bennett Kochosky, Bianca Krzesinski, Kaitlyn Landry, Olivia Leonetti, Brandon Lopresti, Kayleigh Matos, Jett Maynard, Arayah Meehan, Evangeline Molloy, Tessa Monte, Semaj Palmer, Autumn Pilgrim, Matthew Polkowski, Anna Radziewicz, Mongkhon Charlie Siboriboun, Giovanni Angelo Soto-Ayavaca, Filip Szymczyk, Sofia Valenti, Ethan Vaughan, Lila Wadley, Jack Wilder, Mikolaj Zajaczkowski

More School Information On Page 26



Jonathan Donovan is a legal professional with experience in various practice areas, including probate and estates, estate planning, real estate, mental health matters, and worker's compensation. He is an attorney at the Law Offices of Vollono and Donovan in Plainville, CT. Prior to that, he was an assistant clerk to Judge Evelyn M. Daly at the Farmington Regional Probate Court. He earned his Juris Doctorate from the University of Connecticut School of Law in May 2020, where he served as the Lambda Law president and a member of the Diversity Committee. During his time in law school, he also interned for corporation-counsel and Mayor Ellen Zoppo-Sassu in Bristol, CT. In addition, he supported the Animal Law Clinic at the law school by developing their case management software.

Outside of his legal work, Jonathan has a Bachelor of Arts in Philosophy with a minor in music from the University of Connecticut in Storrs. He has also worked as a day support program instructor at Bristol Adult Resource Center, and served as a music director at St. Anthony Church in Bristol.

Jonathan's diverse work experience has given him a unique perspective and skill set in the legal profession. His legal education and experience, combined with his dedication to serving his community, make him a valuable asset to the legal team at Vollono & Donovan. With a strong foundation in probate and estates, estate planning, mental health law, real estate, and worker's compensation, Jonathan is committed to advocating for his clients' needs and helping them achieve their legal goals. He is passionate about using his legal knowledge and expertise to make a positive impact on the lives of those he serves.

You can contact Attorney Donovan at 860-747-5745, or email him directly at jonathan@t-vlaw.com.



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#### Q&A:

#### WHAT CAN YOU TRADE?

All healthy plants are welcome, potted houseplants, annuals and perennials. Cuttings, bulbs, seeds, pots or any plant related items.

#### WHAT IF I ONLY HAVE ONE PLANT?

You don't need to set up, you can just walk around to see what you want to trade during trading time 1:30 pm-3 pm.

#### WHAT IF I DON'T HAVE A PLANT?

Please come! We will have some plants for sale in a separate area and some of the swappers may want to freely give their plants without a trade.

#### CAN I SELL PLANTS?

Only non-profits. Contact us if you wish to sell as an organization.

#### ARE THERE TRADING RULES?

To be kind and respectful of others.

#### CAN I VOLUNTEER?

Absolutely, give us a call/text (860-982-7412) or email us at **plainville860@gmail.com.** 

#### WHAT TO EXPECT:

Park in the OLM church parking lots, walk over to the check in table at OLM Parish Center. If it's nice we will set up outside in the Parish Center parking lot. If the weather is bad, we will be in the Parish Center Gym. At check in, we will have name tags and plant markers to label your plants (if you know what they are).

#### WHEN?

#### Saturday, May 20th, 1pm-3pm, trading starts at 1:30pm

Come set up at 1pm. If you have a bunch of plants, and/or plant related items, let us know now and we can designate a spot for you. (860-982-7412)

#### *WHERE?*

19 S. Canal Street, Plainville, CT at Our Lady of Mercy Parish Center

Time to start dividing those plants, trade off all those duplicates and see what else is out there!

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#### Dr. Dan Witmer -Orthopedic Surgeon

On March 29, PTSMC of Plainville was honored to host Dr. Dan Witmer, Board Certified Orthopedic Surgeon out of Hartford Hospital's Bone and Joint Institute, who educated clinicians on arthrofibrosis of a total knee arthroplasty. Dr. Witmer, a Pennsylvania native, received his medical degree from Jefferson Medical College in Philadelphia. He then came to Connecticut to complete a residency in orthopedic surgery at the University of Connecticut, in which he was presented with the Cavazos Award for Most Outstanding Resident during his graduating year. He then completed a one-year fellowship in Adult Reconstruction and Joint Replacement at Indiana University. During his fellowship, he was trained in complex hip and knee replacement and revision surgery, computer assisted surgery, cementless and partial knee replacement, and rapid recovery techniques enabling outpatient joint replacement for optimized patient recovery. Dr. Witmer's discussion with PTSMC clinicians focused on the most current research along with his vast personal experience regarding patient's experiencing arthrofibrosis of a total knee arthroplasty (TKA).

Arthrofibrosis, or the "advanced stiffening" of a joint, occurs in 1-5% of patients following a TKA procedure. In regards to the knee

joint, arthrofibrosis is defined as >10 degrees of loss of extension, and only 80-110 degrees of flexion. Dr. Witmer identified the most prevalent risk factors for TKA arthrofibrosis, specific to the patient, as being poor preoperative range of motion, diabetes, females aged 50 and older, previous history of knee surgery, and pain catastrophizing or anxiety. Technical risk factors include internal rotation of the femoral or tibial components, lack of tibial slope, raising of the joint line, over-tensioning of MCL/PCL, or basic malalignment. In situations where arthrofibrosis is not responding appropriately to conservative treatments, revision or manipulation may be implemented. In more recent studies, Dr. Witmer conveyed that the most common reasons for TKA revisions include, in order, infection, loosening of replacement flexion instability, stiffness, and lastly malalignment/malrotation. necessary in certain patient cases, Dr. Witmer highlights that manipulations are not always benign procedures. Rare but still considerable risks of TKA manipulations include patellar tendon rupture and supracondylar femur fracture, as the patient loses reflexive, protective mechanisms against the manipulative intervention while under anesthesia. He highlights that patients who have undergone a manipulation should receive skilled physical therapy immediately (same day) to initiate mobility as soon as possible and most successfully prevent further arthrofibrosis. Most positive results with manipulations are those performed within 6-8 weeks of surgery. Following manipulation, the average gain in knee range of motion is 20-30 degrees, with the goal of 15-20 of those degrees being achieved within the first year of rehabilitation. With patients who are manipulated after 3 months post-op, the range of motion achieved may be much less. Most trials of manipulated patients achieve a final flexion range of motion between 95-115 degrees, which is vital to inform the patient prior to receiving a manipulation. The more informed and understanding a patient is going into these types of procedures, the better the result can be both physically and mentally for them.

As treating clinicians, what should we do if we suspect one of our patients is demonstrating arthrofibrosis after a total knee? Dr. Witmer suggests that if a patient is more than 3 months postop and still displaying a moderate amount of decreased mobility, ruling out infection should be the first step. Typically a blood panel to examine ESR/CRP should be obtained from the patient to rule this out. If signs of arthrofibrosis appear earlier on in a patient's rehabilitation, it is encouraged that the patient receive a CT scan to rule out any component malrotation. For symptoms that may persist or develop much later in rehab or perhaps following the cessation of rehab (>2 years), a bone scan may be performed to evaluate any loosening of parts. At any stage of care, the discussion between the surgeon and the physical therapist can be the most beneficial at determining the next best step in regards to the patient's plan of care.

Dr. Witmer emphasized the importance of the relationship and communication between surgeon and treating physical therapist in optimal patient care and prognosis. He emphasizes that pushing our patients appropriately by developing a good understanding of the patient's pain tolerance, preoperative mobility/function, goals, and utilization of proper language and coaching techniques can be imperative in a patient's rehabilitative success. He underlined the importance of our role as physical therapists to assist in preparing and educating our patients regarding the TKA procedure and possible outcomes. Early treatment and team communication are essential for good patient outcomes, and Dr. Witmer encourages treating clinicians to reach out to him with any treatment questions or concerns regarding our patient's status at any point throughout their TKA rehabilitation.

If you have had a total knee replacement and are still having difficulty, it might be time to call Physical Therapy & Sports Medicine Centers of Plainville and have our Therapists look at it. Find us at www.PTSMC.com/Plainville or call us at 860-517-8885.

Written by Natalie Peterson ATC, PT, DPT, LSVT

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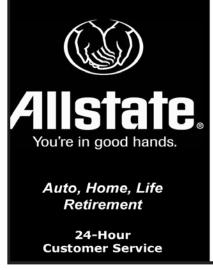
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#### **BOOKS**

ANTIOUE AND COLLECTABLE GLASSWARE PLUS MORE ANTIQUES **CALL** 

860-747-9750

For Sale Mahogany High **Boy Dresser & Bed Rails** \$400.00 Call Sally 860-517-5020 FOR SALE 5 piece Bedroom Set Late 40's or 50's **Excellent Condition :** Only \$600.00 Call 860-576-0306

For Sale 21 M & M Characters **Like New Condition** Any Reasonable Offer is fine! Call 860-747-3274 "Leave a message if no answer, for a return call"

2006 Chev-Silverado Truck "Extra-Extra" Low Milage **ONLY SERIOUS OFFERS CONSIDERED Call for Appointment** 

## FREE Exclusively for Plainville Residents courtesy of: Stan Mizzy

#### Plainville's Own ... CLASSIFIED CONNECTION

To Change Your Ad Please Call Hometown Connection @ 860-747-4119

#### We need your HELP!!!!

If you are the person that called about your ad last month, please call us again.

In checking our answer machine you forgot to give us your phone number, (or we missed it) making it impossible to correct your phone number in your ad for this month.

Stan Mizzy had nothing to do with our mistake, he sponsors this page for our readers and we certainly appreciate all he does for many Plainville non-profit organization.

> "We are all volunteers and now that we have your attention." We are looking for a volunteer to take charge of this page!!

Name your hours, work from home, or in the office, you will be your own boss!!

## \*Moving Sale\*

Everything must go

Saturday, May 13th, 8 am to 4 pm and

Sunday, May 14th, 8 am to 1 pm 11 Granger Lane, Plainville

#### FOR SALE

Small Refrig 20"x20"x20" \$40.00

Cook Books Make an offer!!

Call 860-747-3730

#### For Sale

**Betty Crocker & Family Circle** 

15 Cook Books - \$15.00

U-Conn "Barbie" Cheer Leader Doll \$15.00

2-Women's U=Conn T-Shirts

Early 2000 \$10.00 each

CALL 860-589-6502

#### **FOR SALE New/Never Used**

**Winco Generator** 

(Compact Series W15PTOS/E)

**Tractor Drive Generator** 

30 Horsepower

**MODEL:W15PTOS/E** 

AMPS 62.5 - VOLTS 120/240

P.F. 1 - TEMP. 40C

\$1,500.00

**Call LARRY** 

860-836-8683

#### **FOR SALE**

2 Tier Glass **Coffee Table 40" Wide** 

\$50.00

Call 860-770-9983

860-628-7535 ask for Jackie Leave call back number This offer of FREE ads by Mizzy Construction, Inc. are just for you! So, this is an opportunity to sell items you no longer need and/or an opportunity to buy items that you wanted but didn't think you could afford. All other newspaper's Classified Ads are mostly for out-of-town ads.

Now, you can advertise your excess items and/or shop right here in Plainville.

Call (860) 747-4119



PROUDLY SERVING CONNECTICUT AND SURROUNDING STATES SITEWORK NEEDS FOR OVER TWENTY-FIVE YEARS

## Young at Heart.....Plainville Seniors

#### PAINVILLE SENIOR CENTER ACTIVITIES Maxine Kollar, Editor/Office Assistant

#### HEALTHY BODIES CREATE HEALTHY MINDS

Back again by popular demand! How often do you make time for you? How often do you take the time to make something healthy for yourself? Or do something healthy?

If you answered not often, then this class is for you! Together we will explore healthy eating habits that can assist you in losing or maintaining weight and can help move your body in a healthier direction. We will explore and recipes, enjoy a healthy meal together, welcome guest speakers, and investigate techniques to reduce stress eating all in a welcoming and supportive atmosphere. Meal planners will be shared.

The course, which is being conducted by Senior Center Group Coordinator Karen Pagliaro, RN, is free. Sign-up began on April 4, 2023.

Classes will began on Tuesday, April 25, 2023 at 10:00 to 11:00 AM & continues weekly through May 30, 2023.

May 2, 2023—Brain Food Lecture: A Registered Dietitian will be giving a lecture about brain health, including what happens in the brain and affects our memory, food that help our memory, recipes and more.

May 9, 2023—Explore why it's important to both read food labels and interpret them, discuss which aisles in the grocery store to avoid and why they should be avoided, share health recipes you can prepare at home.

May 16, 2023—Stress can lead to overeating, but how do you relieve stress and mindless eating?

May 23, 2023—I hate to exercise...but it is important! Join Maquita Sellers, Exercise Physiologist from GoodLife Fitness, Hartford HealthCare. She will share the benefits of exercise along with ways to incorporate fitness into your daily routine.

May 30, 2023—Going out on the town? No dessert? There must be a healthy dessert I can have!

Call the Senior Center at 860-747-5728 to register.

#### KENTUCKY DERBY LUNCH & PARTY

THURSDAY, MAY 4, 12:00 PM – 1:30 PM COST: \$8.00. SIGN UP ENDS MAY 2.

We're off to the races! Join us for a fun afternoon of eating, drinking and "betting" on the horses! Lunch will feature Kentucky Style Fried Chicken Tenders, Potato Salad, Cornbread and Pecan Pie. We'll sip sweet tea and non-alcoholic mint juleps! Wear a fancy hat or a bow tie. Following lunch, we'll "bet" on the horses and have fun horsin' around! Prizes and treats and lots of fun guaranteed! Register and pay at the Senior Center.

#### **CAREGIVING CONNECTIONS**

Connect with other caregivers on Tuesday, May 9 at 10 a.m. at the Senior Center as we support one another on our journeys and recognize the challenges and frustrations of 24/7 caregiving. You must register to attend. Call the Senior Center at 860-747-5728 to register.

#### **GOAT PARTY**

TUESDAY, MAY 9, RAIN DATE: MAY 10 1:00 PM—2:00 PM AT NORTON PARK PAVILION COST: FREE CALL THE SENIOR CENTER TO REGISTER, FOR MEMBERS ONLY.

We had so much fun last year, petting, feeding & snuggling with goats, that we just had to do it again! Don't miss out on this fun experience with Got Your Goat from Washington Depot! Call the Senior Center or register online, www.schedulesplus.com/plainville

#### HANDWRITING ANALYSIS CLASS

WEDNESDAYS, MAY 10—JUNE 28, 8 WEEKS, 1:30 PM—3:00 PM

COST: \$24.00. INCLUDES ALL MATERIALS. SPACE IS LIMITED TO 10.

INSTRUCTOR: PAT SENICH, CERTIFIED GRAPHOANALYST,55YEARSOFEXPERIENCE. Are you ready to uncover the secrets hidden in your handwriting? Unlock personality traits and characteristics you never knew existed with handwriting analysis. Uncover insights into how you interact with others, and discover untapped potential.

Unlock the mysteries of handwriting analysis today. A real learning experience for everyone. During this class you will be able to see traits in your handwriting as well as identify in our family, friends and workmate's script. To be specific, you will understand EMOTIONS, THINKING, APPROVAL NEEDS, SUCCESS POTENTIAL, COMMUNICATION and CONCENTRATION the way it appears in cursive strokes of writing, and we take a look at SIGNATURES also. There are over 50 traits covered that can be identified in your handwriting. Register and pay at the Senior Center.

THE LIFE AND TIMES OF SIDNEY POITIER THURSDAY, MAY 11, 10:00 AM FREE Presented by Joe Ouellette "The History Guy"

Sidney Poitier was one of the major stars from the Golden Age of Hollywood Cinema. Poitier was an actor, film director and diplomat who challenged the thinking of our generation and others and led the way to open dialog between different racial insensitivities. We saw this in the Blackboard Jungle, Lilies of the Field, A Raisin in the Sun, To Sir with Love, Guess Who's Coming to Dinner and other outstanding films. Join us to remember this outstanding individual and his contributions to the film industry and perhaps our own lives. Call the Senior Center to register.

#### BRING YOUR PET TO THE SENIOR CENTER DAY!

Friday, May 12 between 10:00 AM—11:00 AM Stop by the Senior Center with your favorite lovable pet! Dogs, cats, guinea pigs, hamster, etc. are welcome! We'll have animal friendly treats and we'll take a photo of you and your pet that you can take with you! Call the Senior Center to sign up, so we know how many treats we'll need.

GRANDPARENTS RAISING GRANDCHILDREN If you are a grandparent or relative who is raising a grandchild, niece or nephew, you are not alone. Come to the support group on Tuesday, MAY 16 at 10:30 AM, at the Senior Center and share resources, ideas, struggles, joys and more with others who are raising their grandchildren. Funding for this program is made possible in part by the Older Americans Act through the North Central Area Agency on Aging. You must register to attend. Call the Senior Center or go online at www.schedulesplus.com/plainville to register.

#### BREAKFAST CLUB – MEN AND WOMEN INVITED

TUESDAY, MAY 16, 9:00 AM

Join us for an informal breakfast at D' Marie's Restaurant, 17 Whiting Street, in Plainville! You'll order (and pay on your own) off the menu. Enjoy breakfast out with a great group of friends. Call the Senior Center at

860-747-5728 to register.

#### MEMORY CAFÉ AT THE SENIOR CENTER THURSDAY, MAY 18, 2:00 P.M.

CALL THE SENIOR CENTER TO REGISTER. OPEN TO THE PUBLIC.

Memory Café is a warm & welcoming program for individuals with memory loss. Anyone experiencing memory loss is welcome to attend with their loved ones or caregivers. Memory Café is a social gathering with a safe, supportive, and engaging environment that gives everyone a place to make new friends and interact with others. Enjoy appropriate activities such as crafts, games, music and conversation. Memory Café, which meets monthly, is free and welcome to all. For more information about Memory Café or to sign up, please contact Karen Pagliaro, Stephanie Soucy or Ronda Guberman at the Senior Center. This program is funded in part by Title III of the Older Americans Act through the North Central Area Agency on Aging, Inc. & the CT State Unit on Aging.

#### SNAPPY SENIORS PHOTOGRAPHY

GROUP MEETS THURSDAY, MAY 18, 10:00 AM Share photos from anytime or place. Show us something you learned OR a special photo OR one of your all time favorites! Bring ideas for future classes, trips & lectures. CALL TO REGISTER (860)747-5728.

#### **VETERANS' SOCIAL HOUR**

TUESDAY, MAY 23, 10:00 AM

These monthly information and support meetings are conducted by Sherri Vogt, Veteran's Liaison for Hartford HealthCare Senior Services. FOR ALL VETERANS OVER 60 AND THEIR SPOUSES. Call the Senior Center at (860)747-5728 to register.

#### MEMORY SCREENING

TUESDAY, MAY 23

10:00 AM—12:00 PM BY APPOINTMENT

Are you worried about your short-term memory? Take 10 minutes for a Memory Screening from the Alzheimer's Foundation of America—simple and safe "healthy brain check-ups" test memory and other thinking skills. Open to anyone whether they have current memory concerns, are at risk for Dementia, or just want to see how their memory is now for future comparisons. This is not a diagnosis of any particular illness and is completely confidential. Conducted by Hollis Hartman, Memory Care Advisor, Arden Courts. Call the Senior Center at (860)747-5728 to make an appointment.

#### FRESH HERB DÉCOR SIGN

TUESDAYS, MAY 23 & MAY 30, 9:30 —12:00 PM COST: \$18.00 INCLUDES ALL MATERIALS. SPACE LIMITED TO 10.

INSTRUCTOR: PENNY KINDBLOM

Paint and create a wooden herb planter wall hanging which will serve as a decorative piece for your home. The wall hanging is a mixed media dimensional piece. Stain and paint will be involved in the prep work on a wooden plaque. The piece includes three herb pots, filled with moss and a twine flower bow for embellishment. Sample on display in showcase (actual piece may vary slightly). Each student is responsible to bring their own paint brushes in assorted sizes, paper towels and scissors. Register and pay at the Senior Center.

#### **BOOK BUDS**

May BOOK: "The Magnolia Palace" by Fiona Davis FRIDAY, MAY 26, 10:00 AM COST: FREE! FOR MEMBERS ONLY.

INSTRUCTOR: KATHLEEN MARSAN

This Historical Novel is set in one of New York City's most impressive Gilded Age mansions, the Frick mansion-turned-museum. Filled with intrigue, scandal, romantic trysts, stolen jewels, family drama and hints of a murder plot or two, the suspense will keep the reader wanting more clues! Coffee and tea provided. Please be sure to register as there is limited space. The book is available at the main desk at the library.

#### INSIDE ALCATRAZ

THURSDAY, JUNE 8, 2023, 10:00 AM, FREE Presented by Joe Ouellette 'The History Guy"
The Alcatraz Federal Penitentiary was a maximum security federal prison on Alcatraz Island, which operated from 1934 until 1963 and housed the nation's most notorious and dangerous criminals. Meet those on the guest list and take a look around at this interesting bit of history. We'll explore the genesis of the institution, its famous "guests", the accommodations, The Battle of Alcatraz and the players, the routine and the food. Did The Bird Man rally have birds at Alcatraz? We'll also explore the odds of an escape. Let's discuss...Great Photos too! Please call the Senior Center to register.

#### **Elderly and Disabled Homeowners**

Are reminded that it is time to file for elderly and disabled homeowner benefits for the 2022 Grand List Year. Applications must be filed by May 15, 2023.

- A copy of the applicant(s) 2022 income tax return, or if not required to file a return, must supply copies of their sources of income and the amounts.
- A copy of the applicant(s) 2022 Social Security 1099 form

Applications will be taken at the Town of Plainville Municipal Center, by appointment only. *Please call the Assessment & Collections office for an appointment*, 860-793-0221 extension 7136.

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#### **OBITUARIES**

#### ~ Paul C. Babin ~



86, of Bristol, passed away peacefully with his family by his side on Sunday, April 16, 2023 at the Hospital of Central CT New Britain General Campus.

Paul was born on April 15, 1937 in Caribou, Maine son to the late John and

Antoinette (Bouchard) Babin. After many dedicated years, Paul retired from Fafnir Bearing as a machine operator.

Paul is survived by his daughter, Nisa (Babin) Davey and her husband, George; his grandchildren, Marissa Davey and her spouse, Camden Lasky and Sean Michael Davey; his siblings, Ursula Violette, John Babin and his wife, Sharon, Barbara Chasse, Mack Babin, Diane Albert and her husband, Camille, and Faith Franck and her husband, Bert; along with several nieces, nephews, and cousins. He was predeceased by his daughter, Jill Sincko, his former wife, Jacque Babin and his siblings, Michael Babin, Leo Babin, Tom Babin, Elaine Cansdale, and Kathleen Michaud Manning.

Family and friends gathered at Plainville Funeral Home. A Mass of Christian Burial was celebrated at Our Lady of Mercy Church, 94 Broad Street, Plainville. Burial will be held privately. For more information or to leave online expressions of sympathy, please visit www. PLAINVILLEFUNERALHOME.com.

#### ~ Albert W. Goodfield ~



82, of Bristol, passed away peacefully on Tuesday, April 4, 2023 at Hartford Hospital. He was the husband to Kathleen (Parker) Goodfield for 43 years.

Albert was born on October 9, 1940 in Bristol, CT son the late Telesphfore (Duval) and Margaret

U.S. Navy and proudly served our country during the Vietnam Conflict. He was honorably discharged from the military and went on to work for New Departure where he retired as a forger. Albert was a highly-skilled and talented woodworker and used his ability to construct or fix many items, including toy chests for his grandchildren to enjoy. He loved the outdoors and was an avid camper and fisherman. In addition, Albert loved story-telling and always had a story or two to share with anyone who would lend an ear to listen. A man of tough-love, Albert will be missed dearly by his family.

Goodfield. At the age of 18, Albert enlisted into the

In addition to his wife, Kathleen Goodfield, of Bristol, Albert is survived by his children, Lisa Chamberland, Dawn Michaud, Ruth Goodfield, Susan Goodfield, and Jeanie Goodfield; his brothers, Andre Goodfield and his wife, Mele and Michael Goodfield and his wife, Francine; and several grandchildren, greatgrandchildren, nieces, nephews, and extended family members. In addition to his parents, he was predeceased by his son, Troy Robillard, his sister, Margaret Goodfield, and his brothers, Daniel and Telesphfore Goodfield.

Military honors and a gathering in celebration of Albert's life will be held privately. In lieu of flowers, donations in memory of Albert can be made to the Wounded Warrior Project, P.O. Box 758516, Topeka, Kansas 66675-8516 (www.woundedwarriorproject. org). The staff at Plainville Funeral Home, 81 Broad St., extends their appreciation to the Goodfield family for their trust. To leave online expressions of sympathy, please visit www.PlainvilleFuneralHome. com.

#### ~ Pauline Marie (Nadeau) Bouchard ~



72 of Plainville, passed away with her beloved family by her side on Tuesday, April 18, 2023 at Hartford Hospital. She was the wife of Alphe Bouchard, with whom she shared 53 wonderful years. Born and raised in Fort Kent,

ME, she was one of five daughters to the late Ludger

and Germaine (Labbe) Nadeau. She met the love of her life, Al shortly after relocating to Connecticut, and settled in Plainville where they raised their daughter and became loving and devoted grandparents. Pauline was a retiree of Allstate Insurance, where she worked for many years as a claims processor. She enjoyed making annual trips back to her hometown, enjoying the beauty of Eagle Lake and visiting with her family and friends. The matriarch of her family, she will be missed beyond words and fondly remembered.

In addition to her husband, she leaves her daughter Vicki DiTolla, her husband Chris and their daughters, Kayla, Lyndsey and Emma; her sisters, Patricia Nadeau, Joyce Nadeau, Gail Rice and her husband Doug and Norma Lawler and her husband Gary; along with many nieces and nephews.

A Mass of Christian Burial was celebrated at Our Lady of Mercy Church, 94 Broad St, Plainville. Committal followed at St. Joseph Cemetery, Plainville. The staff at Plainville Funeral Home extends their gratitude to the Bouchard family for their trust. For online expressions of sympathy, please visit www. PlainvilleFuneralHome.com

#### ~ Janice Whiteley ~



84, of Plainville, passed away peacefully on Wednesday November 23, 2022 LiveWell in Plantsville. Born in Providence, RI

on January 9, 1938, she was one of two children to the late Arnold and Abina (Boyd) Whiteley. Raised and educated in Pawtucket, R.I., she was an active and

involved member of the Pawtucket West High School, Class of 1955, having been class secretary, a majorette (head twirler) and on several planning committees for many class reunions including their 50th.

A woman of strong will and determination, she put herself through nursing school while raising her two small children. She had a successful and enjoyable career caring for others at the former Farmington Convalescent Home where her coworkers became a second family to her. Three dear friends; Pat Gannon, Linda Demma and Darlene Wielechowski were with her on her last day.

Jan loved to travel and was able to fulfill her adventurous spirit with many world travels in her retirement. She also never met a pair of shoes that she could pass up.

A loving mother and "Gran" to many, she is now at peace and will be missed dearly by her family and many friends.

She is survived by her daughter Lorri Goldsmith, her husband Ed and their daughters, Jill (Andrew) and Abby (Ryan); her son, John "Chip" Orzechowski and his daughters, Rachel and Nicole. She was predeceased by her only brother, Russell Whiteley, with whom she shared a special bond, and leaves her sister-in-law, Carole Whiteley, their son Todd and his

The family would like to express their gratitude to the staff of LiveWell for their kindness and compassion during her final years.

In lieu of flowers, Janice may be remembered with contributions to the Alzheimer's Association Connecticut Chapter, 200 Executive Blvd, #4b, Southington, CT 06489.

Family and friends gathered in celebration of Janice's life on Friday, April 14, 2023 at Plainville Funeral Home, 81 Broad St, Plainville. Words of remembrance were shared She will be laid to rest privately at Swan Point Cemetery in Providence, R.I. For online expressions of sympathy, please visit www. PlainvilleFuneralHome.com

#### ~ Mildred B. Brayman ~



of Plainville peacefully on April 2, 2023 in the home she loved and shared with the love of her life, her late husband Patrick E. Brayman and their four daughters. Mildred (Millie) was born in 1928 in New Britain, CT, the daughter of the

late Bertha (Bigos) Barretta and Joseph C. Barretta. Millie graduated from Hillyer College in Hartford,

CT, raised her daughters, then returned to her career as Executive Assistant to the Dean of Student Affairs at Central Connecticut State University. Upon her retirement, Millie and Patrick spent their winters in Marco Island, FL, making life long friendships and enjoying their beach walks. Millie and Pat were among the original "Mall Walkers" at Westfarms and could also be seen daily walking throughout the town of Plainville. Millie was an avid fan of the Boston Red Sox and

the University of Connecticut Men's and Women's Basketball teams enjoying endless hours watching their successes. She could be seen in her team sweatshirts on the days they were playing.

Millie is survived by her sister Germaine Barretta of Plainville, CT; her 3 daughters: Karen and her husband Thomas Forcella of Savannah, GA, Marlyss and her husband Stephen Gage of Savannah, GA and Leslie and her husband Tim Hagerty of Agoura Hills, CA; her 7 grandchildren and their spouses, Timothy Forcella, Daniel Forcella and his wife Samantha, John Forcella and his wife Brooke, Margaret Gage, Julia Kraus (Gage) and her husband Zach, Alyssa Hagerty and Michael Hagerty; her 3 great grandchildren, Griffin, Kelly, and Everett Forcella; and nieces and nephews of the Dainty Family. In addition to her husband Patrick and her parents, Millie was predeceased by her beautiful daughter Lynell.

The family will hold a private burial at a later time, and wish to thank all friends and loved ones for their love and support over the past few years, as well as Masonic Hospice for their loving care since December of this past year.

She will be recognized at a Sunday Mass at her church St. Patricks in Farmington, CT, on May 14th.

The staff at Plainville Funeral Home extends their gratitude to Millie's family for their trust. To share fond memories or online expressions of sympathy, please visit www.PlainvilleFuneralHome.com

#### ~ Richard (Dick) F. Drake ~



90, passed away peacefully on March 4, 2023, at home with hiswife by his side. He was born on January 14, 1933, in St. Francis, ME and raised in Ft.Kent, ME. The son of the late Stanley and Eunice (Hatt) Drake, Dick was 1 of 20 brothers and sisters. Dick served in the United

States Army for two years after which he moved to Hartford Cland married

Madeline Dube of Wallagrass, Maine. They made their permanent home in Plainville, CT. Dick worked for the Maine Forestry Service in his early adult years and for Stop and Shop Grocery in CT for 37 years. He loved camping with his wife in upstate NY and enjoyed hunting and being out in thewoods of Maine. Dick was known for his infectious laughter, wonderful sense of humor and his love for any homemade baked goods. He is survived by his wife of 64 yrs, Madeline of Plainville CT, daughters Susan Drake Yawgel of Bristol, CT and Sheila Drake of Auburn, Maine; grandchildren, Kelly and KevinYawgel; 1 brother and

A Mass of Christian Burial will be held at Our Lady of Mercy Church, 94 Broad St., Plainville CT on Friday, May 5, 2023 at 10:00 am followed by cemetery prayer/burial at St. Joseph's Cemetery, Farmington Ave., Plainville, Ct. Arrangements have been entrusted to Bailey Funeral Home, Plainville, CT. To leave an online condolence or memory for Dick's family, please visit www.bailey-funeralhome. com.

#### **OBITUARIES**

#### ~ Jean C. Pratt ~



93, passed away peacefully on April 3, 2023, in her home in Forestville, Connecticut

surrounded by family. She was predeceased by her husband of 70 years, Edward Pratt, whom she loved dearly and cherished throughout their long and

happy marriage.

Born on May 19, 1929, in Torrington, Ct, Jean was the daughter of the late Lindsley and Edith Clouser. She graduated from Cooley Dickinson Nursing School in Northampton, MA, and pursued a career in nursing.

Jean loved spending summers in Wellfleet, Cape Cod and had a passion for cooking and baking. Her blueberry buckle and clam chowder were favorites among her family and friends. She also had a great love for cats, and her home was always filled with the love and warmth of her furry friends.

She is survived by her children, Edward and his wife Donna Pratt of Collinsville, CT, Charles and his wife Joan Pratt of Otis, MA, and Carol and her husband Timothy McCarthy of Prospect, CT along with five grandchildren and her sister, Marjorie Minor and cousin, Jeanette Skoczylas.

Jean will be deeply missed by her children, grandchildren, and all who knew and loved her. A memorial will be held this spring in Plainville. The family asks that in lieu of flowers, a contribution in Jean's name be made to the Plainville Historical Society, 29 Pierce Street, Plainville, CT 06062.

#### ~ James J. Toomey~



84, of Farmington, formerly

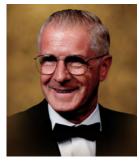
of New Britain, passed away in the comfort of his home with his loving wife of 64 years, Camilla (Vitale) Toomey, by his side on Monday, April 24, 2023. James was born on July 25, 1938 in Waterbury, CT son to the late James A. and

Elizabeth (Majewski) Toomey. He worked for Stanley Works in New Britain for over 41 years and retired as the head of maintenance. James spent many summers at the beach in Maine, where he and his family shared many memorable trips to their cottage and he was the former President of the Moody Beach Association. He enjoyed the outdoors and was a member of the Bristol Fish and Game for many years. A true family man, James loved spending Sundays surrounded by family and was a master chef in the kitchen. A delicious meal was always enjoyed by those who he entertained and he passed on his cooking skills to all who were interested in learning or watched him in the kitchen. A natural with his hands, he excelled in wood-working and constructing pretty much anything he set his mind to. James was a leader and inspired others to always want to do the right thing. A generous man, with a witty sense of humor and loving personality, James will be deeply missed by his entire family.

In addition to his wife, Camilla, James is survived by his children, Mary Jo Girardin and her husband, Alan, Kathleen D'Amato and her husband, Guerino, Robin Tighe and her husband, Timothy, and James P. Toomey and his wife, Beth; his grandchildren, Jessica Cetola and her husband, Michael, Amber Verno and her husband, Eric, A.J. Girardin, Zachary Tighe and his wife, Kristina, Conner Toomey, Kelly Toomey, Griffin Tighe, Gianna D'Amato, and Lauren Toomey; and his great-grandchildren, Marina Cetola, Ethan Cetola, Liam Verno, Luca Verno, Brayden Tighe, and Liviana Verno. He was predeceased by his brother, Greg Toomey.

In celebration of James' life, family and friends gathered at the Plainville Funeral Home, 81 Broad Street, Plainville. In true James' fashion, to keep things casual, there will be no formal services and burial will be held privately. In lieu of flowers, donations in memory of James can be made to a charity of the donor's choice.

#### ~ George Miller Reed ~



age 89, passed away on April 19, 2023. George was born on September

30, 1933, in Charlestown, NH, a son to the late Fred and Rena (Martindale) Reed. He was the loving anddevoted husband of 69 years to Ruth (Schmidt) Reed of Plainville.

He retired from Pratt & Whitney Aircraft in 1987 and devoted his retirement years to a life of service to family and good works.

George served his country honorably in the United States Navy and was aboard the USS Fulton. He was a sixty year member of the Friendship Lodge #33 AFAM, Scottish Rite, Sons of the American Revolution,

and the USS Fulton Association. He spent many years raising money for Masonic organizations by selling cotton candy which he made himself with his own machine. George enjoyed building many things so much so that he built a house in Rhode Island for his family which they were blessed to enjoy for many years. A lover of old cars, he was the proud owner of a 1933 Model A and a 1966 Ford Mustang.

Beside his wife Ruth, George is survived by his children: Gordon M. Reed (Lynn); Galen H. Reed (Eva) and Suzanne R. Colley, as well as his grandchildren: Aaron Reed, George M. Reed II, Gordon J. Reed, Jesse Reed, Jason Reed, Amber Chamberland, Hannah Colley, and Arlo Colley. He will be cherished in the memories of his greatgrandchildren: Scott, Henry, Julian, Ashton, Ryland, Camden and Immanuel and his good friend Sal Conti. All services for George will be private. In Lieu of flowers, please consider making a donation to your favorite charity. George's family would like to thank Masonicare of Wallingford, Arden Courts of Avon, and Hospice for their excellent care. To leave a message of remembrance, please visit: www.BaileyCares.com.

# On Eoving Chemory

#### **West Cemetery - Spring 2023**

As Mowing Season is starting, a reminder of our Rules and Regulations:

- No flowers or ornaments are to be placed on the Flush/flat Markers from April to November.
- 2. No planting of bushes or small trees in the cemetery.
- 3. Only flowers are allowed in front of the Upright Monument
- 4. Stones or Mulch are not allowed around markers or monuments.

  Any questions, contact the office at 860-

747-2314 or please visit our web page under the Town

of Plainville website

#### ~ Heather Taber ~



83, passed away peacefully on Thursday, February 23, 2023. She was the beloved wife of the late Reverend Raymond E. Taber, with whom she shared a remarkable 50 years of marriage. Heather was born

on September 14, 1939, in

New Bedford, MA to the late Arthur Mosher, Jr., and Janet (Booth) Mosher.

Heather earned the credentials of Licensed Practical Nurse, and devoted her talents to the American Red Cross where she worked as a phlebotomist for 18 years. She also worked for many local convalescent homes and will be remembered for her caring compassion for her patients. The wife of a pastor, Heather had a strong faith and relationship with God. She loved her family and would take every opportunity to spend time with them; they traveled to places like Camp Marion to spend time and enjoy fellowship. Heather's caring and nurturing spirit was also shared with her beloved companion, her dog Abby. She enjoyed going to the beach, playing Scrabble, and exploring her family history on Ancestry.com. The love and compassion Heather possessed will live on in the hearts of all who knew her.

Left to cherish her memory are Heather's children, son David Taber and his wife Sheri of Plainville, son Donald Taber of Bristol, daughter Michelle Barker and her husband Roger of North Carolina, grandchildren Kane Taber, Thomas Taber, Brian True, Jr., Joshua (Gabby) Barker, Jessica (Mark) Kale, and six great grandchildren; Marley Barker, Wilson Barker, Hazel Barker, Dusty Kale, Lottie Kale, and Willow True. She also leaves her brother Mike Leupold of Canada. Besides her parents, Heather was preceded in death by her loving husband, Reverend Raymond E. Taber, and her devoted daughter in-law Casandra Bergeron Taber

Family and friends visited Bailey Funeral Home, 48 Broad Street, Plainville. A graveside service washeld at Oak Hill Cemetery, Southington. In lieu of flowers, donations in Heather's name can be made to The Dementia Society of America, https://www.dementiasociety.org/donate, or to the Alzheimer's Association CT Chapter, 200 Executive Blvd S #4b, Southington, CT 06489, https://www.alz.org/ct. To leave a message of remembrance please visit: www.bailey-funeralhome.com



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#### **OBITUARIES**



#### Joseph Carl Ciccio

90 of Plainville, beloved husband of Rose (Mancini) Ciccio, passed away peacefully surrounded his family

Wednesday, April 26, 2023.

Born and raised in Plainville, Joe was one of two sons to the late Carmelo and Florence (Damiano) Ciccio. A 1951 graduate of Plainville High School, Joe married his high school sweetheart, Rose, in 1954, sharing together 68 years of love and life adventures. A member of the Knights of Columbus Gerald T. Corrigan Council, Joe and Rose were lifelong communicants, volunteers and supporters of Our Lady of Mercy Church. A lover of animals and raised on the farm where Ciccio Court now stands, Joe learned the construction trade from a young age. The self-taught builder of chicken coops, he expanded his abilities to custom homes and commercial properties as the owner/ operator of Ciccio Homes for more than 50 years. With his famous Yorkie, "Taffy" by his side, he successfully developed much of his hometown, including some of the residences on Ciccio Ct., Roseanne La., and Mancini Way along with many other notable projects, with his final design being his daughter, Rosanne's home. Additionally, he sponsored and played for the Ciccio Homes championship winning slow pitch softball team.

A proud girl Dad, he built a farm of his own at his home on Mancini Way, and proudly supported his daughter's equestrian talents, traveling to horse shows and competitions throughout the U.S. One of his greatest joys was being a grandfather, sharing a special and unbreakable bond with his only granddaughter, Olivia. An outdoors enthusiast, he enjoyed the sport of hunting, taking fishing trips to 30 Mile Lake in Canada, and wintered in Florida with Rose for more than 30 years. While at home, his man-cave was where he was happiest; hosting family and friends, cooking, making wine, breaking bread, raising a glass and solving the world's problems. Humble but highly influential, Joe touched the lives of many and lived his 90 years to their fullest. He will be missed dearly, leaving a lasting legacy of hard work, kindness and love.

In addition to his wife, Rose, he leaves his daughter Rosanne Ciccio and her partner, Kevin Hughes; his adored granddaughter, Olivia Santostefano; many nieces, nephews, extended family, friends, and business associates. He was predeceased by his brother, Stephen Ciccio.

In lieu of flowers, Joe may be remembered with contributions to Our Lady of Mercy Church, 19 S. Canal St, Plainville.

Joe's family would like to thank the staff at Hartford Hospital for the wonderful care he was given during his brief stay with them.

A Mass of Christian Burial will be celebrated on Thursday, May 4, 2023, at 11:00 a.m. at Our Lady of Mercy Church, 94 Broad St, Plainville. The family will greet guests in the church gathering space prior to the mass, from 10:00 to 11:00 a.m. Committal will follow at St. Joseph Cemetery. The staff at Plainville Funeral Home extends their gratitude to the Ciccio family for their trust. For online expressions of sympathy, please visit www.PlainvilleFuneralHome.com

#### Dear Friend,

The CT General Assembly will vote this session to establish "Early Voting" in our state. Last November, voters in CT, by a margin of 60-40, approved a constitutional amendment to allow for early voting, and the General Assembly is now passing the required legislation to implement it. Below are the specific details of the proposed bill:

Ten days of early voting proposed for all general elections held after July 1, 2023: SB 1057 provides that early voting begins 11 days before the election and ends two days prior. Early voting locations must be open from 10:00 a.m. to 6:00 p.m., including weekends, except that on the last Wednesday and Thursday before the election, the locations be open from 8:00 a.m. to 8:00 p.m. Primaries, and special elections held after Jan 1, 2024, will have four days of early voting in a similar manner.

Designated location for early voting: Each municipality will specify one location for early voting. Municipalities over 20,000 may add additional locations after a public hearing and with the Secretary of State's approval. Early voting will NOT be at the regular polling booth. Experts recommend that population and geographical dispersion decide the number of early polling locations.

Early votes to be counted on election day: The voting process for early voting will be more like absentee voting, albeit in-person. Early voters will mark the ballot, put them in envelopes, seal the envelope, and hand it to the registrar. The sealed envelopes (with the marked ballots) will be stored in secured vaults and counted on election day.

Secretary of State (SOTS) to launch public awareness campaign/training for towns: The bill requires SOTS to launch a public awareness campaign for early voting and provide procedures manual and training for town registrars. The Office of fiscal analysis (OFA) has estimated that early voting will cost the municipalities, in aggregate, \$2.2 Million for the first year and \$700,000 yearly after that.

#### Sincerely,

#### Harry Arora, Former State Representative

This letter is from Former State Representative Harry Arora. It is a public interest email to inform CT residents about state programs and policies. If you need any more information or help please email Harry directly at harry@harryforct.com or write to Harry Arora, Greenwich Office Park, Greenwich, CT 06831



#### **Toffolon Students Complete Community Service Project**



Louis Toffolon Elementary School fifth graders completed their third community service project Plainville's Daybreak Adult Services. They created approximately "stained glass" candy filled flower pots and in return, the students received thank you notes of pens and notepads for their act of kindness.

#### TOFFOLON GARDEN **CLUB READIES FOR GROWING SEASON**







The Louis Toffolon Elementary School Garden Club members are gearing up for another growing season. The students researched seeds to create a planting schedule, then planted the seeds indoors to get a head start. The group also built two greenhouses to extend the growing season which were funded by a grant from the Plainville Community Fund.

#### WHEELER STUDENTS CELEBRATE NATURE



Frank T. Wheeler Elementary School third graders recently participated in a special day of planting and celebration of nature on April 19th as part of their Makerspace classes and in recognition of Arbor Day celebrated in April. First, leading up to the planting event, students put together garden boxes in the school's courtyard area which were used for their planting activity. During the event, the students planted a variety of seeds in the boxes, and also planted several trees and bushes on the school grounds, donated by Eversource, together with pots and soil. Eversource representatives Julian Picciano and John Dyckman, (Arborists), Vegetation Management Supervisor Doug Pistawka, and Vendor Arborists Kait Gallow and James Hanson from ECI Environmental Consulting, were on hand to assist students with the planting project. Additionally, Foreman Kyle Pelletier and Groundman Andrew Pearse, from Asplundh Tree Experts, an Eversource contractor, brought a bucket truck to Wheeler and students had the opportunity to see the truck in action, 70 feet in the air! This exciting event fosters college and career readiness for Wheeler students, as they learned about careers in landscape design and forestry, as well as being an arborist, master gardener and CDL licensing. The planting and celebration of nature event was coordinated by Wheeler Music Teacher Veronica Picciano and her husband, Eversource Arborist Julian Picciano, and facilitated by

#### MISS CONNECTICUT VISITS LINDEN STREET SCHOOL



On April 21st, Miss Connecticut, Sylvana Gonzalez, visited Linden Street School! She spent time with each grade level where she shared stories about her time in the Miss America Association, read picture books, and shared powerful messages about kindness, bullying, controlling your emotions. She left students feeling positive, inspired, and represented.



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Akshay Patel, D.O.

Board-Certified

Otolaryngologist

Dr. Akshay Patel was born and raised in Rocky Hill,

Connecticut. After graduating

from the top of his class at the Chicago College of Osteopathic Medicine. Dr. Patel pursued his residency training in otolaryngology-head and neck surgery and facial plastics surgery at St. Barnabas Medical Center in New Jersey, where he also served as chief resident. Shortly thereafter, he obtained fellowship training in head and neck surgical onocology and microvascular reconstructive surgery at Case Western University-University Hospitals in Cleveland, Ohio. Dr. Patel's clinical interests include head and neck surgical oncology and reconstructive surgery, as well as program development, patient outcome, resident teaching and reconstructive techniques. Hehas presented nationally and published on subjects relating to reconstructive surgery and head and neck cancer.

#### Carl Moeller, M.D. Board-Certified Otolaryngologist

Dr. Moeller is an ear, nose and throat (ENT) doctor, serving both pediatric and adult patients. Dr. Moeller treats common ENT ailments, such as acute sinus infections, allergies and ear infections, as well as more complex problems, such as sleep apnea, snoring, salivary gland tumors, thyroid tumors, chonic sinusitis and nasal polyps. He is one of the few surgeons in the Northeast to offer inspire hypoglossal nerve stimulation to treat sleep apnea. Dr. Moeller joined Connecticut Ear, Nose & Throat Associates in 2011 after attending Loyola University Chicago-Stritch School of Medicine and completing his residency and training in otolaryngology-head & neck surgery at Loyola University Medical Center.

#### Kyle Chambers, M.D. Board-Certified Otolarygologist

Dr. Chambers provides evidencebased surgical and medical treatment for adult and pediatric patients with



sinus,ear, nose. and throat conditions. Dr.Chmbers received his undergraduate degree from Dartmouth College and his medical degree from the University of Washington. He completed his surgical training through Harvard Medical School. Following his surgical training, he received additional training in allergy diagnosis and treatment. Dr. Chambers is an active member of the American Academy of Otolaryngology-Head and Neck Surgery and the American Academy of Otolaryngic Allergy. He has won awards for his teaching and research.



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As the old saying goes, "Age is nothing but a number," and truly this saying has a great deal of age old wisdom in it. Growing old is a natural part of life and it represents the opportunity to learn, educate and equip ourselves with knowledge about life, living and the world around us.

When this opportunity is utilized in it most useful form, what results is a life full of wisdom, compassion and overall a healthy body and a healthy mind

It is equally true that it is never too late to start learning new things and change old habits.

Human mind is an amazing tool that has the capacity to create wonders regardless of the age one may happen to be, given that we are ready to unlearn what holds us back and be ready to learn what propels us forward towards healthy lifestyle.

First thing first, behind every healthy mind, there is a healthy body. We must never underestimate the power of healthy eating, regular exercise and mindful thinking/meditation.

With robust regimen as this, a healthy and sound mind is simply inevitable. A healthy individual therefore maintains an equilibrium between a healthy body and a healthy mind.

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## **CANNABIS** CONVERSATION

with

## **Dr. Paulina Miklosz** DNP, APRN

In prior articles we've covered the importance of the Endocannabinoid system in maintaining balance and promoting health within our bodies.

Today, we'll explore the many ways one can consume cannabis. There are several different ways to use medical cannabis, depending on the desired effects, the patient's preferences, and the health condition being treated.

- 1. Smoking: This is one of the most well-known and traditional ways of consuming cannabis. It involves inhaling the smoke produced by burning the dried flower buds of the cannabis plant. Smoking can provide a quick onset of effects, but it may not be the most appropriate method for individuals with respiratory issues.
- **2. Vaporizing:** Vaporizing involves heating the cannabis flower or concentrate to a temperature that causes the cannabinoids to vaporize without burning the plant material. This produces a vapor that can be inhaled, providing a more lungfriendly alternative to smoking.
- **3. Edibles:** Edibles are food products infused with cannabis, such as baked goods, candies, and beverages. In recent years however, edible cannabis has also become widely available in tablet or capsule form. These are oral formulations that contain measured doses of cannabis extract, typically made with a combination of THC and CBD, and can be taken with or without

Edibles provide a discreet and convenient way to consume cannabis, but the effects can take longer to kick in and last longer than smoking or vaporizing. We will dive deeper into oral cannabis use in next month's article.

4. Tinctures: Tinctures are liquid extracts of cannabis that are taken sublingually (under the tongue) or added to food or drinks. They provide a fast-acting and convenient method of consuming cannabis, but dosing can be challenging due to the high potency of some tinctures.

**5. Topicals:** Topicals are cannabisinfused creams, lotions, and balms that are applied directly to the skin. They are commonly used for localized pain relief and inflammation, without producing the psychoactive effects associated with other methods of consumption.

#### **6.Suppositories:**

Cannabis suppositories are capsules that are inserted into the rectum or vagina, where they are absorbed directly into the bloodstream. This method can provide a longer-lasting and more potent effect than other methods, but may not be suitable for everyone.

It's important to note that the appropriate method of cannabis consumption will depend on several factors, including the patient's medical condition, tolerance, and preferences. It's always recommended to consult with a healthcare provider or a medical cannabis professional to determine the most appropriate method for you. For guidance on medical cannabis use and dosing as well as medical cannabis consultations, please contact our clinic, Higher Med at (959) 900-8206 or check out our website at HigherMed.org.

Dr. Paulina Miklosz is a doctorallyprepared Family Nurse Practitioner with over 10 years of experience in primary care, population health and advanced diabetes management. She is the owner and medical director of Higher Med, a Plainville-based health clinic specializing in Cannabinoid Medicine

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Dear Plainville Residents,

Are you aware that four members of our town council believe that they only work for you if you voted for them?

MAY 2023

On April 5, the PTC of the Middle School of Plainville invited community members and council members to tour our aging middle school and then to listen to the council finally answer questions from the public. Chair Kathy Pugliese and members Joseph Catanzaro, Deborah Tompkins, and Jacob Rocco made it clear that they do not want to allow the citizens of Plainville a chance to vote by referendum on whether or not we should renovate the middle school like new. They believe they are only responsible to their constituents - the people that voted for them. Despite the petition signed by over 700 residents demanding the chance to exercise our right to vote, they made it clear that they will continue to deny us this right and will delay and distract until we vote them out.

These members are acting as if they have a mandate bc they won the majority but let me remind you that each won only by less than 100 votes and our town has an extremely poor turnout rate. We need to do better. When you don't vote you get people like these making decisions that will impact all of us, people who refuse to listen to the will of the people, people who forget that they actually work for the benefit of ALL Plainville residents.

Jacob Rocco actually brought up the idea of closing our middle school and combining our elementary schools to make Linden the new middle school. This is unacceptable and we need to make it clear that these individuals are not representing the majority of this town. I encourage you to get involved, to attend meetings, to make your voice heard, and to VOTE! The entire council is up for reelection in November and we need to send a clear message that we want council members who will honor our democratic principles and allow us to vote on major issues affecting our town. This is not an oligarchy!

I'd like to thank members Rosemary Morante and Christopher Wazorko who steadfastly defended our right to vote on this matter and for their unwavering support of a project that will benefit our children and elevate our town. We want families to move to town. For the health of our town, please get involved!

> Katherine Curtis Plainville

#### THE FACTS OF THE MIDDLE SCHOOL PROJECT

The Town Council received the renovate like new proposal in June 2022 and had no time to review and question the plan before applying for a State grant requested by the Superintendent with a June 30th deadline. The total cost at the time was \$58.9 million. The grant application would be the first step prior to sending the plan to referendum in November 2022. The cost of the project was a primary concern as our community struggles with inflation, interest rate increases, energy cost increases, food cost, supply chain issues and various other escalation factors. Multiple meetings between the school Administration and the Town ensued to discuss other options outside of the renovate like new proposal. One idea discussed was a \$10-\$11 million project to address a variety of immediate facility needs.

#### Those items include but not limited to:

- Complete HVAC upgrade
- Upgrade rooftop air handlers
- Replace millwork/casework
- Replace chillers
- New flooring
- New roof
- AC for gymnasiums
- Replace elevator
- Address drainage at front entrance
- Replace all student lockers
- Refurbish gym floors
- Replace cooling tower
- Upgrade main gym for ADA accessibility
- Replace walk in refrigerators
- Remove UST
- Create secure entrance
- Replace all exterior door hardware

Some items such as the roof and elevator would be eligible for state reimbursement. Additional reimbursement opportunities are being sought for the secure entrance portion of the proposal.

Most recently, the Council raised a question of hiring an independent consultant to review all schools examining student population and future needs. Student populations have been decreasing over the past ten years which is a factor affecting future planning. Whether school consolidation is viable remains to be seen. If a consolidation becomes a possibility, the proposal will be carefully discussed

and considered with the Board of Education and the commnity.

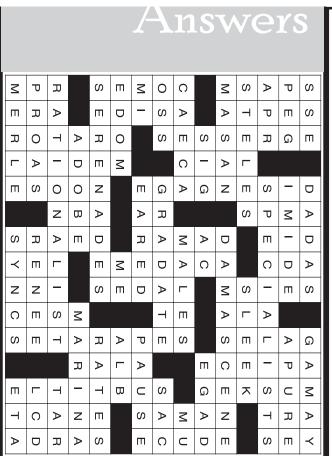
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#### **INSTRUCTORS**

Muna Swairjo, has been involved in the fitness and rehabilitation for 20 years, she has Masters in Physical Therapy and Sports certification. Additionally she is a dancer and dance instructor. She feels Pilates brings considerable rehabilitative gains to her patients and fitness benefits to her dance students.

Marsha Beretta, is a career educator having taught physical education and wellness to youth in Grade KG through Collegiate level. She is a graduate of Polestar Pilates Intl. Comprehensive Program and PMA-CPT practitioner.

**Sophie Leon-Argue,** Became involved in Pilates after child birth, where she was able to bring her body to a stronger and more shapely physique. After receiving her PMA-CPT certification she had helped many women to improve their core strength, flexibility and over all body transformation.

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## PARC to host Spring Dance May 6th

PARC, Inc. is hosting its 2023 Spring Dance on Saturday, May 6 for members, families, friends and supporters. The event will be held 7 to 11 p.m. at Testa's, 26 S. Center St. Southington. The \$60 per person ticket price includes a dinner buffet, music with DJ David Robinson, and dancing. A reduced ticket price of \$35 per person will be offered to members and students. PARC's Shining Star Award will be presented to an outstanding member.

PARC promotes and protects the human rights of people with intellectual and developmental disabilities and actively supports their full inclusion and participation in the community throughout their lifetimes by providing family centered support, direct services and advocacy. Based in Plainville, PARC welcomes residents of contiguous towns. Tickets can be purchased online at the organization's website www. parcdisabilitiesct.org or by calling the PARC office at (860) 747-0316. PARC is a 501(C)(3) organization.

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Thanking you in advance!!

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#### **Reserve Your Space Now:**

Reserve your space now for the Plainville United Methodist Church Community Tag Sale, being held on church grounds at 56 Red Stone Hill, Plainville, Saturday, June 3rd, from 9 am to 3 pm, rain day is June 10th.

A 12 ft. by 6 ft. space is only \$15.00 or include a table and two chairs for

To request and application form, or for more information, please email the church at plainvillunite@sbcglobal.net or contact the office at 860-747-2328. Thank you for considering this fun event!

#### Come to Our Community Tag Sale:

The Plainville United Methodist Church is having our 2nd Community Tag Sale on church grounds at 56 Red Stone Hill, Plainville, Saturday, June 3rd with rain date of June 10th from 9 am to 3 pm.

Come and browse the tables and bring a friend and/or neighbor with you to join in on the fun. You might just find one or more treasures to bring home! We will also be having a bake sale and selling hotdogs, chips and lemonade. If you have any questions, please email the church at

plainvillunited@sbcglobal.net or call the office at 860-747-2328.

If you have any questions, please email the church or call the office at 860-747-2328. Eliana Foertsch - Administrative Assistant

#### **HOT AIR BALLOON FESTIVAL**

THE PLAINVILLE FIRE COMPANY IS PLEASED TO ANNOUNCE THE ANNUAL HOT AIR BALLOON FESTIVAL IS BEING PLANNED

FOR AUGUST 25 & 26 AT NORTON PARK. MORE INFORMATION: VOLUNTEERS NEEDED TO HELP WITH THIS VERY POPULAR EVENT Call 860-747-4660 or 860-747-2521 To sign up to be a volunteer check the Plainville Fire Company web site for details:

www.plainvillefireco.com



#### HAZARDOUS WASTE COLLECTION

Plainville residents can participate in the Hazardous Waste Collections at the locations below during the timeframes listed. Proof of residency required.

- Residential Recycling Center located at 642 Christian Lane in Berlin, May 19, 2023, between 2:30 P.M and 6:30 P.M.
- Bristol Public Works Garage located at 95 Vincent P Kelly Road, Bristol ~ November 18, 2023, between 9:00 A.M and 1:00 P.M.

Accepted Items: Non-empty aerosol cans, household batteries, furniture, floor and metal polishes, bleach and spot removers, oven, drain and household cleaners, bug sprays, disinfectants, & mildew removers, CFL, fluorescent bulbs, LED'S, ammonia, paint, varnishes, shellac, stains, thinners, & paint strippers, pool, and photographic chemicals, lawn care chemicals such as pesticides, and fertilizers, auto fluids such as motor oil and antifreeze, car waxes, kerosene, fuel oil, mercury (including thermometers and thermostats), waste fuel, mothballs, hobby supplies and charcoal lighter fluid.

All products must be sealed and packed in a sturdy crate or box for safe transport. There is a five gallon limit per person. Non-Accepted Items: Appliances, commercial or industrial waste, electronics, empty containers, flares, ammunition, and other explosives, medicines, and medical devices, open containers, propane tanks, smoke detectors, and tires.

#### Manufacturer of the Year, Pedro Soto - Hygrade **Precision Technologies**

The SBA Connecticut District Office along with U.S. Senator Richard Blumenthal visited the 2023 SBA Manufacturer of the Year, Pedro Soto, President and CEO of Hygrade Precision Technologies on Friday, April 28h at 10am.

Since its founding in 1962, Hygrade has dedicated itself to continuous improvement in technology and customer service. This constant improvement established Hygrade as a world-class provider of high precision machining and finishing services. Pedro acquired Hygrade in 2019, expanding the business and quality division, becoming a single-source metal finisher.

Catherine Marx, SBA, U.S. Senator Blumenthal, Chris DiPentima, President & CEO, CBIA, Chairwoman Kathy Pugliese, Plainville Town Council, Michael T. Paulhus, Plainville Town Manager, Andy Cirioli, Assistant Town Manager, Cal Hauburger, Plainville Economic Development Director, State Senator Henri Martin were present and offered congratulations and proclamations.

"We are extremely excited to shine a spotlight on Pedro and Hygrade Precision whose achievements stand out,' said Catherine Marx SBA's Connecticut District Director. 'Entrepreneurs are not only making a living for themselves; they are making their neighborhoods vibrant places to live and work, demonstrating their resiliency and flexibility that is contributing to our nation's economic strength."

A Small Business Resource Expo and award ceremony will be held on Thursday, May 4th at Rentschler Field, East Hartford, CT. To attend: www.cbia.com/events/ sba-awards. The U.S. Small Business Administration has celebrated National Small Business Week (NSBW) for more than 50 years, recognizing the contributions of America's entrepreneurs.

The U.S. Small Business Administration makes the American dream of business ownership a reality. As the only go-to resource and voice for small businesses backed by the strength of the federal government, the SBA empowers entrepreneurs and small business owners with the resources and support they need to start, grow or expand their businesses, or recover from a declared disaster. It delivers services through an extensive network of SBA field offices and partnerships with public and private organizations. To learn more, visit www.sba.gov.



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- Need flexibility to close on a specific date?
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Any Condition, Any Situation

#### MAYBE YOU DIDN'T KNOW......

The Plainville Historical Society welcomes small elderly unique items such as pictures, old postcards and greeting cards, small business advertising, etc. with a Plainville connection. We have a registry of homes before 1930 with pictures. You might like to add yours. Think of us when you do your spring cleaning. It is not necessary to be a member of the Historical Society to be a volunteer. Stop in and introduce yourself. We would love to meet you!

## ~ Plainville Historical Society ~

www.plainvillehistoricalsociety.com e-mail: plvhistorical@gmail.com LIKE us on Facebook: Plainville Historical Society 860-747-6577

#### **Plainville Historical Society**

It's hard to believe that we are near the end of our seasonal year. Our annual meeting for all members, by tradition, will be scheduled for early June. Where did the year go? Now is the time for reflection, reporting, and revision. As always, we encourage your participation, comments, and suggestions. We love your input and actually are in the early stages of planning to open the East Street Burying Ground, one late Saturday afternoon in June, largely due to your popular request. The date will be announced soon. Watch our website.

Speaking of loving, did you love the Little Known Facts about Plainville that appeared on this page last month? It was submitted by our President, Gertrude LaCombe. I know you will enjoy her history of the Plainville Fife and Drum Corp. this month. Marching bands have been a large part of Plainville's history for a couple of centuries.

It is also an appropriate time for us to acknowledge, and offer sincere gratitude, to our Executive Board. They faithfully meet monthly to provide that steady hand on the canal boat rudder that keeps the Historic Center afloat.

President Gertrude LaCombe

Vice President Janice Eisenhauer

Recording Secretary Rosemary Morante

Corresponding Secretary Sue Marinelli

Treasurer Johanna Chapman

Membership Chairman Rachel St. Onge

African-American History Specialist Gail Williams

Member-at-Large Sal Santacroce

Member-at-Large Rose Stanley

And, of course, to all of our members, volunteers, benefactors, contributors and the many that make use of our outstanding research facility, attend our full house programs, and the town employees; your interest and service are so appreciated. You know who you are.

#### HISTORICAL SOCIETY OFFICE HOURS

Monday and Wednesday 10a.m. – 1 p.m.

Excepting holidays

Appointments for other times can be arranged on line. plvhistorical@gmail.com

#### **MOTHER'S DAY MAY 14**

Remembering... Bertha Wheeler A grand Plainville lady who had no children of her own and spent her time, energy and treasure mothering other people's children.

#### **MEMORIAL DAY MAY 29**

This year it appears on our calendar on the fourth Monday in May. Signaling the beginning of the summer season, it provides a convenient 3-day holiday weekend. Originally called Decoration Day, it was observed on May 30, whatever day of the week it happened to be. May 30 was a day to decorate the gravesites of those who perished in defense of our country. Blood- red geraniums planted in cemeteries worldwide signify our unending respect and gratitude. My father always referred to it as Decoration Day, all the days of his life, and along with the picnic and the family fun, he reminded us not to forget the awesome price of our precious freedoms.

#### **ENOUGH SAID**

When in England, at a fairly large conference, Colin Powell was asked by the Archbishop of Canterbury if our plans for Iraq were just an example of "empire building." He answered by saying, "Over the years, the United States has sent many of its fine young men and women into great peril to fight for freedom beyond our borders. The only amount of land we ever asked for in return is enough to bury those who did not return." ...Janice Eisenhauer

#### KIDS IN THE MIDDLE

On March 30, after school, the volunteers of the Historical Society entertained a group of 20 students from the Plainville Middle School. Dayna Snell, their escort, introduced them to the building "where Plainville keeps its treasures." We all had so much fun. After a quick after-school snack, the kids were handed a scavenger hunt list of artifacts throughout the building and allowed to explore on their own to find them. Docents in each room welcomed them, answered questions, and visited. It would be difficult to pick a favorite space, but the bicycle in the hallway with the giant front wheel might be a contender, and the kitchen where they pressed for the oven door to be opened, or maybe the canal room. They enjoyed everything

A shout out goes to Dayna, who set up the trip for them and helped out so much: she's amazing. During the visit she pointed out her mother, Gail Williams, confessing that "she is still the boss of me." They loved that. We ended with a botched Bingo game, enjoyed by all anyway, thanks to Dayna, then they cleaned up and left smiling with a bag of take homes including a copy of Gert LaCombe's new history of Plainville for kids through the eyes of Rosie the Spider. Before they left, the students insisted on having the volunteers in a group picture with them. We loved it, too. Wish we could bottle that energy!

The Plainville Historical Society has received a grant from the Connecticut Humanities for 2023. The grant helps to fund our operating costs and to continue offering the quality programs and services to which we are committed.



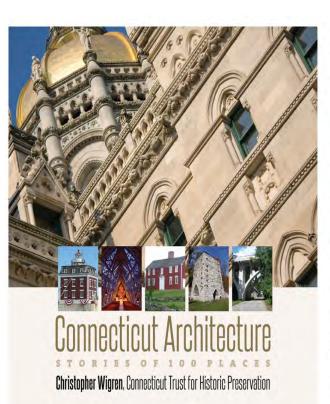
#### APRIL PROGRAM

I think it was the pictures of the great engines blowing full steam, especially that one that seemed to be coming toward the room at the Plainville diamond on Neal Court. It might have been the engine emerging from the Terryville tunnel on its way to Waterbury, from here, that captured the capacity crowd's attention. No. I am pretty sure it might have been the shot of a train as it struck the HenryJ and slammed it into the signal sign that spun the moment. But that is another story. For sure though, the sleek Zephyr used for only passenger service was the magic.

Al Virelli career railroader and Bill Sample, who also represented the Railroad Museum of New England in Thomaston, and friends, teamed up to share some of their experiences at the Historic Center on April 22. They invited comments from the audience and took questions. One thing that became increasingly clear--that these men operated awesome vehicles and were responsible for life and death decisions, many times instantly, requiring physical and mental agility.

A Plainville railroad of the past exhibit of memorabilia from the museum collection, assembled by our volunteers, was enjoyed by our guests as they swapped stories and engaged in individual conversations. Smiles prevailed.

It was our great pleasure. The Plainville Historical Society



Join us on Wednesday May 24th at 7:00 PM as author Christopher Wigren discusses the diverse and fascinating world of Connecticut architecture as described in his 2019 book published by Wesleyan University Press. One of the multiple sites he will cover is the historic Plainville Campgrounds. Christopher is an architectural historian and he is currently the Deputy Director of Preservation Connecticut.

The program will take place at the Plainville Historic Center at 29 Pierce Street. Please register in advance by emailing name, number of people, and phone number to:

#### plvhistorical@gmail.com

Elevator access is available at the Plainville Historic Center.

#### PLAINVILLE HISTORICAL SOCIETY WELCOMES NEW MEMBERS

Participation and membership are encouraged. Society members are all volunteers. We love to have new people involved! Please see Membership and Support for more information. Call at 860-747-6577

Plainville
Historical
Society
Welcomes
New
Members
During
The Year



29 PIERCE STREET PLAINVILLE, CT 06062

#### PLAINVILLE HISTORICAL SOCIETY MISSION

Keeping Local History Alive Through Preservation, Inspiration, and Education. Established in 1968 under the leadership of the legendary Ruth Hummel, the Plainville Historical Society has been keeping local history alive for over 50 years. Our goal is to accomplish this through:

\*Collecting and preserving resources including documents, photographs, memorabilia, or other objects related to Plainville or considered to be relevant Americana. Providing public accessibility to the Plainville Historic Center which the Society maintains as a research center, museum, offices, and store. \*Promoting interest in local history through programs, media, education, and personalized assistance with research and genealogy.

## **PLAINVILLE HISTORY**

#### Plainville Fife and Drum Corps

The drum came to the colonies with the first settlers. It was used by the English as a part of the art of war. It was also used to call people together for church services and town meetings.

The fife didn't come until the 1740's at the time of the French and Indian War.

At the onset of the Revolutionary War, the colonies began to train soldiers to win our independence from England. Fifers and Drummers were an important part of the 18th Century military and were usually boys 10 to 18 years old.

A school for field musicians was formed on Governors Island in New York to provide music for the peace time army as well as for the Army of the Potomac.

When they returned for the service, the musicians organized their own local units. They fancied themselves as a part of a military unit and continued to play "Martial Music".

In the State of Ct., most of the men held on to the older more primitive system because of their more conservative nature and it became known as Ancient.

A group of Plainville men inspired by Fred Smith, formed a Fife and Drum Corps in 1879 and made their debut at a political rally at Ushers Grove in October of that year. This attracted many young men to join the group and master the requirements of this style of music.

The music they played was in the true Ancient tradition as Mr. Smith had been trained during the Civil War. His nephew Adrian or "Ad" Smith as he was known would gather twenty or so men together and go through the marching routine

out - of- doors in the summertime and parade about town which sometimes got them in trouble. In the wintertime they were known to rent the Grange Hall on Pierce St.

Mr. Smith not only trained the men but also furnished them a place to meet at his home on Pine St. in Bristol and then on West Main St. in Plainville.

The first uniforms were blue in color and a "Band" type styled after Colonel Webb's regiment from Connecticut during the Civil War.

The reason for Ancient Fife and Drum Corps is to preserve the dress and music of the Revolutionary times.

The Corps needed a leader and acquired a Major by the name of Frank Gilbert, a Civil War Veteran, who led the group for many years.

The Trumbull Mfg. Co. sponsored the group in the early years.

Pictures taken of the group in 1919 show the Trumbull logo, a "Circle T", on the bass drum. The Trumbull's were very community minded and supported many of the local clubs and organizations. It was about this time that the uniform colors changed from blue to the red Colonial Style.

Fred Smith was succeeded by George Spencer as the leader and later on Ad Smith led the group to a standard of performance that became known through out New England.

In 1971 the corps participated in the St. Patrick's Day festival in Ireland. Several players have distinguished themselves by winning State Championships, both as fifers and one as Bass Drummer.

As long as there were any Civil War Veterans still alive in Plainville, the Corps played for free at the Annual Memorial Day Parade. When the last of them was gone they charged the Town only \$25.00.

Adrian Smith passed away in the early 1940's and is the only man of the Corps to be buried in his uniform.

The Corps has been known for the many members that followed in the footsteps of others in their family and sometimes literally. Best known were Hubert "Tiny" Royce, the bass drummer and later the Major, followed his dad Tom and "Tiny's" son Gary also a bass drummer.

After WWII the Corps enjoyed a surge of membership and at one time put around 35 men, including a full Color Guard and a Major as well.

By the 1980's the young members left the group formed a group called the Connecticut Yanks that created a shock from which the Corps never really recovered.

By 1986 they could no longer field a group and elected to store the equipment until they could make a decision regarding the future.

They met before Christmas in the year 2000 and decided to disband the unit, dispose of the equipment and present the proceeds to "The Company of Fifers & Drummers" headquartered in Ivoryton, Ct.

The Pavano family was also involved with the Corps. In 2006 Frank Pavano a member for more than 50 years, presented Ruth Hummel of the Plainville Historical Society the famous Bass Drum we so enjoyed over the years.

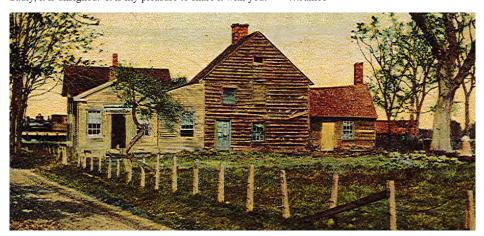
As a child I WOULD FILL WITH EXCITEMENT when I heard that drum coming from a distance and wait with anticipation to see "Tiny" Royce come marching down the street playing his big bass drum.

When visiting my brother in Essex for the May Market it happened to be "Founders Day or Losers Day". Groups of Fife and Drum Corps from all over the area were to gather that afternoon for a state rally. We were doubtful that it would take place. After a drenching rain in the A.M., we went to the Yacht Club for lunch. By the time we returned, the clouds broke, the sun came out and the Corps came marching down Main St. to Essex Harbor. What a glorious sight.

At present there is still a group of fife and drum corps called the Connecticut Patriots who meet at the Middle School of Plainville on Friday evenings.

#### PLAINVILLE'S OUTDOOR COURTROOM

One day recently at the Historic Center, a faded three page handwritten manuscript jumped into my hand. The bold, clear message commanded my immediate attention. Apparently, long before Covid 19, Plainville had an outdoor Court held under the big Elm tree, by the saloon abutting the canal. Very interesting! The author immediately sets the timeline and indicates that a picture is included, but I had to forage for one. He also reports that this was a drill and parade area. It is printed for you here as written, including the spelling. Sadly, it is unsigned. It is my pleasure to share it with you. ...Janice



**The Elm Tree Lot** 



**April Program - Full House** 

#### Plainville's Ancient Elm TreeAnd Old House

The Village Forum of the early days, as it appeared to a Plainville boy, from 1856 to 1865. Here, under the spreading limbs of this great tree in the early eighteen forties, the villagers gathered on many occasions. The story is told of Court being held here, when two boys wer arrested by the tithingman for fishing on Sunday. As the court and witnesses assembled, the Forestville band came marching in escorting a large party of men drawing a wagon in whitch rode the two boys.

When the Court began there was so much "booing" and shouting that the Court discharged the boys, and this ended the office of tithingman in Plainville.

Here the "Black Republican" torch light company of 1856 met for their drill and parade, and four years later in 1860 the "Lincoln wide-awakes" with their torches met here for drill and parade.

During the Civil War the "Plainville Home Bands" wer drilled under this tree by Captain Fen.

At the left of the picture is the old "Canal Tavern" as it then appeared. It faced the Canal. It was later known as "Neal's Saloon" and what was then a lane is now known as "Neal Court."

A wood burning locomotive with its cars, of the Providence Hartford and Fishkill, R.R. is seen approaching the depot. "The Elm Tree Lot" as it was called, was surrounded by a post and nail fence, and there were no side walks on the street. There were clusters of bushes here and there where the sidewalk now is. Unsigned

\*This was typed, as written. Sadly, no picture was found with the letter.



Plainville Fife & Drum Corp. Organized 1879

#### Cooley, Plainville Community Clean-up Hamlin Pond Boat Launch



PLAINVILLE- In celebration of Earth Day, State Rep. Francis Rexford Cooley (R-22) and a group of enthusiastic volunteers armed with gloves and trash bags assembled to clean-up debris and litter around the boat launch at Hamlin Pond

"I want to thank everyone who came out and joined us for the clean-up. I was amazed we were able to collect 9 bags of trash in and around the Hamlin Pond boat launch," said Rep. Cooley. "Taking part in the clean-up, we should all be aware of the volume of trash thrown out of cars that could potentially end up in the pond. We all to be cognizant of how to dispose of our trash and what it does to important natural resources."

Earth Day is officially celebrated on April 22 each year as a day meant to increase awareness of environmental problems, but also a time for many communities to gather together to clean up litter, plant trees, or simply reflect on the beauty of nature.

Rep. Cooley added, "As encouraging as it is to get so much cleaned up, it's disappointing that it was there. This is our town, let's work together, have pride in our community to keep it clean!!"

## **Plainville Lions Roar**

## Plainville Lions Pancake Breakfast on April 23rd

The Plainville Lions want to sincerely thank the following High School Students for their help at the recent Pancake Breakfast held at Our Lady of Mercy Parish Center on April 23rd in making it a great community event:

For helping to prepare our raffle baskets:

Seth Marquez

For moving the heaving grills and helping with setup on Saturday:

Seth Marquez Brianna Carey Dani Alff Gianna Fiordellisi Matt Collado Patryk Nicewiez

For serving our patrons, assisting at the raffle and door prizes, and for cleanup:

Julian Stewart Haylee Rodriguez Rene Lopez Lucy Callendar Nicole Caruso Matthew Collado

For working with our kids with arts, crafts and games:

Amber Monzillo and Naomi Juraez

For moving our heavy grills and for cleanup:

Football players:

Kye McGraw Joe Kennedy Nick Dennis MJ Bakaysa Jaylen Thigpen We would also like to thank Sara Wartonick and Coach Tim Shea for helping to organize this group of fine students and athletes.

All money raised will go back into our local community. Sincerely.

> Lion Brian, President, Plainville Lions and the Plainville Lions Club

#### MAYBE YOU DIDN'T KNOW......

The Plainville Historical Society welcomes small elderly unique items such as pictures, old postcards and greeting cards, small business advertising, etc. with a Plainville connection.

We have a registry of homes before 1930 with pictures. You might like to add yours. Think of us when you do your spring cleaning.

It is not necessary to be a member of the Historical Society to be a volunteer.

Stop in and introduce yourself. We would love to meet you!







#### Pablo Salmeron

Vice President Banking Center Manager

51 East Main St Plainville, CT 06062

o: 860.793.7815 NMLS #: 529402 psalmeron@websterbank.com

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Robert P. Cornish 45 Lincoln Street 860-747-5657

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Central CT Aircraft Johnson Avenue 860-747-1944

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Mastrianni & Seguljic LLC 128 East Street 860-747-6363

Richard A. Witt LLC 132 East Street 860-747-1957

Theodore J. Wurz LLC 132 East Street 860-793-WURZ

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Gervais Bros., Inc. 166 Whiting Street 860-747-1659

Mike's Auto, LLC 320 Farmington Avenue 860-793-2811

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Bolo Bakery & Cafe 33 Whiting Street 860-410-4292 Mangiafico's Inc. 104 East Main St. 860-793-9167

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Mizzy Construction Company 463 East Street 860-793-2289

Labella Paving, LLC 860-8481

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Kathy Pugliese 860-747-2583

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City Oil Quality Fuel Service 860-225-2575

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#### PLUMBING SUPPLIES

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#### PRINTING

Executive Press Inc. 27 East Street 860-793-0060

#### PROPANE LIVING

Tower Energy Farmington, CT 860-677-7347

#### **REAL ESTATE**

Susan Cassile REALTOR Berarducci Realtors 860-410-9828

#### **REHAB SERVICES**

Apple Rehab 269 Farmington Avenue 860-747-1637

#### **RESTAURANTS**

J. Timothy Taverne 143 New Britain Avenue 860-747-6813

COji Kitchen--asian cuisine 1230 Queen Street Southington/Plainville Line 860-855-5041

Pagliacci's 333 East Street 860-793-9241

West Main Pizza 97 East Main Street 860-747-2724

#### TREE SERVICE

Holcomb Tree, Inc. 860-747-2805 - Office 860-416-0668 - Cell

VACUUM STORE The Cleanest Solution 319 East Street 860-410-9861

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Rev. Don Erickson, Senior Minister

Email: revdon@cccplainvilleorg CHURCH OFFICE EMAIL: churchoffice@uccplainville.org WEBSITE: www.uccplainville.org

**WORSHIP SERVICE** Sunday: 10:00 a.m. In-Person Worship

Sunday Services are also Live Streamed via Facebook at uccplainville Sunday 7:00 p.m.

Centering Prayer Service on Facebook

THE PLAINVILLE THRIFT SHOP **Closed Indefinitely** 

#### **NEW COVENANT** APOSTOLIC CHURCH

139 New Britain Ave, Plainville P.O. Box 551 Plainville, CT 06062 Suffragan Bishop George Knight,

**Pastor** 

Elder Joseph Green, **Associate Minister** 

Phone 860-747-3128

Residence & FAX 860-224-9409 Call for Schedule of Worship Come, bring a friend and enjoy Jesus with us!

#### REDEEMER'S AME **ZION CHURCH**

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Sunday School.... 9:00-9;40

Praise & Worship.....9:45-10:00 Church Service....10:00 a.m.

**Bible Study** 

Wednesday..11:00 a.m. & 7:00 p.m. **Board Meetings** 

Senior Ushers (1st Sat before 1st Sun) 11a.m.

Gladys Floyds Missionary Society (2nd Sun)

Deaconess Board (3rd Sun) Lay Council (1st & 3rd Sat) 9:30 a.m.

Christian Education (3rd Tues) 7:00 p.m. Men's Meeting (2nd/4th Sat) 9:30 a.m. PEP (Every Sat) 1:00-4:00 p.m. Trustee/Steward (9:30 a.m. & 2nd Mon. of May)

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All are Welcome, of course!

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www.tabernacleonline.com

or see us on Facebook

1445 West Street (Route 229) Southington, CT

860-276-0400

#### Faith Bible Church

168 Unionville Ave P.O. Box 72 Plainville, 06062 860-747-5209

Fax/Prayer Line 860-747-5011 Email: fbc1902@yahoo.com Web: www.faithbiblect.com Rev. Dr. Jim Caron, Pastor

Purpose:

- To Know/Glorify/Worship God
- To follow Jesus Christ as LORD
- To Grow in GRACE
- To Understand the BIBLE/ Apply it to our lives
- To reach others for JESUS
- To be committed to the GOSPEL:

Jesus died, was buried and rose again on the 3rd day. (He LIVES)

Sunday Service: 10 am

(JOIN US: LIVE OR FACEBOOK)

Bible Study: Tuesday @ 7 pm by Zoom/in person

Every Tues. morning at 9am we have a Scripture Study Class

#### FIRST BIBLE **BAPTIST CHURCH**

12 Granger Lane, Plainville "Where the Bible makes the Difference" Sunday Morning Impact-9:45 AM Sunday Worship Service- 11:00 AM Wednesday Evening Service-7:00 PM

> Nursery provided for all services www.firstbiblect.com

Live Streaming Every Service 860-793-1155

**Brad Brandon- Senior Pastor** 

#### **PLAINVILLE SEVENTH DAY** ADVENTIST CHURCH

97 Broad Street, Plainville

Church Phone 860-747-5867 Pastor 1-646-522-3471

E-mail: plainvillesda@gmail.com jacksonsg5@sbcglobal.net

**Pastor Franklin Jackson Saturday Morning** 

@ 9:30 a.m. Bible School Worship Service @ 11:00 am.

FREE lunch after service

Wednesday Evening ~

Family Prayer Meeting @ 6:30 p.m The Lord Jesus Christ loves you John 3:16

#### **GRACE LUTHERAN CHURCH**

222 Farmington Ave., Plainville Phone 860-747-5191

Rev. Chris Dion, Pastor

Worship: Sunday at 9:00 a.m.

Visit us at:

facebook.com/graceinplainville or www.graceinplainville.org

"To check out our activities Or better yet, join us on Sunday!"

#### PLAINVILLE UNITED **METHODIST CHURCH**

56 Red Stone Hill, Plainville Rev. Stephen Volpe, Pastor Church (860)747-2328 Parsonage (860)747-2592 Cell 1-203-232-2752

Email: plainvillunited@sbcglobal.net Website: www.plainvilleumc.org

**MAY SCHEDULE SUNDAY SERVICES** 

Worship Time 10:00 AM **Sunday School 10:00AM** 

**Regular Events** 

AA.....Sunday, 7 PM Single Purpose Women's Group .....Saturday, 9:30 AM Boys Scouts.....Thursday, 7 PM

**SPECIAL EVENTS** WORSHIP WITH HOLY COMMUNION

(Celebrated w/Gluten Free Bread) **MAY 7, 10 AM** 

To watch our live stream on Facebook use this link: https://www.facebook.com/Plainville-**United Methodist-**

Church-CT-Live-108293257471508



#### **FARMINGTON-**SPIRITUALIST CHURCH OF LOVE AND LIGHT

Meets every Sunday at 10:30 a.m. at **Bridge Healing Arts Center** 304 Main Street, Farmington

Each Sunday offers Lectures, healings, aasksnd spirit messages followed by coffee, light snacks and conversation with like-minded people. All are welcome. Mediums Days and special events listed on our website as they are

For info please contact Pastor Andrea Osborn at (860) 919-7470 ozzyunk@gmail.com

Visit our website: www.spiritualistloveandlight.org also on Facebook: https:/www. facebook.com/CongregationSCLL/

#### The WELL A Spirit-Filled Church

1 Northwest Drive **Plainville** Join us Sunday mornings at 10:30 am

For Worship and the Word of God **Tuesdays** at 7:00 pm for Bible Study

#### An Invitation

You are invited to join the volunteers of the Hometown Connection. We need you to be in charge of contacting the member churches of the Hometown Religious

Directory. Name your own hours. Call 860-747-4119

For more information.

#### **OUR LADY OF MERCY CHURCH**

94 Broad Street, Plainville

Rev. Raymond Smialowski, Pastor Robert Berube, Senior Deacon Parish/Cemetery Office

19 S. Canal Street

Office Hours:

Mon.to Thur. 9 am to 4 pm Friday 8am to 12:30 - Afternoons by appointment only.

#### Phone 860-747-6825

**Liturgy Schedule** 

Saturday 4:00 P.M.

Sunday

8:30 A.M. & 10:30 A.M. Weekday Liturgy

Mon., Tues., Thurs., Fri. & Sat 8:00 A.M. **Devotions** 

Rosary-Monday-Saturday before Morning Mass

Sacrament of the Sick Call the office for any sick person to

> receive the Holy Eucharist or to be anointed. \*\*\*\*\*\*

#### Teen Night:

The next Teen Night is Saturday, May 6th beginning at 6:00 p.m. to 8:00 p.m. in the gym. All teens are welcome to attend.

\*\*\*\*\*\*\*\*

The Parish Life Committee will hold a Plant Swap on Saturday, May 20th from 1 p.m. to 3 p.m. at the Parish Center. \*\*\*\*\*\*\*

First Holy Communion will be celebrated Sunday, May 7th 10:30 a.m. Reception to follow the Mass.

#### **CHURCH OF THE BIBLE**

160 West Main Street, Plainville An Independent Fundamental Bible Church "Where The Holy Bible Is Wholly Taught"

Phone: 860-747-1691 Peter A. Stonis, Pastor

#### WEEKLY WORSHIP SCHEDULE

Nursery Care is provided for all Sunday Services

Sunday 10:00 am Sunday School for All Ages 11:00 am 11:00 am Morning Worship Service Junior Church Ages 4-8 11:00 am

**Evening Worship Service** 6:30 pm Bible Study & Prayer Wednesday7:00 pm For information about the church visit

our website @cobplainville.org

#### PLAINVILLE HOMETOWN **CONNECTION**

Every home and business in Plainville receives our monthly newspaper in the mail free of charge. We publish 10 issues a year—not for August or January.

There is no charge for churches to post worship information on our Religious Directory page or special event announcements placed throughout the

The easiest route is to e-mail your prepared posting to us. Note for the Religious Directory. We will acknowledge receipt by e-mail. It is helpful if you provide us with a contact phone number where we can reach someone, should there be any questions. If you need to contact us by phone, use 860 747-4119. It is safe to leave a message.

You can add, change, cancel or update your post any time by e-mail. We like to receive it before the 15th of the month for the upcoming publication.

We welcome you to participate.

# Pet Page From the Plainville Animal Control Desk:

The clothing drive is over and thanks to all who donated, it was very successful and added just short of \$750 to the Plainville Paws fund. The bottle and can return drive has ended for April, but will return later in the season. This fundraising will go a long way to provide much needed Veterinary care for abandoned or distressed animals here in town. Every pet that comes under our care is evaluated by the Vet and treated for any condition, is neutered if needed and has all necessary shots. You make it happen. We are all safer.

Exploring further, wildlife in Plainville, let's address local Apex Predators, Coyotes and Bobcats. Black bears also fall into this group, but we have covered that at some length. Bears are omnivores—they eat meat and plants. They are opportunists and they love sweets. It is the season for bear sightings, so suffice it to say, be diligent about securing your trash and it is smart to put away your bird feeders now, since birds can get to their natural food sources.

Both coyotes and bobcats live here in Connecticut. Both species are carnivores. They eat meat and are opportunistic and scroungers; they will eat dead animals and coyotes will eat fruit and berries. Coyotes in a pack can take down a deer.

Coyotes are dog-like in appearance, light grey or brown and yellow. Medium in size, males weigh in about 40#. They can be rabid. They tend to travel in packs and communicate with a "yip" rather than a bark, but they will howl. They live quietly in urban areas and it is unusual to see one unless they are attracted by prey or become frightened. They rarely attack humans. Coyotes eat at dawn and dusk. They cannot climb fences, but they do climb trees or jump onto debris to leap over a fence. Never leave small pets outside unattended.

Bobcats have a feline appearance, with a bob-tail. They weigh about 30-40#, are extremely fast and track target prey. They pose a great danger to house cats and small dogs. They hide in wooded areas, rarely appear, hunt for food all day, and rarely attack people. Be careful about putting food outside for your feral friends. Bobcats can be rabid.

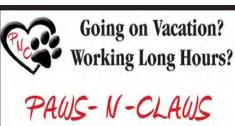
Enjoy your summer. You can always call us with questions or problems.  $860\ 747-1616$ 

## WATCH FOR IT... EVERYTHING ANIMAL TAG SALE COMING IN JUNE

#### DRIVE THRU RABIES CLINIC - MAY 20 at 11:00 – 1:00 OPEN TO PLAINVILLE AND SURROUNDING TOWNS 29 Granger Lane, Plainville

Available for cats and dogs. Bring \$15 in cash for each pet, Plainville Paws is picking up the co-pay. Bring your leash for dogs and a carrier for cats. (Very small dogs can be done through the car window while you hold them.) If you want a 3-year shot you must present valid proof of the last Rabies shot. If you have a question about what would be considered valid, you can call us.

860 747-1616

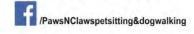




farm • equine • wild • exotic • domestic •
 Animals are happiest and safest in their own environment
 Available year round, weekends and holidays
 Visits, walking, care transportation, poop scoop



Call/Text Sara 860-681-8958



Share with us some pictures of your pets and their thoughts about you...



#### **DID YOU KNOW?**

Did you know that you can adopt an animal from the Plainville pound on Granger Lane? When you choose to consider our animals, you can rest assured that it has had its shots up-to-date and has been neutered. While in our care, all pets are monitored for temperament, habits, and interactions with people and other animals. We will answer your questions honestly and share whatever history on the pet is available. It is our goal to achieve happy homes for all.

Did you know that our animals are affordable? There is sometimes a minimal fee, **often none.** 

It's here; the season of the "birds and the bees; the flowers and the trees"--and the bears. Early spring, and the wild animals that hibernate are returning to our world. We have already had several sightings of bears in Plainville. Pay special attention to securing your garbage. Don't try to feed them, it does not help them.

It is still illegal to hunt bear in Connecticut.

#### PLAINVILLE PET CEMETERY

To honor your beloved pets, the Plainville Cemetery Association Pet Cemetery is at the West Cemetery 180 North Washington Street.

Located in a wooded area behind the office.

For information, call Plainville Cemetery Association at (860)747-2314



## VCA Old Canal Animal Hospital

Diva Malinowski Green, DVM
Certified Veterinary Medical Acupuncturist
Medical Director

49 E. Main Street, Plainville, CT 06062 Tel: 860-747-2759

Fax: 860-747-8338



Welcome!

If you want to add a lot of "PEP" to your life & are interested in joining our ALL VOLUNTEER staff, Call: 860-747-4119 for more information or "Just Stop In"



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Reservations are Required

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The person that has everything!!

#### Helicopter - Robinson R44



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42 minutes (.7)	\$595.00
48 minutes (.8)	\$680.00
54 minutes (.9)	\$765.00
1 hour (1.0)	\$850.00
	Plus Tax

#### \$99 Low Cost Demonstration Flights! (C-172)

Interstate offers to our prospective students a Hands-on, low Cost Demonstration Flight

That consists of a 30 minute dual instruction Flight with one of our Flight Instructors. They will get you familiarized with the aircraft and, they'll show you how to take the controls for a bit yourself, as well! After the FLight, the instructor will also give you a tour of our facilities, review and explain your choice of ground school courses and answer any questions you may have on our Private Pilot Flight Training Course.

Please feel free to stop by any time to visit our Facilities and check out our aircraft!



## 3 Hayden Ave, unit 4 Plainville Ct 06062

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